

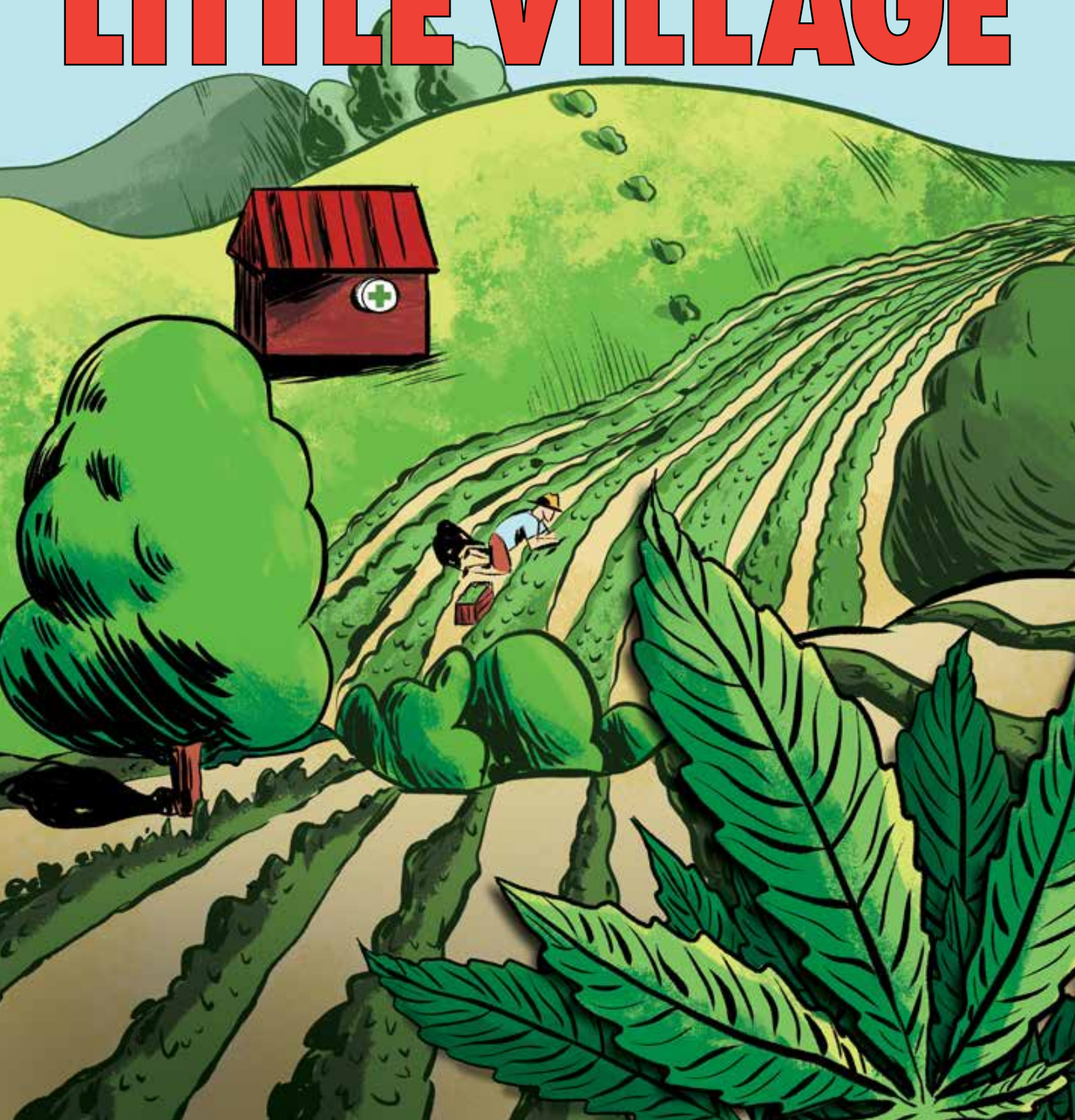
VOL. 20; ISSUE 197

A L W A Y S F R E E

APR. 20 - MAY 3, 2016

NEWS • CULTURE • EVENTS • CEDAR RAPIDS • CORALVILLE • IOWA CITY

LITTLE VILLAGE





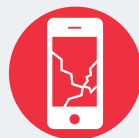
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INDEPENDENT
NEWS • CULTURE • EVENTS



