

TAKE  
ONE!

ISSUE 247 AUGUST 1-15, 2018

NEWS • CULTURE • EVENTS • CEDAR RAPIDS • IOWA CITY • CORALVILLE

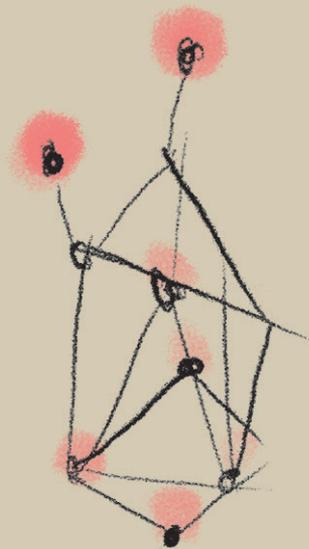
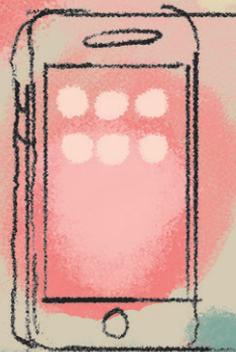
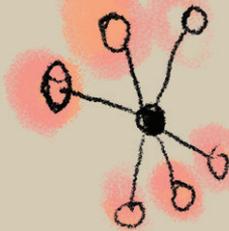
# LITTLE VILLAGE

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EQUITY TO PAVE THE  
PATH TO TOMORROW

PG. 10



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Zak Neumann

## 10

### Down to a Science

Where these UI researchers are going, they don't need test tubes.

**PAUL BRENNAN**

- 4 - Letters
- 7 - Interactions
- 8 - UR Here
- 10 - Science
- 14 - En Español

## 14

### Where's the Reef?

It's not easy being a landlocked SCUBA fan.

**MARIANA MAZER**

- 16 - Bread & Butter
- 18 - A-List
- 20 - Events Calendar
- 31 - Dear Kiki
- 33 - Ad Index

## 18

### Experimental Erotic Rock

Chicago's Dead Rider hits Grey Area Festival

**KENT WILLIAMS**

- 35 - Straight Dope
- 37 - Astrology
- 38 - Local Albums
- 39 - Crossword

**Little Village** is an independent, community-supported news and culture publication based in Iowa City. Through journalism, essays and events, we work to improve our community in the Iowa City, Coralville and Cedar Rapids area according to a few core values: environmental sustainability, affordability and access, economic and labor justice, racial justice, gender equity, quality healthcare, quality education and critical culture.

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# LETTERS

LV encourages community members, including candidates for office, to submit letters to [Editor@LittleVillageMag.com](mailto:Editor@LittleVillageMag.com). To be considered for print publication, letters should be under 500 words. Preference is given to letters that have not been published elsewhere.



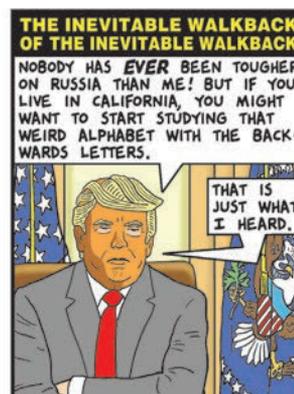
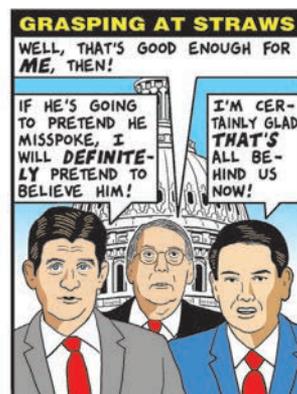
photo submitted by the author

To write this letter, I used a headstick (a long curved pointer attached to a headpiece) to type. And to drink, I use a plastic straw.

When I'm out to eat or at work, I usually bring my own. Able-bodied people could, too. But if an able-bodied person forgets theirs, they can still drink from a cup. If I'm at a restaurant and can't find mine, I'm out of luck. Before the able-bodied world fixed on straws as their feel-good cause, the fact that restaurants provided them was an accommodation disabled people could count on. I think providing straws could fall under the Americans with Disabilities Act, because businesses need to make reasonable accommodations, but in this climate the ADA offers little security. It's a step backward for people with disabilities already living under a president known for his

## THIS MODERN WORLD

by TOM TOMORROW



TOM TOMORROW © 2018

# HAVE AN OPINION?

BETTER WRITE ABOUT IT!  
SEND LETTERS TO  
EDITOR@LITTLEVILLAGEMAG.COM

barely-ADA-compliant buildings.

I understand that there may be some alternatives to the plastic bendy straw, which for so many of us is a literal lifesaver, but these alternatives are too expensive to be widely accessible, and/or don't meet our needs. And it's frustrating to feel like the welfare of a turtle is prioritized over the welfare of me and many of my peers. It's not that able-bodied people don't care about us, but that they just don't know. We have had almost no input to the conversation, even though it's an issue which affects our lives more drastically than those with the loudest voices. A technology we depend on for life is now subject to faddish demonization. It's frankly pretty alarming.

—Scott Weiser

## Don and Me (But Mostly Don): A Funny Sort of Eulogy

Donald Kaul, a twice almost-Pulitzer Prize winner; political humorist, satirist and columnist [the *Des Moines Register's* "Over the Coffee"] much more than twice; and unindicted co-conspirator and co-founder of Iowa's annual bicycle ride and small-town-pillage-fest known as RAGBRAI, died Sunday, July 22 from prostate cancer and its complications. He had suffered a heart attack July 4, 2012, which was not something he really appreciated. Fireworks blowing up, yeah, sort of OK. Heart blowing up, not so keen. But he kept at the writing afterwards, regardless.

Leave it to Don to die on the first day of this year's RAGBRAI—anything to get out of putting on more miles, even symbolically. RAGBRAI was something Don loved, but clearly didn't like. He groused about it likely more than I did my first 24 years of RAGBRAI.

I stopped riding RAGBRAI after 24 years. I had run out of film and worn through my last pair of bike socks. I recently tried on a pair of my riding shorts, but found that Lycra seems to shrink noticeably if left in dark closets or not aired out regularly. Who knew?!

Don got wise before I did and left at the

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SAM LOCKE WARD

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end of RAGBRAI 10. I was privileged, or possibly fated, to hear him announce his decision first-hand, since we had been riding together for some miles that day. He was riding faster than usual, and I was riding slower than usual. It might have been the other way around. It was the top of a hill, so it was mostly irrelevant.

“It was Voltaire who said, ‘Once is for experience, twice perversion.’ I’ve done 10 of these—I don’t know what that is, but it’s beyond perversion,” declared Don, in that sweet and sour way he viewed all the good, bad and mediocre crazy in Iowa, and the rest of the country.

I took photos of him being interviewed by KCRG-TV that day, and, if I had a clue where old photos go—perhaps to the same place office pens beam to, or how holes disappear in men’s belts, (leather, not Lycra, mind you)—I might have posted some. For now, take it as truth with a capital U, that what I say has a higher reliability quotient

than what comes from a particular variety of virulent orange sci-fi churning somewhere near the Potomac.

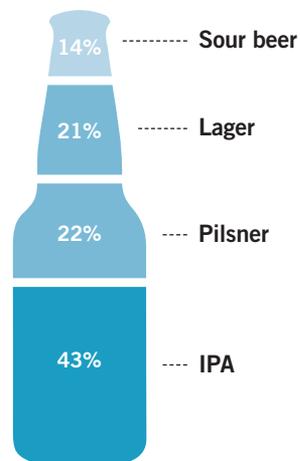
Don came as guest of honor to the RAGBRAI “multimedia extravaganza parties” some friends and I held in Iowa City in the earlier years. On each ride, I took hundreds of slides (using the arcane medium called “film”), and for a number of years carried a portable tape recorder, to capture live sounds and interviews on RAGBRAI, a la the template later appropriated by NPR.

At this point in U.S. culture, “smart-phones” referred to wall phones that nicely matched a room’s wall colors. I’d put them (the slides and tapes, not the phones) together into a sight and sound show chronicling the ride and making fun of ourselves with, of course, a roast or two of Don and fellow writer/rider John Karras. Iowa City and Don Kaul were meant for each other.

Pry Don from his typewriter, and he could still tell a joke or make a biting quip with

 /LittleVillage **READER POLL:**

What’s the best beer?



truth in or near the punchline—he was, if anything, funnier in person than in column, and in column he was bitingly and often howlingly funny. He also had a knowing sense of humor about himself, and saw the jokes from other riders as what they were: appreciation for the printed bites he took at the stupidity and absurdity lurking in the hallways of the governing, and quasi-governing, among us, as well as affection for Don the person, who had no logical reason to be on a bike ride across Iowa, yet did it for a decade before wising up.

His humorous, honest writing said what seriously needed to be said. He was threatened and castigated regularly in letters to the editor as often as he was praised, so, clearly, his decidedly liberal and often contrarian views must have struck some high-strung nerves.

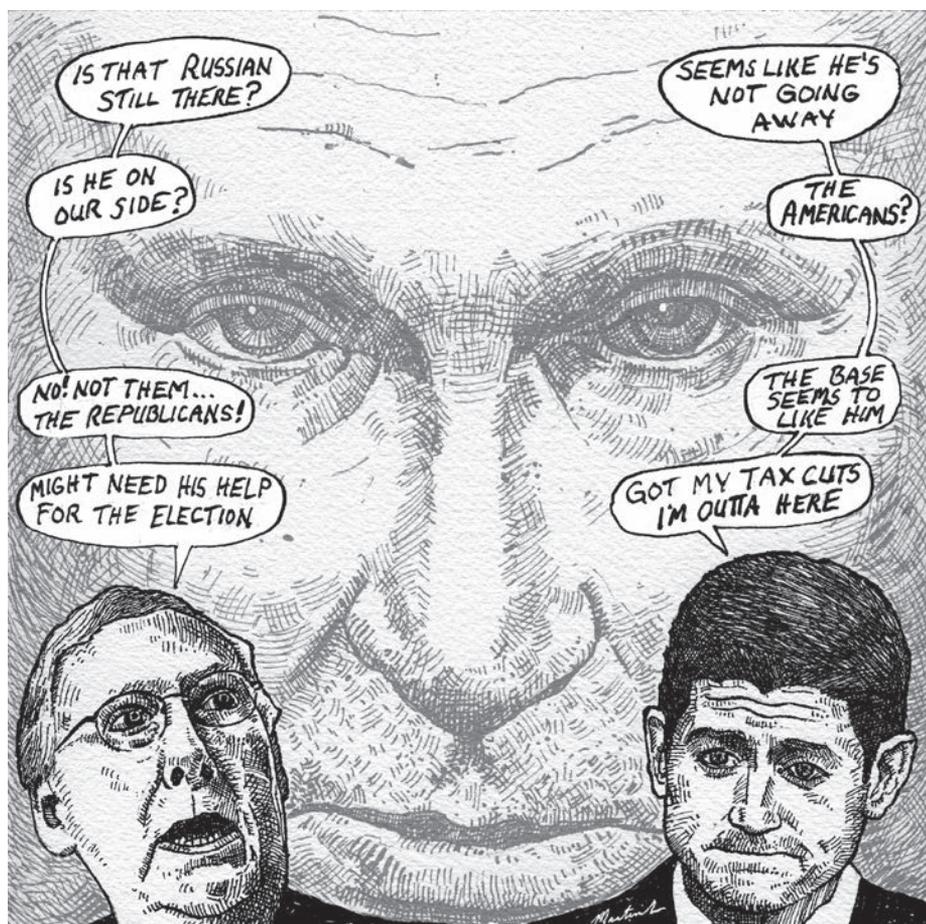
I have two of his three books on my shelf. I’ve pulled them out—it’s a good time to read them again, like pulling out frozen spaghetti from the freezer and having it taste better than when you cooked it. Perceptive wit and humor are like that—the best marinate over time and taste great long after the making. I expect to be grinning and laughing soon, with a few tears likely as well. I’m surprised he didn’t call his column “Over the Pasta.”

I’ll miss you, Don, but your words will definitely be sticking around for a long time, long after heartburn from eating frozen spaghetti. No sagging, no flats. LV /

*Gregory Kovaciny periodically writes in Iowa City. He rode 24 consecutive RAGBRAIs (you’d know that already if you actually read the piece).*

**STRESS FRACTURES**

JOHN MARTINEK





### Months after March For Our Lives, local students continue gun control fight

Keep at it kids! I'm proud of you!! —Julie K.A.

