

## POG's Personal Perspectives

### **The foundation for a successful career in academic medicine**

After being exposed to all facets of medicine, I have found Obstetrics and Gynecology to be the most challenging, artistic and amazing field in medicine. The University of Iowa Obstetrics and Gynecology Residency Program shaped my personality to become a successful academic obstetrician and gynecologist. The most surprising part of our program was didactics: an efficient schedule covering general OB-GYN and subspecialties. Everything was made to make me able to attend, even on the busy days. The way didactic sessions were provided was very creative and never boring. I can say with certainty that I was enjoying myself while I was learning. Being in the University of Iowa program, I felt confident about the future. I was sure that the program would make me ready, and when done I would be a great candidate for any US academic system. And that was true.

I thrived on taking care of challenging and sick patients. I also loved working with pregnant women. With the confidence built at the University of Iowa, Department of Obstetrics and Gynecology I saw Fetal Surgery/

Maternal Fetal Medicine as an opportunity to combine these two passions and I did it, thanks to my residency program at Iowa.

Dr. Shamshirsaz is scheduled to be the featured speaker at the 2018 OB/GYN Postgraduate Conference hosted annually by the Department of Obstetrics and Gynecology in Iowa City, Iowa.

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