LITTLE VILLAGE

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STAFF

Publisher | Matthew Steele
Publisher@LittleVillageMag.com
Managing Editor | Tim Taranto
Tim@LittleVillageMag.com
Digital Director | Drew Bulman
Web@LittleVillageMag.com
Art Director | Jordan Sellergren
Jordan@LittleVillageMag.com
Arts Editor | Genevieve Heinrich
Genevieve@LittleVillageMag.com
Photo Editor | Adam Burke
Photo@LittleVillageMag.com
Production Manager | Erin McMeen
Erin@LittleVillageMag.com
Community Manager | Simeon Talley
Simeon@LittleVillageMag.com
Distribution Manager | Trevor Lee Hopkins
Distro@LittleVillageMag.com
Venue Accounts Manager | Joshua Preston
Joshua@LittleVillageMag.com
Comedy Czar | Arishdeep Singh
Arish@LittleVillageMag.com
Advertising | Ads@LittleVillageMag.com
Listings | Calendar@LittleVillageMag.com

CONTRIBUTORS

Cecil Adams, Patrick Blindauer, Rob Brezny, Wayne
Diamante, Todd J. Edwards, Benjamin Kuperman,
Ryan Morrow, Mike Roeder, Chuck Shepherd, Ben
Urick, Kent Williams

IMAGERY

Jared Jewell, Marcus Parker, Nathan Wilson

SUBMISSIONS

Editor@LittleVillageMag.com

DISTRIBUTION REQUESTS

Distro@LittleVillageMag.com

CREATIVE SERVICES

Creative@LittleVillageMag.com

MOBILE APP (IOS, ANDROID)

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CONTACT

623 S. Dubuque St., Iowa City, IA 52240
(319) 855-1474

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Photo via NASA

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HEALTHCARE HITS

How the medical marijuana debate is testing Iowa's patience.



IOWA FARMLAND
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GLOBAL WARNING

The Paris Agreement offers hope, but is it too little, too late?

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Illustration by Jared Jewell



Chuck Grassley calls out Chief Justice Roberts on Senate floor

"Everyone automatically thinks the other side is being political. For Grassley to act as though the inevitable, constant bitching about decisions Republicans don't like is a reason to suspend the Constitution--that's absurd. Yes, Chuck, politicians see the court in political terms. The Constitution tells you all to select someone to protect us from mere politics. Do your damn job." —*Tim Adamson*

"I like this 'lame duck' narrative republicans keep perpetuating. Unfortunately they don't seem to understand the definition of the term, Obama is not a lame duck president because the election hasn't happened, we're still more than 6 months out from it, at that. Not only that but reagan, republican hero (for no good reason), nominated and a justice was confirmed during his lame duck period. NOT ONLY THAT, but most of the republicans stonewalling right now praised garland back when he became an appellate judge. So please, explain to me how this isn't ridiculous obstructionism at its finest."

—*Adam Ryan Miller*

City, county politicians write in support of pot oil access in Iowa

"Or they could just pull their head out of their ass and legalize it, regulate it and tax it." —*Jim DeSchinckel*

Letter to the Editor: Uber has been welcome in Iowa City for over a year

"Iowa City set a new record last year for DUI. This is a serious public health issue and when it comes down to it, UBER is the best solution to help people find rides when they need them. Do we want more drunken idiots on the road just to protect the shitty cab companies in town, or can we embrace technology, and new local jobs to a company that offers a far superior service? Your life may actually just depend upon this..." —*Kyle Seek*

Neuzil's resignation letter describes "orchestrated" plan to oust him from Kalamazoo job

"The whole thing sounds like a setup. Not cool at all for the alleged witnesses to have had what appear to have been conflicts of interest. I think he should file suit so this entire situation is reviewed in court."