### Your Village: What are those huge faces along I-80 in Iowa City?

It is Will Ferrell and you cannot tell me otherwise. —Alison C.

Hope he fixes them soon. They need a touch up. The lady always reminds me of Debra Jo Rupp (The mom from *That '70s Show*).

—Brian Z.

I thought part of the art was watching the eventual decay and disappearance. I didn't think they were intended to be maintained.

—Kathyl J.

### Grassley discusses Trump's trade war, social security, the Supreme Court and more in Iowa City 'town hall'

In what way is a closed meeting that was not announced to the public a town hall meeting? It seems Democracy is something Senator Grassley fears. His "99 county town hall tour" is a lie. His pandering to President Trump is at the expense of Iowans. It is time to replace our senators and representatives with people who defend us and our state in Washington.

—Amy L.

I really appreciate the opportunity to read the highlights from this meeting. Even though it was closed to the public, very good questions were asked. The answers seem pretty weak, but no doubt this was all the senator knew or was willing to say. Surely those in attendance will be willing to call for Senator Grassley to return for a real conversation in one of the most populated counties in the state, since this in no way qualifies as a public meeting.

—Susan J.

### En Español: I need to stop interrupting women

A special thanks to your friend for bringing this to your attention and a special thanks to you for recognizing the interruption epidemic. There are many husbands who are so afraid their wives might say something stupid that they constantly interrupt and feel it's necessary to explain or clarify what the wife has to say. This is why the wives try to sit together when socializing. At least with each other, we can

share in the conversation! —Jill D.

### Remembering Frank Iowa, RAGBRAI icon

As Frank used to say: "No hill too long, no hill too steep, you can't stop halfway up and have a beer and a cigarette." Frank, I'll meet you in the first bar on the left, unless it's on the right. —Tom W.

### After almost 70 years, City Park is closing down its amusement rides

When my cousin and I were kids in the '70s we went to City Park to ride the Ferris wheel. There were no other people in line to ride it so old Mr. Drollinger let us ride it for 20 minutes! Years later I brought my own sons to the park to experience the rides. Very sad to see it close. —Arlene

### New owner of Takanami might be Iowa City's youngest restaurateur

Good for this young woman! Excellent to see young UI grads sticking around and investing in the local economy and community!!

—Joshua K.

### Takanami will become a Mexican restaurant

Wait, don't we already have half a dozen of those in the downtown area already? (Even a couple of good ones?) —Jen K.

Taco Nomi ?? —Bronson K.

Could be a great idea if they open late and serve after hours for the Eden crew. This fella is too old for that but tacos after clubbing, sign me up! —IB F.

I will miss the Bento box lunch but she has a great attitude! Best wishes Valentina.

—Andrew J.L.

### Kingsley Botchway quits the Iowa City Council

I think this headline could be written in a way that reflects the great things he did for Iowa City and that he's leaving to help another community. —Becky M.K.

Welcome to Waterloo! I'm looking forward to you serving our school district. —Rose P.

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UR Here

# Unfamiliar Eyes and the Wonders of Home

Sometimes it takes a group of outsiders to help you see your home anew.

BY THOMAS DEAN

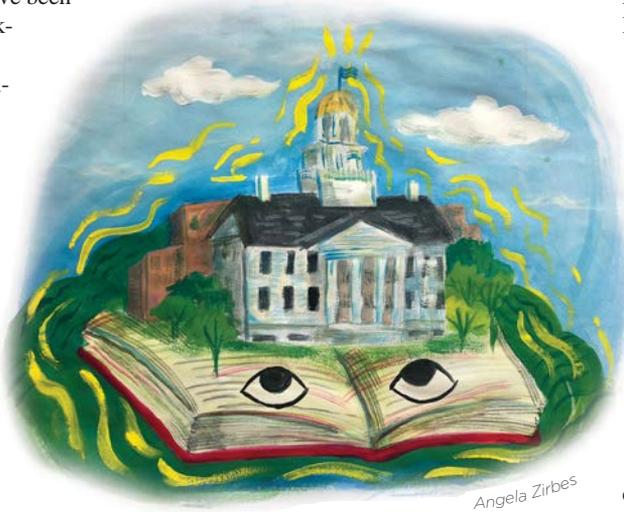
Since his days as an urban and regional planning professor at the University of Iowa, Iowa City mayor Jim Throgmorton has encouraged us to see our community through “unfamiliar eyes” in order to understand it better. I am fortunate that I do so every summer.

For a good number of years, I have been privileged to teach a couple of workshops in the Iowa Summer Writing Festival. The ISWF is the community’s major source of literary activity in our City of Literature in June and July. For six weeks, dozens of talented writers and teachers gather in Iowa City to work with hundreds of accomplished and neophyte writers aged 18 to 80 (and often much beyond) from all over the world. Our city hub is alive with daily lectures on the writing craft by ISWF faculty (note, “The Eleventh Hour” presentations are open to the public), a weekly open mic reading by festival students and a weekly faculty reading where you can sample the work of 10 to 12 talented writers—many quite prominent—within an hour. Many summertime Prairie Lights readings feature ISWF faculty. The ISWF produces perhaps the greatest concentration of writing activity in town all year.

Amidst this hubbub of writing in this writing town, I’m always energized working with committed people from all walks of life and across the age spectrum who really want to improve—or start—their writing. Thanks to their inspiration, I’ve come out of my own workshops with pieces of writing (I participate in the in-class exercises) that I have developed more fully later. And I’ve kept in touch with a number of remarkable former students who have enriched my writing life.

Yet one of the most joyous benefits of teaching in the ISWF for me is seeing Iowa City through unfamiliar eyes, receiving a

refreshing dose of appreciation for this incredible city we live in. I was not exaggerating when I said ISWF participants come from all over the world. Out of the 16 workshopers with whom I enjoyed time this year, only four were from Iowa City or Cedar Rapids. Most covered the



Angela Zirbes

U.S. geographic spectrum from California to Florida. Other countries represented (either by birth or residence, current or former) were Israel (three students!), the United Arab Emirates, Iran, France, England, Venezuela and Canada. Amidst this diverse set of unfamiliar eyes, I not only gained new perspectives on writing but also enjoyed my annual vicarious glimpse into our fair community, reinscribing Iowa City’s vibrancy for me once again.

Workshop members often begin our afternoon sessions recounting their latest culinary discovery among downtown restaurants, reminding me of the city center’s gastronomic cornucopia. Aside from the wealth of literary activities at our visitors’ disposal, I often hope I haven’t left out something exciting in my recitation of other things to do, from a performance at the Englert to a Saturday morning Families Belong Together protest. One student

asked if Iowa City is always putting up white tents for concerts, having witnessed preparations for the Friday Night Concert Series the week before on Iowa Avenue and that day’s assembly of the Iowa City Jazz Festival venues. (My answer was, “Yes.”) During the weekend workshop I taught, as we broke for lunch, I said, “Oh, and if you’d like, enjoy the Iowa City Pride Parade today at noon!”

Readers of this column know the natural world is central to my connection to place. Usually I’m venturing out to nearby prairies or woods to commune with nature. But ISWF participants often reopen my eyes to the rich natural as well as cultural life around us every day. Over the years I have had students hailing from San Francisco to Ireland to Florida marvel at the proliferation of local “wildlife.” I’m not talking about bison and elk, but the seeming throngs of squirrels and rabbits

everywhere, which they don’t see at home. Now and then a student is dumbfounded to see a deer wandering a neighborhood, and others are awestruck at the richness of birdsong in the morning.

This year, our group had an ongoing dialogue about the mysteries and wonders of fireflies (or are they lightning bugs?). One student shared with me her humorous writing from a previous year’s workshop about the urgent necessity for the Royal Spanish Academy to rectify its failure to include a word for “chipmunk” in the Spanish language, inspired by the close relationship she had developed with one of these exotic—and cute—creatures in our fair city. During an individual conference, another student simply shared her astonishment at just how magnificently lush and green everything is in Iowa.

In the everyday life of responsibilities and deadlines, it’s easy to take the vitality of our community for granted. My ISWF students rekindle my awareness of how fortunate we are to live in this amazing place. Once the busyness of fall occupies my hours and the winds turn to winter, distracting me from how fantastic this place really is, I will strive to return my thoughts to this past June and my smart, lively cohort of fellow writers, and then ahead to next year’s Iowa Summer Writing Festival, when a fresh gathering of unfamiliar eyes will help me see anew the wonders of Iowa City. LV/

*Thomas Dean thinks he should sign up for an Iowa Summer Writing Festival workshop himself one of these years.*

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BY SEAN GRENNAN  
AUGUST 2-26

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## COMMUNITY

# OUT OF THE LAB

Creating a sustainable future through nanotechnology.

BY PAUL BRENNAN

A sign in the east wing of the Chemistry Building points visitors to the lab of the University of Iowa's Mason Group, one of the leading quantum computational chemistry (QCC) research groups in the country. But the room the sign points to looks nothing like a traditional chemistry lab. There are no test tubes, and the only beaker is a decorative piece. Just computers on desks, like in offices everywhere.

"The idea that you could do chemistry without all the lab equipment fascinated me," Sara Mason said, recalling what first attracted her to computational chemistry as an undergraduate. The work Mason and her group do uses tools from quantum physics, theoretical chemistry and materials science to understand issues involving energy, the environment and nanotechnology, such as how materials, like those used in everyday electronics such as smartphones, behave.

Mason, now a UI associate professor, did graduate work at the University of Pennsylvania under a leading QCC researcher, who was working on how to create new nanomaterials.

"That he was able to predict materials that had not yet been synthesized, and how they could work or function—it was almost too good to be true," Mason said. "Now that there is a large array of nanomaterials—such as lithium ion batteries—what we need to start thinking about is what happens when those materials interact with our environment."

"When the material that makes our electronic works comes out of its safe housing—in your phone, for example—the environment can cause the structure to change. It can transform from its useful function to being toxic in the environment."

The Mason Group collaborates with experimental chemists and material scientists, who need models that explain what is happening at the atomic-level in chemical reactions they observe.

"We're pretty much in demand," Mason said. "We have so many opportunities and burning questions and collaborators knocking on our door that each [member of the group] has multiple projects."

The group currently consists of researchers ranging from an undergraduate, Sidney Spurgeon, and five graduate students—Jennifer Bjorklund, Blake Hudson, Diamond Jones, William Marquardt and Irene Metz—to a post-doctoral research associate, Ali Abbaspour Tamijani, and research specialist Joseph Bennett, who, like Mason, holds a Ph.D. in chemistry from the University of Pennsylvania and handles the day-to-day running of the group when she is busy with other academic duties.

"A lot of my graduate students are women," Mason noted of the students she's worked with since coming to UI in 2010. She makes an effort to create a welcoming atmosphere for women interested in science, something lacking in many university science departments.

In June, the National Academies of Sciences (NAS) issued a report documenting pervasive sexism at universities. "More rapid and sustained progress in closing the gender gap in science, engineering, and medicine is jeopardized by the persistence of sexual harassment and its adverse impact on women's careers in our nation's colleges and universities," the report stated. The NAS found "the academic workplace (i.e., employees of academic institutions) has the second highest rate of [reported] sexual harassment at 58 percent." The only workplace with a higher rate of reported sexual harassment was the U.S. military.

# NOTEWORTHY SCIENTIFIC ACHIEVEMENTS

AT THE  
UNIVERSITY OF IOWA  
BY NICHOLAS MCCARTY

**Mars' Climate Crisis** In November 2013, a \$670 million space probe called the MAVEN (Mars Atmosphere and Volatile Evolution Mission) was launched towards Mars. The probe, filled to the brim with advanced electronics, reached the red planet 10 months later and began collecting data. Originally developed by NASA and the University of Colorado-Boulder, the MAVEN team includes many researchers, including Jasper Halekas, associate professor of physics at the University of Iowa.

His research group uses data from this probe to understand Martian environmental fluctuations. Halekas recently showed, in the journal *Icarus*, that Mars is losing gas from its atmosphere at a rate of 1-2 kilograms per second. This atmospheric loss accelerates climate change on Mars and, if trends continue, will hinder human colonization.



