

Division of Urogynecology and Reconstructive Pelvic Surgery

The Division of Urogynecology and Reconstructive Pelvic Surgery at the University of Iowa includes Drs. Catherine Bradley a fellowship trained urogynecologist and a nurse practitioner with advanced clinical training, Diane Elas, ARNP. UIHC Urogynecology clinics focus on the outpatient evaluation and management of female pelvic floor disorders, including urinary incontinence, pelvic organ prolapse, and other urinary and defecatory disorders. Outpatient diagnostic testing is available, including urodynamic tests and cystourethroscopy. We offer a wide spectrum of clinical care for pelvic floor disorders, including nonsurgical (e.g. pessaries and behavioral therapies) and surgical therapies. Clinic-based procedures (such as transurethral bulking injections and intra-detrusor botulinum toxin injections) are offered, as well as outpatient and inpatient surgeries. Special clinical initiatives include our minimally-invasive surgery program for urinary incontinence and prolapse, including outpatient slings and robotic hysterectomy and sacrocolpopexy.

Good clinical care for pelvic floor disorders is often multidisciplinary. We work closely with physical therapists who treat urinary and fecal incontinence and pelvic pain in the Urogynecology clinic. We also collaborate frequently with UIHC specialists in Urology, Gastroenterology and Colo-rectal

Surgery. The Urogynecology Division offers our clinical services with an outreach clinic in Davenport, Iowa, offering Urogynecologic consultation services to women in Eastern Iowa and Western Illinois.

In addition to clinical service, the Urogynecology and Reconstructive Pelvic Surgery Division is also very active in education and research activities. Medical students work with us in our clinics and in the operating room, and our senior residents spend 3 months with us during their chief year. Dr. Bradley leads an active urogynecology research program with current clinical studies focusing on overactive bladder treatment and urinary incontinence questionnaire development. Her research also includes the epidemiologic study of bladder symptoms and their risk factors in women veterans. Lastly, Dr. Bradley is studying the outcomes of women who have mesh complications after pelvic floor surgery.

***Catherine S Bradley, MD, MSCE
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Urogynecology and Reconstructive
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Division Activities

***Department of Obstetrics and Gynecology
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