**Studying Schizophrenia** The National Institute of Mental Health estimates that 0.33-0.75 percent of people live with schizophrenia. Scientists at the Iowa Neuroscience Institute, including Thomas Nickl-Jockschat, a UI associate professor of psychiatry, study how parts of the human brain are altered in certain psychiatric disorders, including schizophrenia.

The Nickl-Jockschat laboratory recently showed that the brains of patients with schizophrenia behave very differently than the brains of healthy patients during reward-seeking behaviors. Specifically, those with schizophrenia have alterations in the right ventral striatum, a part of the brain involved in the "reward pathway." These findings may help scientists understand why those with schizophrenia lose interest in feel-good behaviors like exercise, food and sex.



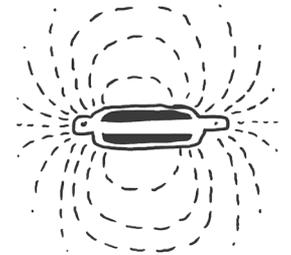
**Written in the Nanostars** We drink uranium, the fear-inducing element associated with nuclear energy, every day. The Environmental Protection Agency allows uranium in public drinking water up to 30 micrograms per liter, but it's hard to be confident in that concentration cap. One of the water-soluble forms of uranium is a chemical called uranyl, which contains uranium bound to two oxygen atoms. Unfortunately, uranyl is really difficult to detect, which means that it often goes unnoticed in drinking water.

Tori Forbes and Amanda Haes, both associate professors of chemistry at UI, developed a chemical-based method to detect uranyl. Previous methods to detect the compound were riddled with nonspecific readings, making it difficult to differentiate between uranyl and similar chemicals. Forbes and Haes overcame this problem by extracting the uranyl and then attaching them to gold "nanostars," which improved the sample readings and enabled reproducible detection of the chemical, even in real-world settings. The study was led by graduate student Grace Lu and is published in the journal *Analytical Chemistry*.



**Maintaining Medical Devices** More than 3 million medical devices are implanted in patients every year. Of these, about 100,000 will need to be replaced via invasive surgery, typically because bacteria grow on the device and cause an infection. One option to prevent this is to coat medical devices in a substance that can be heated using magnetic fields, but the exact amount of heat needed to kill bacteria is unknown.

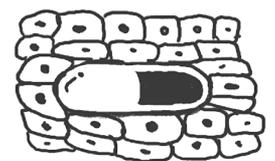
Eric Nuxoll, associate professor in the UI Chemical and Biochemical Engineering department, recently showed that heating bacteria at 60 degrees Celsius (about 140 degrees Fahrenheit) for 30 minutes is enough to kill them and prevent re-infection. The study, published in the *International Journal of Hyperthermia*, may help hospitals treat infections caused by medical devices without the need for additional surgeries.



**The Science of Healing** For decades, researchers have studied how cells sense and respond to nearby chemicals, but less is known about how cells respond to physical forces. Edward Sander, an associate professor in biomedical engineering at UI, wants to change that.

Sander and his team place keratinocytes, the cells that make up the outermost layer of skin, under high-powered microscopes and "poke" them with needles to understand exactly how our cells feel, sense and respond, and how they work together to seal injuries and heal wounds. Their findings may soon be used to develop therapies, or even engineer living cells directly, to assist healing.

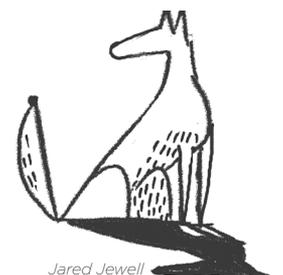
"If we understand how these physical forces control keratinocyte behavior, then we can figure out new ways to intervene to speed up wound healing," Sander said.



**America's First Dogs** By Emma McClatchey When prehistoric humans crossed the Bering Land Bridge, they weren't alone. Scientists have confirmed the first Americans were towing dogs whose lineages can be traced back roughly 14,600 years. Their doggie descendants ruled North America for more than 9,000 years.

Andrew Kitchen, an associate professor in the UI anthropology department, said dogs were part of Native Americans' "adaptive toolkit." Kitchen was one of 50 researchers from around the world who collaborated on the study, published in the journal *Science* on July 5. Kitchen was responsible for analyzing the ancient dog mitochondrial genomes. It was a venereal tumor, passed from canine to canine through the millennia, that helped scientists track ancient dog DNA.

Unfortunately, this native dog breed appears to have been wiped from the gene pool after Europeans arrived in the Americas. This fact is tragic, Kitchen said, and another black mark on the history of colonialism.



Jared Jewell

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The NAS found that people of color and members of the LGBTQ community face the greatest amount of harassment. Mason has experienced this first-hand.

“I’m a queer woman; I’m out,” Mason said. “I first came out in graduate school, and I think it’s definitely the case that the sciences are still playing catch-up to even where we’re at in society in general. It’s something I discuss very openly.”

“Sometimes people think that because there’s now broader acceptance, the problems are trivial, but they’re not. There are still definitively cases where you can be discriminated against, or made to feel unwelcome, based on LGBTQ identity.”

“I’m trying to [provide] representation for queer people in science,” Mason said. “It’s important to be there and to be visible, I know, because I did not have role models like that as a young person.”

Mason believes that encouraging diversity in her group—diverse backgrounds, diverse points of view—is an important factor in the group being able to solve the diverse problems on which it works.

The most recent paper produced by members of the Mason Group looked at how lithium ion batteries break down in water. Experiments had shown the sequence in which the elements making up the battery dissolve, potentially leaching out and polluting a water source, but it required QCC to create a model explaining what was happening at the atomic level.

“The only way science has to understand why two atoms come together and form a chemical bond is through the model offered by quantum mechanics,” Mason explained. “We had to puzzle out how we were going to use quantum mechanical calculations—which are at zero temperature, zero pressure—and

**Members of the Mason Group, from left: Joseph Bennett, Jennifer Bjorklund, Sara Mason, Sidney Spurgeon and Diamond Jones**

*Photo by Zak Neumann*

couple them with [conditions found in the real world].”

“We were able to create a model that explained [how elements in a lithium ion battery break down in water],” she continued. “Now that we have the ability to predict it, maybe we can come up with ideas to create a material that is still very useful as a battery, but is still more resistant to dissolution and will reduce impact on the environment.”

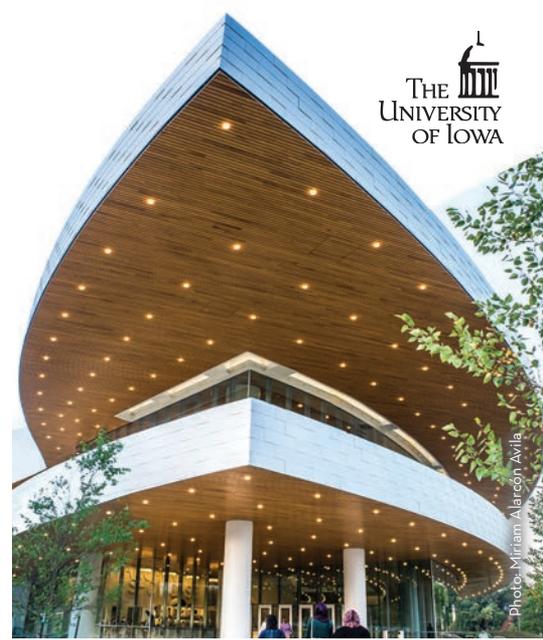
This project was part of the group’s work for the Center for Sustainable Nanotechnology, an initiative funded by the National Science Foundation that draws on work by 15 research groups throughout the country.

“The center’s focus is on creating nanomaterial that is benign by design,” said Jones, a Ph.D. candidate from the group, working with the center. “That is, nanomaterial designed in such a way that it does not harm the environment. Because we have a wide range of scientists in the center, we’re able to get different perspectives, which is very important.”

Another grant from the National Science Foundation supports Mason’s efforts to bring QCC to people outside that area of science. She makes a particular effort to introduce it to community college students, because Mason started her college career at a community college in her native New York.

“The plan was it would only take two or two-and-a-half years to get a degree in chemical technology,” Mason recalled. “But I fell back in love with learning and kept going.” LV/

*Paul Brennan is largely composed of water.*



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## SEPTEMBER

- 12 Cokie Roberts, *An Insider's View of Washington, D.C.* - FREE
- 14 Steep Canyon Rangers - FREE & OUTDOORS
- 25 The Philadelphia Orchestra

## OCTOBER

- 5 Cirque Éloize, *Hotel*
- 10 Culinary Arts Experience: Saint Burch Tavern/Pullman Diner
- 11 Emerson String Quartet
- 13 Rufus Reid, *Quiet Pride: A Celebration of Elizabeth Catlett*
- 18 Club Hancher: Storm Large
- 24 Momix, *Opus Cactus*
- 27-28 The Cashore Marionettes, *Simple Gifts*

## NOVEMBER

- 2 L.A. Theatre Works, *Steel Magnolias*
- 3 Club Hancher: Kinan Azmeh's CityBand
- 11 Soweto Gospel Choir
- 14 Culinary Arts Experience: Baroncini Ristorante - SOLD OUT
- 17 Alsarah & the Nubatones
- 25 The Summit: The Manhattan Transfer Meets Take 6  
*Celebrating the Holidays*
- 30 The Canadian Brass, *Christmas Time Is Here*

## DECEMBER

- 4-9 *Les Misérables*
- 31 Kristin Chenoweth, *A New Year's Eve Gala*

## JANUARY

- 24 Tre Voci

## FEBRUARY

- 2 Club Hancher: Banda Magda
- 6 Culinary Arts Experience: University Catering  
*Dinner with the Chefs*
- 8-10 *Jersey Boys*
- 16 Rahim ALHaj and string ensemble *Letters from Iraq*
- 21 *We Shall Overcome— A Celebration of Dr. Martin Luther King, Jr.*
- 23 Russian National Orchestra

## MARCH

- 2 Danú
- 8 Lawrence Brownlee and Eric Owens
- 10 Theatre Lovett, *They Called Her Vivaldi*
- 14 Havana Cuba All-Stars, *Aseré! A Fiesta Cubana*
- 30 Club Hancher: Kaia Kater
- 31 Brentano String Quartet

## APRIL

- 6 American Ballet Theatre, *Whipped Cream*
- 12 Batsheva Dance Company, *Venezuela*
- 24 Culinary Arts Experience:  
Trumpet Blossom Café

Top: Cirque Éloize,  
Banda Magda,  
American Ballet Theatre.  
Bottom: *Les Misérables*,  
Kristin Chenoweth.



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Erik Doane

En Español

## Anhelos de buceo en Iowa City

(y formas alternativas de suplantarlos) **POR MARIANA MAZER**

**D**esde que llegó el verano a Iowa City, todos los días me levanto con una extraña sensación en el cuerpo, como si mis átomos tuvieran un fuerte antojo de volver a hacer buceo, como si mis células pidieran volver al

arrecife como el foco sobre un gran escenario. Los peces que se acercan a ver a los extraños insectos humanos con tanque que invaden su casa.

El cuerpo que se comprime al descender. Los movimientos lentos, como una med-

itación sin yapas y mantras. Tras el arrecife, el azul profundo, y no saber qué hay más allá, qué gigante hará

### Los movimientos lentos, como una meditación sin yapas y mantras.

fondo del mar. Quizá extrañe el buceo porque es de mañana, y hay algo en el sol cuando cae oblicuo sobre el césped, sobre el asfalto, que me recuerda a los primeros rayos en la playa. O el suave despertar de esta ciudad, el murmullo de los autos que empiezan a andar, esa pausa antes del comienzo del día que se asemeja a las primeras horas en una isla en el medio de la nada.

Extraño el buceo porque extraño el Caribe. El peso del agua al sumergirse, las burbujas que crujen, los rayos que se cuelan en el

pronto su aparición tras la pared de corales. Quizá una ballena que confundamos con un submarino, un tiburón que nos recuerde que somos mucho más pequeños de lo que pensábamos, una mantarraya que bata sus alas como una nave espacial. O un buceo nocturno y las noctilucas que brillen por doquier, y entonces ver a Casiopea, Andrómeda y Orión, constelaciones marinas bajo el agua.

Quizá lo que extrañe es salir a la superficie, subir al bote. Darme cuenta de que el mundo real es otro, de que el que acabo de explorar

es sólo prestado. Sentarme en la proa, dejar que el viento me dé de pleno en la cara mientras el bote planea hacia la orilla. Mirarnos con los buzos como si compartiéramos un gran secreto, como si luego de conocer los misterios del fondo del mar, la vida entonces fuera más fácil.

Llegar al centro de buceo y guardar el tanque. Lavar el visor, el traje, contar con los buzos las especies que avistamos. Remojar el chaleco, sacarle el aire de todos los recovecos en donde había quedado atrapado. Caminar hacia el muelle, sentarse a secar la piel bajo el sol. El cuerpo que parece más liviano luego de haber estado bajo decena de toneladas de agua, el calmo mar que se queda por horas dentro de las venas.

A veces, por la mañana, camino hacia la biblioteca junto al río de Iowa, la luz del sol que descansa en la superficie, los patos que saltan curiosos al agua. O conduzco hacia Madison y me siento a la orilla del Lago Monona a escuchar el batido de las olas, el rugido de los motores de los barcos. Algunas tardes, cuando el sol empieza a caer, me dirijo hacia el Wellness Center. Allí, en la parte honda del gigantesco natatorium, espero a que ya no quede nadie, y si entrecierro los ojos y utilizo una gran dosis de imaginación, vuelvo a sentir que estoy en el fondo del arrecife, o el océano en las manos.

## The desire to go diving in Iowa City

(and alternate ways to satisfy it) **BY MARIANA MAZER, TRANSLATED BY ALLANA C. NOYES**

**S**ince summer arrived in Iowa City, I've been waking up every day with a strange feeling, as if the atoms in my body want to go diving, as if my cells were begging to return to the ocean. Maybe I miss diving because it's morning, and there's something in the way the sun falls obliquely over the lawns and the pavement that reminds me of those first beams of sunlight on the beach. Something in the way the city gently stirs, the murmur of the first cars on the street. That pause before the start of the day resembles the early hours on an island in the middle of nowhere.

I miss diving because I miss the Caribbean.

The weight of water as I submerge, the crackling bubbles, the light that filters over the reef like a spotlight on a wide stage. The fish approaching to investigate these strange human insects with their tanks who've invaded their home.

The body compresses as it descends. The movements are slow, like meditation without japamalas or mantras. Beyond the reef, there's only deep azure and the not-knowing what could be below or which giant could soon make its appearance from behind the wall of coral. Perhaps a whale we confuse for a submarine, or a shark that reminds us we're much smaller than we think, or a manta ray coasting along on its wings like a spaceship. On a night dive, perhaps glow worms that glitter all around like aquatic constellations: Cassiopeia, Andromeda, Orion.

Maybe what I miss is rising to the surface and climbing onto the boat. Remembering that the real world is something else, and the world I just explored was only on loan to me. I sit on the prow, and let the wind whip over my face as the boat glides towards the shore. The other divers and I share a look like we know some big secret, as if by understanding the mysteries of the ocean, life on land might be easier.

I arrive at the diving center and stow away my tank. I wash my mask and suit and tell the other divers what species we saw. I dunk my vest in water, pushing the air out of the cavities where it was trapped. I walk to the pier and sit in the sun to dry off. My body seems lighter after bearing the weight of 10 tons of water, and the calming effect of the sea runs through my veins for hours.

Sometimes in the mornings, I walk to the library near the Iowa River. The sunlight rests on the surface, and curious ducks jump into the water. Sometimes I drive to Madison where I sit on the shore of Lake Monona and listen to the lapping waves and the roar of the motorboats. Some evenings, as the sun begins to set, I head towards the Campus Recreation and Wellness Center. There, in the deepest section of the giant natatorium, I wait for everyone to leave, and then, if I close my eyes and use a fair amount of imagination, it's like I'm at the bottom of the reef, feeling the ocean flow between my fingers. LV/

*Mariana Mazer is a writer and an M.F.A. candidate in the Spanish creative writing program at the University of Iowa.*

*Allana C. Noyes is a translator and writer living in Iowa City.*

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Family Dinners

# Brenda Nations and Art Bettis

Discussing food justice over food.  
**BY HELAINA THOMPSON**

The good news concerns zucchini: There's plenty of it. Arguably too much of it, although environmentalists Brenda Nations and Art Bettis (armed with an abundant CSA share and a very tasty summer squash galette recipe torn from the pages of a *Better Homes and Gardens*) do not seem to mind.

The bad news is the scorching, unpredictable weather this husband and wife duo of local food growers have observed this summer, a sign climate change is real and happening. Nations, Iowa City's sustainability coordinator, has been tracking continually rising temperatures in the Iowa City-area, among her many other responsibilities (like



Photos by Helaina Thompson

planning the annual Farm to Street Dinner, coming up Aug. 16). Bettis, a recently retired University of Iowa environmental science professor, calls it "the doom and gloom" of their professions.

"It's a pretty serious situation with the environment, but you gotta have hope," Bettis

says. "What I liked about teaching environmental science is there were always young people who were really fired up, and really had faith in doing something and were willing to do it."

Young people like farmer Kate Edwards, owner of Wild Woods Farm, two miles north



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of Iowa City, who grew the vegetables featured on Nations and Bettis' dinner table this evening. Weekly, the couple receives a delivery of seasonal produce from Edwards, who said, weather-wise, this year has been her most unpredictable year of farming.

Nevertheless, "her vegetables just taste so

good," Nations says between bites of just-picked kale and beet salad, topped with goat cheese and maple-candied walnuts still warm from the cast iron.

A slice of the flakey galette awaits, brimming with zucchini and lemony ricotta and Parmesan cheeses.

Dinner shared between the two environmentalists easily turns to conversation about food justice: How accessible is local food in Iowa City? How should meat factor into one's diet? How are Iowa's crops affected by rising nighttime temperatures?

"I think my work really affects my private life," Nations says. "With Art being in environmental science, and both of our jobs, we kinda have to walk the talk. You try to do the right thing, but it's not always easy."

Nations and Bettis see the privilege tied to supporting the local food movement—"We're lucky we can make those choices," says Bettis—and they say it's time for greater equity in sustainability.

"The whole thing about sustainability that I find the most interesting is, they say, 'people, place and prosperity,'" Nations says. "And I get the environmental stuff, but the people and the economics is really important too. The whole reason you want to do things for the environment is ... for people."

And, of course, for good food. LV/

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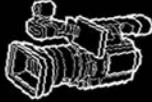
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A-List

# DEAD ON

Todd Rittman talks David Bowie, layered lyrics and Flat Black Studios.  
BY KENT WILLIAMS

Dead Rider is a Chicago rock band made up of Todd Rittman (formerly of Chicago noise rockers U.S. Maple); Andrea Faught on trumpet and keys; and drummer Matt Espy. While their sound is heavy on guitar and drums, keyboard plays a big part, and they seem to wind their own path between rock, jazz and Tortoise-style experimental rock.

The latest album, last year's *Crew Licks* (their second on Dead City), pulls together

seemingly unrelated musical ideas. "The Listing" amalgamates Grand Funk Railroad riffs with hints of Captain Beefheart's skronky weirdness and a sample of an auctioneer's speed rap. Rittman croons, "Well you could always trade the danger/For something much worse." The song uses real estate terminology to describe erotic compulsion, making both seem queasy and menacing.

Big guitar riffs, like those of Led Zeppelin and Bad Company, drive the songs, but



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Zak Neumann

recently, ahead of the band's upcoming appearance.

**How do you feel like your music has changed since U.S. Maple?** This band automatically differs from that because I'm a completely different lyricist and singer. L[Johnson of U.S. Maple]'s was incredibly distinctive and original and I couldn't do what he did if I wanted to. So our built-in differences were a nice jumping off point to start something new, just me developing my vocal and writing style.

**You have a very distinctive singing style, do you have a touchstone or influence you start from?** I'm not a trained musician in any way. I'm already used to the idea of limitations as the secret weapon. I didn't even start singing until Dead Rider. As an artist I'm at the point that I know better [than] to try and emulate my musical mentors, not only because I don't think I could do anything anyone else does, but I'm also trying to discover what it is that I naturally want to do and work with that.

**The Grateful Dead cover, "Ramble On," was odd in all the right ways—what it really reminded me of was David Bowie on *Black Star*.** I've gotten that comparison before, and that's extremely flattering. I'm not intentionally going for that kind of thing, and if that even crossed my mind I'd feel like a complete and utter failure. David Bowie was one of the greatest rock and roll singers and it would be ... yeah [laugh]. I'm fine with the comparison but that's more coincidence than anything [intentional].

**There's a lot going on in your songs beyond**

something unexpected always intrudes to dislocate the groove, like the bummer steel drum on "The Ideal" or the squalling saxophone chorus on "The Floating Dagger."

Grey Area Festival attendees can expect an intense virtuoso rock experience shot through with humor, menace and menacing humor. The festival, put on by Flat Black Studios and White Rabbit and now in its second year, runs Aug. 10-11 at the Flat Black acreage in Lone Tree. *Little Village* spoke with Rittman

CULTURE

# GREY AREA FESTIVAL

LONE TREE, IOWA, AUGUST 10-11

Festival passes are \$40 in advance, \$50 at the gate. Day passes are \$35 at the gate. In addition to live music, Saturday morning features classes with Breathing Room Yoga and the Eastern Iowa Circus Collective. Both are free of charge.

**THURSDAY**

**6 p.m.** Grounds open for camping  
DJ sets throughout the evening

**FRIDAY**

- 12 p.m.** Jenny Lynn Stacy and the Dirty Roosters
- 1 p.m.** Not Cops
- 2 p.m.** Otros Outros
- 3 p.m.** Dead Emperors
- 4 p.m.** Spider Magnets
- 5 p.m.** Commanders
- 6 p.m.** Honey Creeper
- 7 p.m.** Soul Sherpa
- 8 p.m.** Ben Driscoll
- 9 p.m.** Paul Cary
- 10 p.m.** Hallways of Always
- 11 p.m.** Better Americas
- 12 a.m.** Closet Witch
- 12:40 a.m.** Raw Space

**SATURDAY**

- 12 p.m.** Crystal City
- 1 p.m.** Jordan Sellergren
- 2 p.m.** Flash in a Pan
- 3 p.m.** Good Morning Midnight
- 4 p.m.** Catfish Keith
- 5 p.m.** Anthony Worden and the Illiterati
- 6 p.m.** Dana T
- 7 p.m.** AnnaLibera
- 8 p.m.** Jey Jellie
- 9 p.m.** Dead Rider
- 10 p.m.** Middle Western
- 11 p.m.** Liquor Beats Winter
- 12 a.m.** Karen Meat
- 12:40 a.m.** Sinner Frenz



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just verse/chorus/verse. What is your creative process in writing songs? For this band, it's a reaction to my last band, which was three or four of us together in a room jamming out parts and all building something together in real time, practicing that, and going into a studio and record it how we wrote it. With Dead Rider, I knew I wanted to try something else. I wanted to record and mix it all myself so the idea that things had to be finished before they were recorded went right out the window. The approach to writing a song is different every time. The genesis of them can come from anywhere, and it's built in the studio bit by bit.

There is a lot of classic rock riffiness in some of the songs but you're deconstructing that genre ... This is part of my musical background. In the past I may have spent more energy into subverting or running away from that. This record in particular I made the conscious choice to just go headlong into that, into my guitar playing influences, and that probably played the biggest part of the band going for the rock gestures.

Hagan Myers gets healed by Todd Rittman of Dead Rider in 2017. Photo by Zak Neumann

**Your lyrics, while staying vernacular in intent—do you put a lot of effort into them?** Yes. I don't consider myself a writer and this, along with singing, is a new discipline, which I'm really excited about. I'm excited to be on the upswing of a learning curve; you can feel yourself making progress. I like lyrics that are layered, where there are meanings superimposed over each other; that's my style. I'm not going to tell you a story that you're going to hear once and be able to describe to a friend what everything's about.

**You're playing the Grey Area festival; do you have a personal connection with [Flat Black Studios owner] Luke [Tweedy]?** I have been doing some mastering work for clients that recorded at Flat Black Studios, and Luke has been a good guy to get to know, both professionally and personally. The work he does at that studio is top notch; it makes mastering it an enjoyable experience. LV |

*Kent Williams is trying to make the best of being stuck in the wrong timeline.*

# CALENDAR

## CEDAR RAPIDS/ IOWA CITY AREA EVENTS AUGUST 1-14, 2018

Planning an event? Submit event info to [calendar@littlevillagemag.com](mailto:calendar@littlevillagemag.com). Include event name, date, time, venue, street address, admission price and a brief description (no all-caps, exclamation points or advertising verbiage, please). To find more events, visit [littlevillagemag.com/calendar](http://littlevillagemag.com/calendar). Please check venue listing in case details have changed.

## WED., AUG. 1

**Iowa City Open Coffee,** Merge, Iowa City, 8 a.m., Free (Weekly)

**NewBo Farmers Market,** NewBo City Market, Cedar Rapids, 4:30 p.m. (Weekly)

**Iowa City Wednesday Farmers Market,** Chauncey Swan Ramp, Iowa City, 5 p.m. (Weekly)

**Gentle Yoga, Public Space One,** Iowa City, 5 p.m., \$5-10 (Weekly)

**OUTDOOR CHILDREN'S THEATER OPENING NIGHT! RUNS THROUGH AUG. 4** **Playtime Poppy Presents: 'The Lion, the Witch, and the Wardrobe,'** Brucemore, Cedar Rapids, 5:30 & 7:30 p.m., \$5

**Break Dance Group,** Public Space One, Iowa City, 6 p.m., Free (Weekly)

**Open Mic Night,** Penguin's Comedy Club, Cedar Rapids, 8 p.m., Free (Weekly)

**OPENING NIGHT! RUNS THROUGH AUG. 4 'She Kills Monsters,'** Giving Tree Theater, Marion, 8 p.m., \$18

**SONG PROJECT FROM MONTREAL Kee Avil w/ Anthony Worden, Blank Thomas, Nadir Smith,** Trumpet Blossom Cafe, 8:45 p.m., \$5

**Open Stage,** Studio 13, Iowa City, 10 p.m., Free (Weekly)

**THIS WEEK: 'BONEHILL ROAD' Late Shift at the Grindhouse,** Film Scene, Iowa City, 10 p.m., \$4 (Weekly)

## STAFF PICKS

# WHAT ARE WE DOING? AUG. 1-14, 2018



FROM BO BURNHAM  
**EIGHTH GRADE**

OPENS AUGUST 3



ROOFTOP SCREENING  
**BILL & TED'S EXCELLENT ADVENTURE**

SUN, AUGUST 5



FILMSCENE AT BIG GROVE  
**THE BIG LEBOWSKI**

THU, AUGUST 9



THE TRUE, UNREAL DOCUMENTARY

**3 IDENTICAL STRANGERS** OPENS AUGUST 10



VINO VERITE  
**HALE COUNTY THIS MORNING, THIS EVENING**

SUN, AUGUST 12



PRIDE AT FILMSCENE  
**BEACH RATS**

MON, AUGUST 13



PART OF MEMBER MONTH!  
**YELLOW SUBMARINE** OPENS AUGUST 17



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Artistic-Abode

**Mirrorbox Theatre Presents: 'Luna Gale'** **CSPS Legion Arts, Cedar Rapids, Thursday, Aug. 9-Saturday, Aug. 11, 7:30 p.m., \$15** Cedar Rapids' newest company (for the moment), Mirrorbox Theatre, continues its commitment to giving great work its Iowa premier. In this case, the show is steeped in Iowa: *Luna Gale* is set in Cedar Rapids and written by University of Iowa Playwrights' Workshop alum (and Pulitzer finalist) Rebecca Gilman. The play centers on a social worker, Caroline, and the dilemma she faces when newborn Luna Gale is caught in a custody battle between her meth-addicted parents and her oppressively religious grandmother. The drama is directed by Mirrorbox founder Cavan Hallman.  
—Genevieve Trainor



Sofi-Shannon

**LibCon Iowa City Public Library, Saturday, Aug. 11, 11 a.m., Free** Why bother with the crowds at San Diego Comic-Con when there's LibCon in your own backyard? The Iowa City Public Library's first comic con invites fans of all ages to appreciate and purchase local comic books and art; listen to speakers discuss cosplay and comic book creation; tuck in for superhero storytime; play games; compete in the costume contest; bond with other geeks; and more. Representatives from Critical Hit Games and Daydream Comics will also be on hand. As for me, I'll be in the Fandom Room drumming up discussion about the *Avengers: Infinity War* ending. —Emma McClatchey



Joel Dinda

**Cedar Rapids Kernels vs. Quad City River Bandits Veterans Memorial Stadium, Cedar Rapids, Monday, Aug. 13, 6:35 p.m., \$8-12** It's one of your last chances to catch a Kernel's home game this summer, so don't sleep on these tickets! A night at the ballpark is honestly one of my favorite ways to spend a summer evening—you can pay the game as much attention as you like, analyze each player's walk-out music, hit up the concessions for cold beer and \$1.50 hot dogs and maybe, if you're real lucky, catch a foul ball. —Frankie Schneckloth



Doug Waldron

**Reverend Horton Heat w/ Wayne Hancock, Lincoln Durham, Plastic Relations Wildwood Smokehouse & Saloon, Iowa City, Tuesday, Aug. 14, 8 p.m., \$20-200** The Reverend Horton Heat has been around since I was in preschool and I've still never seen him live, so I'm making a point to get out to Wildwood for this show. It's a Tuesday, and things might get rowdy, but who cares? It's special when a storied performer like Jim Heath and his band come through town, especially if they're hitting the weird honky tonk on the edge of it. Rockabilly roots live inside us all—country, blues, punk rock, surf rock, roots rock—it's all there, and there's something about making a night of it that makes you feel authentically American, for better or worse.  
—Jordan Sellergren LV

# WHAT'S THE BEST NEW BUSINESS OPENED IN 2018?



**VOTING BEGINS AUGUST 1!**  
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## EDITORS' PICKS

### THU., AUG. 2

**OPENING PERFORMANCE! RUNS THROUGH AUG. 26 'The Tin Woman,'** Old Creamery Theatre, Amana, 2 p.m., \$12-31.50

**I.C. Press Co-op open shop,** Public Space One, Iowa City, 4 p.m., Free (Weekly)

**Meet Me at the Market,** NewBo City Market, 5 p.m., Free (Weekly)

**Punk Rock Happy Hour,** Gabe's, Iowa City, 5 p.m., Free

**LOS ANGELES METALCORE Bad Omens w/ Doppelganger, Shattered Crown,** Blue Moose Tap House, Iowa City, 6 p.m., \$12-15

**Iowa City Meditation Class: How To Transform Your Life,** Quaker Friends Meeting House, Iowa City, 6:30 p.m., \$5-10 (Weekly)

**Thursday Night Live Open Mic,** Uptown Bill's, Iowa City, 7 p.m., Free (Weekly)

**Daddy-O, Parlor City Pub and Eatery,** Cedar Rapids, 7 p.m., Free (Weekly)

**Underground Open Mic,** Open Jam and Mug Night, Yacht Club, 8 p.m., Free (Weekly)

**Live Jazz,** Clinton Street Social Club, Iowa City, 8 p.m., Free (1st & 3rd Thursdays)

**Karaoke Thursday,** Studio 13, Iowa City, 8 p.m., Free (Weekly)

**Retrofit Vinyl w/ DJ Olaz Fük,** Dick's Tap & Shake Room, Cedar Rapids, 9 p.m., Free (Weekly)

### FRI., AUG. 3

**INAUGURAL FEST, RUNS THROUGH SUNDAY, AUG. 5 newbo evolve Festival,** New Bohemia, Cedar Rapids, 10 a.m., \$10-375

**Friday Night Concert Series, Downtown Iowa City,** 6:30 p.m., Free (Weekly)

**Friday Night Out,** Ceramics Center, Cedar Rapids, 6:30 p.m., \$40 (Weekly)

**FAC Dance Party,** The Union, Iowa City, 7 p.m. (Weekly)

**OPENING NIGHT! RUNS THROUGH AUG. 11 'Closer,' RHCR Theatre,** Cedar Rapids, 7:30 p.m., \$15-18

**DRAGAPPELLA BEAUTYSHOP QUARTET The Kinsey Sicks,** CSPS Legion Arts, Cedar Rapids, 8 p.m., \$22-27

**FMWT VOL. 3, EDITION #8 Forbes/Billington Duo (of Tiger Hatchery) w/ Sinner Frenz,** Trumpet Blossom Cafe, Iowa City, 9 p.m., \$8

**Sasha Belle Presents: Friday Night Drag & Dance Party,** Studio 13, Iowa City, 10:30 p.m., \$5 (Weekly)

**SoulShake,** Gabe's, Iowa City, 10 p.m., Free (Weekly)

### SAT, AUG. 4

**Iowa City Sunday Farmers Market, Chauncey Swan Ramp,** Iowa City, 7:30 a.m. (Weekly)

**Cedar Rapids Downtown Farmers Market,** 7:30 a.m. (1st & 3rd Saturdays)

**Pop-Up Market,** NewBo City Market, Cedar Rapids, 10 a.m. (Weekly)

**I.C. Press Co-op Open Shop,** Public Space One, Iowa City, 12 p.m., Free (Weekly)

SONGS OF LOVE AND PROTEST **Dave Whiting and Friends**, Uptown Bill's, Iowa City, 7 p.m., \$5-10 suggested donation

FOLK SINGER AND CABARET PERFORMER **An Evening with Chuck Mitchell**, Artisan's Sanctuary, Marion, 8 p.m., \$8

THIS WEEK: 'HIDDEN FIGURES' 2018 **Free Movie Series**, Outside McBride Hall, Iowa City, 8:30 p.m., Free (Weekly)

PARTY ON, DUDES **Rooftop Series: 'Bill & Ted's Excellent Adventure,'** FilmScene, Iowa City, 8 p.m., \$15

**Pub Quiz**, The Mill, Iowa City, 9 p.m., \$1 (Weekly)

## MON., AUG. 6

**Open Mic**, The Mill, Iowa City, 8 p.m., Free (Weekly)



Benjamin Steinquist

▲ **SLUDGY GARAGE POP OUT OF MINNESOTA** **The Ultrasounds w/ Younger, Starry Nights, Good Habits**, Gabe's, Iowa City, 9 p.m., \$7

**Elation Dance Party**, Studio 13, Iowa City, 9 p.m., \$5 (Weekly)

## SUN., AUG. 5

A LABOR DAY WEEKEND TRADITION! **New Bohemia Arts Fest**, New Bohemia, Cedar Rapids, 9 a.m., Free

**Sunday Yoga in the Shake Room**, Dick's Tap & Shake Room, Cedar Rapids, 10 a.m., \$15 (Weekly)

**Honeycombs of Comedy**, Iowa City Yacht Club, 9 p.m., \$3 (Weekly)

## TUE., AUG. 7

**Cultivate Hope Market**, Cultivate Hope Urban Farm, Cedar Rapids, 4:30 p.m. (Weekly)

**Practice at the Prairie**, Indian Creek Nature Center, 6 p.m., Free (Weekly)

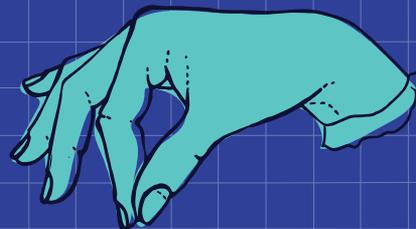
RESCHEDULED

**Freedom Festival Balloon Glow**, Sinclair Levy-BoTown Entertainment Park, Cedar Rapids, 6 p.m., Free-\$5

**Blues Jam, Parlor City Pub and Eatery**, Cedar Rapids, 7 p.m., Free (Weekly)

A FESTIVAL

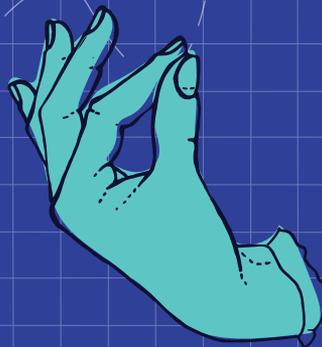
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## EDITORS' PICKS

**Yahoo Drummers**, Downtown Iowa City, 7:30 p.m., Free (Weekly)

**Weekly Old-Timey Jam Sessions**, Trumpet Blossom Cafe, Iowa City, 7:30 p.m., Free (Weekly)

**FRESH FUNK FROM TORONTO An Evening with After Funk**, Gabe's, Iowa City, 8 p.m., \$10

**Comedy & Karaoke**, Studio 13, Iowa City, 9 p.m., Free (Weekly)

**Karaoke Tuesdays**, The Mill, Iowa City, 10 p.m., Free (Weekly)

## WED., AUG. 8

**Iowa City Open Coffee**, Merge, Iowa City, 8 a.m., Free (Weekly)

**NewBo Farmers Market**, NewBo City Market, Cedar Rapids, 4:30 p.m. (Weekly)

**Iowa City Wednesday Farmers Market**, Chauncey Swan Ramp, Iowa City, 5 p.m. (Weekly)

**Gentle Yoga**, Public Space One, Iowa City, 5 p.m., \$5-10 (Weekly)

**LECTURE WITH '60S-THEMED TRIVIA AND GROOVY PRIZES! History on Tap: The Music of the '60s**, National Czech and Slovak Museum and Library, Cedar Rapids, 5:30 p.m., Free (registration recommended)

**Break Dance Group**, Public Space One, Iowa City, 6 p.m., Free (Weekly)

**Burlington Street Bluegrass Band**, The Mill, Iowa City, 6 p.m., \$5 (2nd & 4th Wednesdays)

**Open Mic Night**, Penguin's Comedy Club, Cedar Rapids, 8 p.m., Free (Weekly)

**Open Stage**, Studio 13, Iowa City, 10 p.m., Free (Weekly)

**THIS WEEK: 'A\*P\*E' 3D Late Shift at the Grindhouse**, Film Scene, Iowa City, 10 p.m., \$4 (Weekly)

**Talk Art**, The Mill, Iowa City, 10:30 p.m., Free (2nd & 4th Wednesdays)

## THU., AUG. 9

**I.C. Press Co-op open shop**, Public Space One, Iowa City, 4 p.m., Free (Weekly)

**Meet Me at the Market**, NewBo City Market, 5 p.m., Free (Weekly)

**Iowa City Meditation Class: How To Transform Your Life**, Quaker Friends Meeting House, Iowa City, 6:30 p.m., \$5-10 (Weekly)

**Thursday Night Live Open Mic**, Uptown Bill's, Iowa City, 7 p.m., Free (Weekly)

**Daddy-O**, Parlor City Pub and Eatery, Cedar Rapids, 7 p.m., Free (Weekly)

**CABARET IN THE COURTYARD OPENING NIGHT! RUNS THROUGH AUG. 11 Before Broadway: A Peak Behind the Curtain**, Brucemore, Cedar Rapids, 7:30 p.m., \$20-25

**COUNTRY BLUES AMERICANA Pokey LaFarge w/ Chicago Farmer, the Cerny Brothers**, Codfish Hollow Barnstormers, Maquoketa, 8 p.m., \$20-25

**OPENING NIGHT! RUNS THROUGH AUG. 11 Mirrorbox Theatre Presents: 'Luna Gale'**, CSPA Legion Arts, Cedar Rapids, 7:30 p.m., \$15

**Underground Open Mic**, Open Jam and Mug Night, Yacht Club, 8 p.m., Free (Weekly)

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Paulo Simas        Sarah Gardial  
Kent Stock          Ryan Siskow

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▲ AUSTIN DREAM-VOICED INDIE POP

**Caroline Says w/ Jessica Risker**, Blue Moose Tap House, Iowa City, 9 p.m., cover cost TBD

**Rational Anthem w/ WOOF**, Gabe's, Iowa City, 8 p.m., Free

**Karaoke Thursday**, Studio 13, Iowa City, 8 p.m., Free (Weekly)

LISTENING ROOM SHOW **Willy Tea**

**Taylor w/ Brian Johannesen and Tom VandenAvond**, Trumpet Blossom Cafe, Iowa City, 9 p.m., \$12-15

**Retrofit Vinyl w/ DJ Olaz Fük**, Dick's Tap & Shake Room, Cedar Rapids, 9 p.m., Free (Weekly)

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EDITORS' PICKS



**FRI., AUG. 10**

THREE FULL DAYS OF EVENTS, THROUGH SUNDAY, AUG. 12! **Fields of Yogis Festival**, NewBo City Market, Cedar Rapids, 8 a.m., \$55-185

**NewBo Open Coffee**, Roasters Coffeehouse in NewBo City Market, Cedar Rapids, 8 a.m., Free (2nd & 4th Fridays)

▲ **MUSIC THROUGH SATURDAY, AUG. 11; EARLY CAMPING STARTS THURSDAY, AUG. 9 AT 6 P.M. Grey Area Festival**, Flat Black Studios acreage, Lone Tree, 12 p.m., Free-\$50

**Friday Night Concert Series**, Downtown Iowa City, 6:30 p.m., Free (Weekly)

**Friday Night Out**, Ceramics Center, Cedar Rapids, 6:30 p.m., \$40 (Weekly)

**FAC Dance Party**, The Union, Iowa City, 7 p.m. (Weekly)  
**Dickie w/ Halfloves**,

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Jason Smith

**Annalibera**, Dick's Tap & Shake Room, Cedar Rapids, 7:30 p.m., \$10-12

**SoulShake**, Gabe's, Iowa City, 10 p.m., Free (Weekly)

FESTIVAL RUNS THROUGH AUG. 11

**Fine2Day Fest**, Codfish Hollow Barnstormers, Maquoketa, 8 p.m., \$20-50

IOWA CITY HIP HOP **Strangers of Necessity w/ Blookah, Jim Swim**, Iowa City Yacht Club, 9 p.m., \$7

**Sasha Belle Presents: Friday Night Drag & Dance Party**, Studio 13, Iowa City, 10:30 p.m., \$5 (Weekly)

**SAT., AUG. 11**

**Iowa City Sunday Farmers Market**, Chauncey Swan Ramp, Iowa City, 7:30 a.m. (Weekly)

**Pop-Up Market**, NewBo City Market, Cedar Rapids, 10 a.m. (Weekly)

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## EDITORS' PICKS

A NEW, LOCAL COMIC CONVENTION!

**LibCon**, Iowa City Public Library, 11 a.m., Free

**I.C. Press Co-op Open Shop, Public Space One**, Iowa City, 12 p.m., Free (Weekly)

DES MOINES SINGER-SONGWRITER

**Dan Tedesco In-Store Set**, Analog Vault, Cedar Rapids, 5 p.m., Free

SECOND ANNUAL TEAM UP WITH THE LINN COUNTY BLUES SOCIETY **Czech Village Blues featuring Ruf Record's Blues Caravan**, Czech Village, Cedar Rapids, 5 p.m., \$15-20

**Dan Tedesco w/ the Ben Schmidt Band**, Dick's Tap & Shake Room, Cedar Rapids, 8 p.m., \$10

**2018 Free Movie Series**, Outside McBride Hall, Iowa City, Times vary, Free (Weekly)



**Elation Dance Party**, Studio 13, Iowa City, 9 p.m., \$5 (Weekly)

**Pub Quiz**, The Mill, Iowa City, 9 p.m., \$1 (Weekly)

▲ **PRIDE AT FILMSCENE 'Beach Rats'**, FilmScene, Iowa City, 7 p.m., \$8-10.50

## SUN., AUG. 12 MON., AUG. 13

**Sunday Yoga in the Shake Room**, Dick's Tap & Shake Room, Cedar Rapids, 10 a.m., \$15 (Weekly)

\$1.50 HOT DOG NIGHT!

**Cedar Rapids Kernels vs Quad Cities River Bandits**, Veterans Memorial Stadium, Cedar Rapids, 6:35 p.m., \$8-12

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**Girls Night Out The Show**, First Avenue Club, Iowa City, 7:30 p.m., \$19.95-34.95

VINO VÉRITÉ **'Hale County this Morning, this Evening'**, Film Scene, Iowa City, 7 p.m., \$20-25

**Open Mic**, The Mill, Iowa City, 8 p.m., Free (Weekly)



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NYC POP PUNK **Dizzy Bats w/ Hey Girl Slow Down**, Gabe's, Iowa City, 8 p.m., Free

**Blues Jam**, Parlor City Pub and Eatery, Cedar Rapids, 7 p.m., Free (Weekly)

**Honeycombs of Comedy**, Iowa City Yacht Club, 9 p.m., \$3 (Weekly)

**Yahoo Drummers**, Downtown Iowa City, 7:30 p.m., Free (Weekly)

## TUE., AUG. 14

**Cultivate Hope Market**, Cultivate Hope Urban Farm, Cedar Rapids, 4:30 p.m. (Weekly)

**Weekly Old-Timey Jam Sessions**, Trumpet Blossom Cafe, Iowa City, 7:30 p.m., Free (Weekly)  
Rockabilly royalty

**Practice at the Prairie**, Indian Creek Nature Center, Cedar Rapids, 6 p.m., Free (Weekly)

**Reverend Horton Heat w/ Wayne Hancock, Lincoln Durham, Plastic Relations**, Wildwood Smokehouse & Saloon, Iowa City, Aug. 14, 8 p.m., \$20-200

TWINS TUESDAY **Cedar Rapids Kernels vs Quad Cities River Bandits**, Veterans Memorial Stadium, Cedar Rapids, 6:35 p.m., \$8-12

**Comedy & Karaoke**, Studio 13, Iowa City, 9 p.m., Free (Weekly)  
Karaoke Tuesdays, The Mill, Iowa City, 10 p.m., Free (Weekly)

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### MORE AUGUST SHOWS

SOCIETY OF BROKEN SOULS **FRI 8/3 9PM**

TWINS **FRI 8/10 9PM**

JOHN D'AMATO **FRI 8/17 9PM**

THE NADAS FT COURTNEY KRAUSE **THU 8/23 8PM** \$15 IN ADVANCE \$20 AT DOOR

DAN HUBBARD **FRI 8/24 9PM**

BACKYARD BLUES FEST **SAT 8/25 4PM** \$5 AT DOOR

ANDY FLEMING & THE SWEET NOTHINGS **FRI 8/31 9PM**

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## DEAR KIKI

LittleVillageMag.com/DearKiki

**D**ear Kiki,  
 Throughout witnessing a series of traumatic events happen to my daughter over the course of a very difficult year, I've developed strong attachment to and connection with an 18-year-old friend of hers. I'm 35 and in a relationship with the father of my younger children. This young man and I have been having an incredibly mutually amenable, emotional, creatively inspiring and sexual affair for the past few months and are both developing real feelings for one another. We have made my family aware of our activities. My daughter and partner are very hurt, but I am having trouble feeling ashamed as this has been and continues to be such a fulfilling experience for him and me. I do not at this point wish to envision my life without this young man, but have no real idea how to navigate the circumstances I've chosen for myself. How do I maintain my family and my muse?

—Can I have my cake and eat it, too?

**D**ear Cake,  
 This is quite the layered love triangle. I will begin by addressing the fact that you've recently witnessed a series of traumatic events. I am inclined to believe you have been suffering from PTSD as a result. We normally associate post-traumatic stress disorder with veterans who have returned from combat, but there are many negative experiences that can cause someone to suffer for months to years following the event. And the suffering often causes more suffering.

When someone is suffering, she may develop what I know to be called STERBS—short-term emotional release behaviors, which include activities such as drinking too much alcohol, abusing drugs, sleeping or eating too much or not enough, behaving recklessly and, in your case, infidelity. These

activities make the suffering disappear or dissipate, for the short term. Usually, however, the long-term consequences are traumatic in and of themselves, so she ends up crashing from a massive “sugar rush” like you would from binging on too much cake.

Let me give a specific example. I know a woman who endured years of infertility that included multiple miscarriages. She was also prone to depression after experiencing multiple traumas in her childhood and adolescence. The combination of suffering led her to abusing alcohol and cheating on her spouse. From the article “PTSD Spirituality:

Cheating Spouses, Infidelity, and PTSD” by Dr. John Zemler: “The alcohol is an effort to dull the memories and any ongoing physical [and emotional] pain. The promis-

## I am having trouble feeling ashamed as this has been and continues to be such a fulfilling experience for him and me.

cuity is often an attempt to try and feel alive and sometimes an attempt to feel they have enough personal worth so as to be desirable by another person, even if only for a sexual quickie. The trauma they survived eats at their sense of self and diminishes their ability to realize their own self-worth.” I recommend reading this piece in its entirety, as it goes on to discuss the repercussions that often include alienating the life partner because she feels she doesn't deserve the love of the person who truly loves her. It's a vicious cycle, with multiple victims spinning with her.

I'm sure it feels amazing to have a much younger lover taking you away from all the “adulting” you have been doing, especially being a mother who is worried about her newly adult daughter. In and of itself, watching your daughter becoming an adult could be triggering a younger version of yourself with a sweet tooth, making her friend a tasty dessert. You may soon find you need to cut down on the sugar before you gain many pounds of unwanted baggage.

I wish you the best, my dear, as well as those who love you. *xoxo, Kiki LV*

## KIKI WANTS QUESTIONS!



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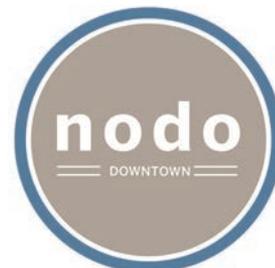
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## ADVERTISER INDEX

- ARTIFACTS (2)
- BIG GROVE BREWERY (30)
- BIOTEST (4)
- BREAD GARDEN MARKET (18, 26)
- CEDAR RIDGE WINERY & DISTILLERY (29)
- DANCING PRAIRIE MASSAGE THERAPY COLLEGE (16)
- THE ENGLERT THEATRE (15)
- FESTIVAL OF IOWA BEERS (28)
- FILMSCENE (21)
- GREY AREA FESTIVAL (30)
- HANCHER AUDITORIUM (13)
- IOWA CITY OLD TRAIN DEPOT (19)
- THE CLUB CAR
- TRUMPET BLOSSOM CAFE
- PATV
- IOWA CITY PUBLIC LIBRARY (25)
- IOWA CITY DOWNTOWN (32)
- IOWA ARTISAN'S GALLERY
- BARONCINI
- BEADODOLOGY
- DEADWOOD TAVERN
- MICKY'S
- NODO
- PRAIRIE LIGHTS
- RAYGUN KCCK JAZZ 88.3 (25)
- IOWA CITY EASTSIDE (36)
- SHAKESPEARE'S PUB & GRILL
- HAMBURG INN NO. 2
- ENDORPHINDEN TATTOO
- ZEN DEN
- PRISMSCAPES
- IOWA CITY NORTHSIDE MARKETPLACE (34)
- ARTIFACTS
- RUSS' NORTHSIDE SERVICE
- DEVOTAY
- PAGLIAI'S PIZZA
- THE HAUNTED BOOKSHOP
- HIGH GROUND
- GEORGE'S
- JOHN'S GROCERY
- NODO
- DODGE ST. TIRE
- HAMBURG INN NO. 2
- EL BANDITO'S
- BLUEBIRD
- OASIS FALAFEL
- IOWA DEPARTMENT OF PUBLIC HEALTH (26)
- KIM SCHILLIG (37, 40)
- KRUI 89.7 FM (37)
- MARION UPTOWN (31)
- RAMSEY'S
- TREASURE CHEST COLLECTIBLES
- THE DAISY
- ARTISAN'S SANCTUARY
- M.C. GINSBERG (7)
- MOLLY'S CUPCAKES (5)
- NEW SONG EPISCOPAL CHURCH (19)
- OLD CAPITOL SCREEN PRINTERS (27)
- OLD CREAMERY THEATRE (10)
- ORCHESTRA IOWA (39)
- PARAMOUNT THEATRE (29)
- PUBLIC SPACE ONE (12)
- RED PEPPER DELI & GRILL (30)
- RIVERSIDE CASINO (25)
- THE SECOND ACT (33)
- SUMMER OF THE ARTS (33, 37, 40)
- TEDX IOWA CITY (24)
- UNIVERSITY OF IOWA MUSEUM OF ART (27)
- VINO VÉRITÉ (9)
- ZEPHYR PRINTING & DESIGN (33)

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**If the world were to get serious about reducing carbon emissions, there would be a lot less air travel. I've read that trains are much more efficient than flying on a per-passenger-mile basis. Could we reduce our carbon emissions by taking a boat across the Atlantic or Pacific like in the old days?**

—Greg H. Winooski, Vermont

Y ou mean a rowboat? A sailboat? Sure, go nuts. Past that, though, you're not helping any. Which form of passenger travel is least lousy

for the environment is an endlessly complicated question—we'll get there—so give yourself credit, Greg, for finding an angle we can dispose of immediately: Ocean liners are not the answer.

How bad are they? A 2017 study by the German environmental organization NABU (Nature and Biodiversity Conservation Union) estimated that a typical European cruise ship's per-day particulate emissions are equivalent to that of a million cars combined. That's just from the smokestacks. Coming out the other end is about a billion tons of raw sewage dumped annually into the world's oceans, plus a hundred million gallons of leaked petroleum products. You can't do much worse if you're looking for an environmentally friendly way to travel.

Unless you're hoofing it, though, most forms of travel take some earthly toll. As you'd imagine given the increasing stakes, just how to calculate that toll is the subject of a lot of emergent research. A 2013 paper in *Environmental Science and Technology* figured that the "climate impact from a long-distance trip can easily vary by a factor of 10 per passenger depending on mode choice, vehicle efficiency and occupancy."

And indeed there are endless ways to run the numbers. That particular paper looks at some factors less obvious than mere CO2 emissions: For instance, contrails left by planes in the thin upper air, which can intensify the greenhouse effect. If you really wanted to go deep, you could run what researchers call a life-cycle assessment, which accounts for not just the travel itself but everything that enables it: construction of automotive plants, track-laying requirements for intercity rail, taxi emissions en route to a suburban airport, etc. (Spoiler: Viewed this way, infrastructure-heavy train travel loses a lot of points.)

For simplicity's sake, though, let's focus on the basic variables: emissions, passenger load and distance. And let's assume we're talking about a big trip—500 miles or more.

Pound for pound, according to the Union of Concerned Scientists (UCS), the very best bet is coach bus, followed closely by train travel. (City buses, we'll note, are a different beast, their impact wildly dependent on how full they are; buses running at off-peak hours may generate

eight times more emissions per passenger than during peak.) That's probably unsurprising, but say there's no train or bus option for where you're going. Is driving next in line?

Not necessarily. We hear a lot about the eco-affronts of air travel, but those claims might be a bit oversold: There are conditions under which it makes more sense to travel by plane than car, and not just because seawater is hell on your Chevy's undercarriage. Their emissions might be stupendous, but airplanes gain back lots of ground in load capacity and distance covered. Because most of a flight's energy expenditure comes during takeoff and landing, the longer the plane spends at cruise altitude, the more environmentally friendly it becomes. If you're flying from Chicago to Milwaukee, you're basically lighting jet fuel just to watch it burn; New York to L.A., though, is another story. And air travel is becoming ever more efficient for the same reasons everybody hates to fly: The airlines really pack those bodies in, and the fuller the flight the better the per-passenger efficiency.

Where driving sits in the rankings is largely a factor of who else is coming along. As one researcher put it, "Traveling alone in a large car can be as bad for the climate as flying, but driving with three in a small car could have an equally low impact as a train ride." At greater distances, UCS figured two travelers is roughly the threshold between whether it's better, carbon-wise, to fly or drive. If you're a family of four on a 1,000-mile trip, driving even a big old SUV works out better than flying, or taking the train for that matter; if you're a party of just one or two and your car's not electric, you may as well go by air. And if you do, for god's sake fly coach: A 2017 World Bank study estimated the per-passenger carbon emissions associated with first-class travel, because of the cabin space used, can be as much as nine times greater than economy.

Not to end on too dour a note here, but have you considered a staycation, Greg? A brand-new study out of Australia reckons that as of 2013, tourism's carbon footprint accounted for 8 percent of world greenhouse emissions and was projected to keep growing, as demand for recreational travel stays ahead of emissions-reducing tech. Planes, trains, automobiles—it's hard to think we're not just rearranging deck chairs on the Titanic. LV /

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**LEO** (July 23-Aug. 22): "Sometimes, I feel the past and the future pressing so hard on either side that there's no room for the present at all." A character named Julia says that in Evelyn Waugh's novel *Brideshead Revisited*. I bring it to your attention as an inspiring irritant, as a prod to get you motivated. I hope it will mobilize you to rise up and refuse to allow your past and your future to press so hard on either side that there's no room for the present. It's a favorable time for you to fully claim the glory of being right here, right now.

**VIRGO** (Aug. 23-Sept. 22): I'm not an ascetic who believes all our valuable lessons emerge from suffering. Nor am I a pop-nihilist who sneers at pretty flowers, smiling children and sunny days. On the contrary: I'm devoted to the hypothesis that life is usually at least 51 percent wonderful. But I dance the rain dance when there's an emotional drought in my personal life, and I dance the pain dance when it's time to deal with difficulties I've ignored. How about you, Virgo? I suspect that now is one of those times when you need to have compassionate heart-to-heart conversations with your fears, struggle and aches.

**LIBRA** (Sept. 23-Oct. 22): Do you absolutely need orchids, sweet elixirs, dark chocolate, alluring new music, dances on soft grass, sensual massages, nine hours of sleep per night and a steady stream of soulful conversations? No. Not really. In the coming days, life will be a good ride for you even if you fail to procure those indulgences. But here are further questions and answers: Do you deserve the orchids, elixirs and the rest? My answer is yes, definitely. And would the arrival of these delights spur you to come up with imaginative solutions to your top two riddles? I'm pretty sure it would. So I conclude this horoscope by recommending that you do indeed arrange to revel in your equivalent of the delights I named.

**SCORPIO** (Oct. 23-Nov. 21): "Don't try to steer the river," writes Deepak Chopra. Most of the time, I agree with that idea. It's arrogant to think that we have the power to control the forces of nature or the flow of destiny or the song of creation. Our goal should be to get an intuitive read on the crazy-making miracle of life and adapt ourselves ingeniously to its ever-shifting patterns and rhythms. But wait! Set aside everything I just said. An exception to the usual rule has arrived. Sometimes, when your personal power is extra flexible and robust—like now, for you— you may indeed be able to steer the river a bit.

**SAGITTARIUS** (Nov. 22-Dec. 21): "Dear Astrologer: Recently I've been weirdly obsessed with wondering how to increase my levels of generosity and compassion. Not just because I know it's the right thing to do, but also because I know it will make me healthy and honest and unflappable. Do you have any sage advice? — Ambitious Sagittarius." Dear Ambitious: I've noticed that many Sagittarians are feeling an unprecedented curiosity about how to enhance their lives by boosting the benevolence they express. Here's a tip from astrologer Chani Nicholas: "Source your sense of self from your integrity in every interaction." Here's another tip from Anaïs Nin: "The worse the state of the world grows, the more intensely I try for inner perfection and power. I fight for a small world of humanity and tenderness."

**CAPRICORN** (Dec. 22-Jan. 19): Time does not necessarily heal all wounds. If you wait around passively, hoping that the mere passage of months will magically fix your twists and smooth out your tweeks, you're shirking your responsibility. The truth is, you need to be fully engaged in the process. You've got to feel deeply and think hard about how to diminish your pain, and then take practical action when your wisdom shows you what will actually work. Now is an excellent time to upgrade your commitment to this sacred quest.

**AQUARIUS** (Jan. 20-Feb. 18): The questions you've been asking aren't bad or wrong. But they're not exactly relevant or helpful, either. That's why the answers you've been receiving aren't of maximum use. Try these questions instead. 1. What experience or information would you need to heal your divided sense of loyalty? 2. How can you attract an influence that would motivate you to make changes you can't quite accomplish under your own power? 3. Can you ignore or even dismiss the 95 percent of your fear that's imaginary so you'll be able to focus on the 5 percent that's truly worth meditating on? 4. If I assured you that you have the intelligence to beautify an ugly part of your world, how would you begin?

**PISCES** (Feb. 19-March 20): A scuffle you've been waging turns out to be the wrong scuffle. It has distracted you from giving your full attention to a more winnable and worthwhile tussle. My advice? Don't waste energy feeling remorse about the energy you've wasted. In fact, be grateful for the training you've received. The skills you've been honing while wrestling with the misleading complication will serve you well when you switch your focus to the more important issue. So are you ready to shift gears? Start mobilizing your crusade to engage with the more winnable and worthwhile tussle.

**ARIES** (March 21-April 19): I predict that August will be a Golden Age for you. That's mostly very good. Golden opportunities will arise, and you'll come into possession of lead that can be transmuted into gold. But it's also important to be prudent about your dealings with gold. Consider the fable of the golden goose. The bird's owner grew impatient because it laid only one gold egg per day; he foolishly slaughtered his prize animal to get all the gold immediately. That didn't work out well. Or consider the fact that to the ancient Aztecs, the word *teocuitlatl* referred to gold, even though its literal translation was "excrement of the gods." Moral of the story: If handled with care and integrity, gold can be a blessing.

**TAURUS** (April 20-May 20): Taurus socialite Stephen Tennant (1906-1987) was such an interesting luminary that three major novelists created fictional characters modeled after him. As a boy, when he was asked what he'd like to be when he grew up, he replied, "I want to be a great beauty." I'd love to hear those words spill out of your mouth, Taurus. What? You say you're already all grown up? I doubt it. In my opinion, you've still got a lot of stretching and expansion and transformation to accomplish during the coming decades. So yes: I hope you can find it in your wild heart to proclaim, "When I grow up, I want to be a great beauty." (P.S. Your ability to become increasingly beautiful will be at a peak during the next 14 months.)

**GEMINI** (May 21-June 20): "Manage with bread and butter until God sends the honey," advises a Moroccan proverb. Let's analyze how this advice might apply to you. First thing I want to know is, have you been managing well with bread and butter? Have you refrained from whining about your simple provisions, resting content and grateful? If you haven't, I doubt that any honey will arrive, either from God or any other source. But if you have been celebrating your modest gifts, feeling free of greed and displeasure, then I expect at least some honey will show up soon.

**CANCER** (June 21-July 22): Don't worry your beautiful head about praying to the gods of luck and fate. I'll take care of that for you. Your job is to propitiate the gods of fluid discipline and hard but smart work. To win the favor of these divine helpers, act on the assumption that you now have the power and the right to ask for more of their assistance than you have before. Proceed with the understanding that they are willing to provide you with the stamina, persistence and attention to detail you will need to accomplish your next breakthrough. LV /



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One of my dream jobs is to be a music supervisor. These are the people behind the scenes of television and film who pick the music used—the people who are able to set the tone or deepen the emotion of a scene with the choice of the perfect music.

*Handing Off The Egg*, the latest EP from TIRES, represents a developing and distilling of the Des Moines band’s sound. The washes of synths added seem trendy and hip in light of the current fascination with ’80s music—and the songs beg to be used as soundtracks.

The opening song, “Hatchback,” opens with about a minute of a mood-setting loop backing a lone electric piano sound. It pauses, then bursts into a big, victorious, arm-waving movement with big, clean guitar tone. This track would be perfect for the resolution scene at the end of a movie about a love triangle where the common love interest finally makes their choice—think *Pretty In Pink* at the prom, where Duckie tells Andie it’s OK to abandon him, and she runs out to give Blane a big smooch.

Track two, “CIS,” has an ominous tone with a sequenced vibe that suggests technology. The sawtooth guitar runs and the analog synth solo at three minutes in sound like the perfect opening theme to one of those futuristic ’80s shows that always seemed to center on a technologically advanced vehicle: *AirWolf*, *Blue Thunder* or (God forbid) the motorcycles in *Megaforce*. It could also be used for a hard-boiled detective film set in the near future where the sidekick is a robot dog. It evokes shots of a detective

sliding across the hood of a car, gun pointed in the air TJ Hooker style.

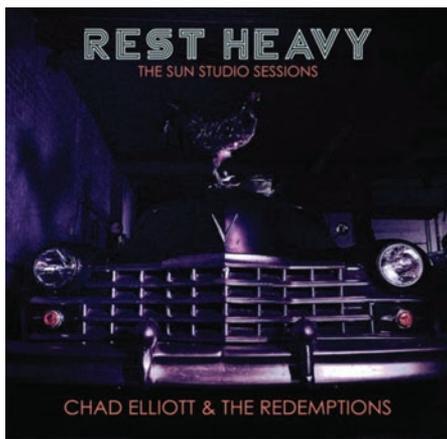
*Handing Off The Egg* wraps up, perhaps appropriately, with the more mellow and moody “Samsara.” The sparkling piano runs in it suggest a romantic montage scene, but one with a note of melancholy—maybe like the one in *Top Gun* where the flight

**The ponderous, calm consideration that comes from staring at a night sky is captured in a remarkable and subtly powerful way,**

instructor Charlie finally professes her love to Maverick, colored by the loss Maverick feels for his sidekick, Goose. Ultimately, it teases a bigger story that we want to know more about.

When I told TIRES’ Phil Young my thoughts on the songs, he laughed and thanked me for the video ideas. I hope he does make those videos. And if anyone wants to hire me as their music supervisor, they can reach me via *Little Village*.

—Michael Roeder



**CHAD ELLIOT & THE REDEMPTIONS**

*Rest Heavy*

soundcloud.com/chadelliottmusic

**R**est Heavy, the newest release from Iowa native Chad Elliott, opens with an arpeggiated piano riff and cymbal crash before

launching into a leaned-back, eyes-closed, soulful-howl gospel-blues tune of which Sam Cooke would have approved. The title track perfectly sets the stage for the songs to follow, which cover serious ground in terms of genres and tonal focuses. Fortunately, Elliott easily chameleons his voice to match the tone, style and nuanced emotional

inflections that each song style demands. As he croon-wails his way through tracks that range from hardscrabble stories and ain’t-life-

like-that tunes to songs of somber reflection, his constellation of influences is clear, with stylized moments and melodic arrangements that evoke the likes of Tom Waits, Eric Clapton, Bruce Springsteen and Doc Watson.

While the album has many standout moments, the standout is the fourth track, “Shining Stars.” The musicianship is on point throughout the entire album, but the vocal and instrumental arrangements on this track are the most restrained and nuanced, with a moody, country, Telecaster-guitar backing that creates an anthemic feeling and blends perfectly with Elliott’s somber phrasings. The ponderous, calm consideration that comes from staring at a night sky is captured in a remarkable and subtly powerful way, and you will find yourself easily singing the song’s hook, “Shining stars burn deep in the night,” long after the album is done playing.

As a whole, *Rest Heavy* is a high-energy, dynamic work. One of the best parts about listening to the album is the clear sense you get that Elliott is having the time of his life playing and recording these songs. Considering that these tracks were laid down at the legendary Sun Studio in Memphis, Tennessee, it’s not hard to understand why. Still, hearing the joy in an artist’s voice from the pure pleasure of making music makes that music that much more enjoyable. *Rest Heavy* is available Aug. 10: Check it out.

—Lucas Benson LV/

# SACRED SPACES BY BEN TAUSIG

The American Values Club Crossword is edited by Ben Tausig.

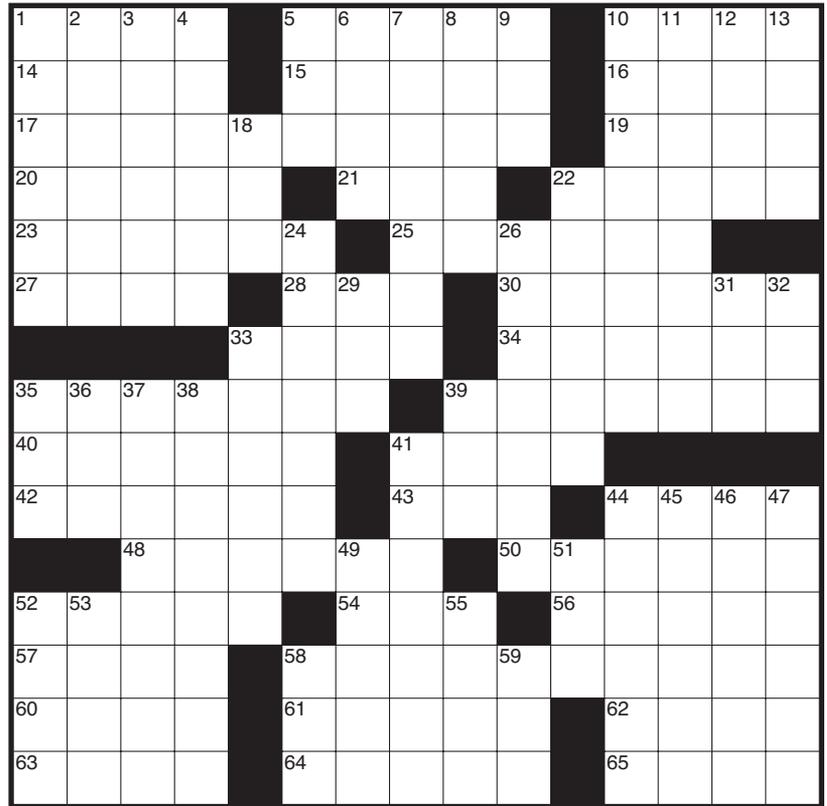
## ACROSS

1. "I'm not so much interested in politics as I am in overthrowing the government" satirist Mort
5. Character actor M. \_\_\_ Walsh
10. Historian's info
14. Home of Zeno and Parmenides
15. Whimpers sadly
16. Withdraws, as the tide
17. Religious figure whose picture cannot be legally displayed in the country of his birth
19. "Ah, fudge ..."
20. Some choice words?
21. First or second word of an unGoogleable U.K. new wave band name
22. Annunciation figure
23. Trademarked name for a beer sleeve
25. Inside baseball, as it were
27. Years, in old Rome
28. Abbr. on a radar speed sign
30. "Lift Every Voice and Sing," e.g.

33. Gp. with G's and R's
34. Stat for the WNBA's Tamika Catchings, notably
35. Indiana city known as "the RV capital of the world"
39. Quilted Northern rival
40. Esprit de corps
41. Residents, e.g., casually
42. Johnny who played in two of the first five Super Bowls
43. 2018 Cardi B single (that is not in any way about marriage)
44. Rural fields
48. Ensures, as a victory
50. Hot dog
52. Sufi philosopher, poet and mystic
54. Break down, in a way
56. Noted Bodhisattva in several religious traditions
57. Workers' rights org.
58. Something found four times in this puzzle's grid
60. Riefenstahl who denied being a Nazi but not all that loudly, and so was historicized as one anyway

## DOWN

1. Songwriter Neil who is the uncle of journalist Harry Enten
2. Support group with steps
3. Won despite a valiant comeback
4. Noted philosopher of Daoism
5. Defunct "big four" record company
6. Liquefy
7. Villainous laughter
8. Bull mascot for a brand of home supply products
9. Org. that might make you throw out your water
10. One might allow you to pour out your spirit
11. Father of the Jews
12. Skier's conveyance
13. Jimmy V Award for Perseverance, e.g.
18. Shapiro of *All Things Considered*
22. Devil rays



## LV246 ANSWERS

T	U	B	A	B	B	A	R	I	M	M	E	D		
I	V	Y	L	A	I	R	E	M	E	R	G	E		
B	U	R	N	I	N	G	A	M	B	I	T	I	O	N
B	L	O	A	T	O	R	I	O	N	S				
S	A	N	G	S	T	A	R	R	C	E	L			
T	O	A	N	U	B	O	N	E	R	U	N			
Z	E	R	O	G	U	E	S	S	W	O	R	K		
E	D	M												
H	A	I	R	D	O									
D	U	R	I	A	N	G	E	L	A	T	O			
L	G	E												
D	O	N	T	B	E	A	S	T	R	A	N	G	E	R
D	I	E	T	E	R	E	E	O	C	A	N	T		
E	L	O	P	E	S									

(fair warning for anyone concerned with their own legacy)

61. Words before bad news

62. NYC area where Astor Place is located

63. Spoken

64. Pair on a brig

65. State, in Persian

24. Certain sovereign
26. Desirable business model, obviously
29. Touch condescendingly, as on the head
31. New Haven nickname
32. Windows web portal
33. Great Rift Valley country
35. 100-pound bird, potentially
36. Chaney of silent horror films
37. Deity in the Bhagavad Gita
38. Troll's tool?
39. Fish famously consumed in unthinkable quantities by the Rock
41. Sets of old-timey rabbit ears, e.g.
44. Picks up at school?
45. Plant deeply
46. Noted Muslim scholar and wife of Muhammad
47. Netflix unit
49. The States, casually
51. Abbr. when you can't think of further examples, perhaps
52. Chocolate-and-caramel candy brand
53. App maker's concern
55. Hit
58. Preferred pronoun, perhaps
59. Wine Spectator figs.

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