—*Julie VanDyke*

"He can't/won't file suit because this wasn't a setup. He had the same "policies" about women in the office at Johnson County. Employees there have said so. This was no surprise." —*Jill Cryer*

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LEGALIZE IMMIGRATION

Author José Orduña discusses the arduous process of U.S. immigration

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Little Village is an independent, community-supported news and culture publication based in Iowa City. Through journalism, essays and events, we work to improve our community in the Iowa City, Coralville and Cedar Rapids area according to a few core values: environmental sustainability, affordability and access, economic and labor justice, racial justice, gender equity, quality healthcare, quality education and critical culture.

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NATASHA'S PERIOD

The comedian talks about her hit show and her critical past.

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CAN HAWKEYES LEGALIZE?

What is the current state of medical marijuana legislation in Iowa?
BY BEN URICK



Legislators are debating Iowa's marijuana laws on the foundation of one basic question: Can a state expand access to medical marijuana while limiting recreational use? Medical marijuana has been an active topic of debate by the Iowa Legislature for the better part of a decade. Democrats and Republicans have fought back and forth over whether a medical marijuana program expands access to marijuana for needy patients or encourages recreational use.

IS MEDICAL MARIJUANA MISUNDERSTOOD?

But there's another question that should be addressed before asking what expanding a medical marijuana program would accomplish: Does marijuana have medical use?

To explore the answer to this question, it's useful to understand the basics of pharmacology. Pharmacology works upon the basis that drugs create effects in the body by binding to specific receptors. Every drug has its own receptor, and drugs are often grouped into classes based upon the receptors to which they bind. The drugs that bind to opioid receptors in the body range from loperamide (the active ingredient in Imodium) to codeine, hydrocodone and heroin. The U.S. Drug Enforcement Administration (DEA) classifies these different opiates and synthetic opioids accordingly, from Schedule V (very low likelihood for addiction and abuse) to Schedule I (highest likelihood for addiction and abuse) for heroin.

Unfortunately, the DEA does not have the same sort of nuanced approach when it comes to cannabis. Currently the DEA and federal law considers all forms of marijuana to be Schedule I controlled substances.

Just as the body has opioid receptors, the body also has cannabinoid receptors. These receptors are located in the brain, lungs and central nervous system. When the cannabinoid (chemical compounds found

in marijuana) Tetrahydrocannabinol (THC) binds with these receptors, the body experiences euphoria, pain is relieved, appetite may be restored and nausea is quelled. THC also possesses known psychoactive properties, otherwise described as the marijuana "high." It is this additional effect of the high—and its ability to impair the user—that gives some lawmakers pause.

There is a form of synthetic THC available in the U.S., sold under the brand name Marinol and used to treat weight loss in

members of the Iowa Board of Pharmacy unanimously voted to recommend that the Iowa legislature change marijuana's status from Schedule I to a less severe classification in the Iowa Controlled Substance Act, but legislators declined to approve the board's recommendation. Since that time cannabidiol has been at the center of our state's debate on medical marijuana. In 2014, Governor Branstad signed the Medical Cannabidiol Act into law, making CBD oil accessible, with a neurologist's approval, to Iowa residents if they have intractable epilepsy. However, the requirement to buy CBD oil outside the state of Iowa has hindered accessibility for those who need it.

WHAT IS THE FUTURE FOR MEDICAL MARIJUANA?

In 2015, the Iowa Board of Pharmacy unanimously voted to recommend that the legislature reclassify CBD oil from Schedule I to Schedule II, which would acknowledge that at least one marijuana derivative does indeed have medical use. The board declined to include this in their legislative initiative for 2016. In February 2016, the Iowa House introduced a bipartisan bill (HF 2384) that would

set up a distribution system for CBD oil in Iowa and expand the conditions for which medical marijuana can be used. Currently there has been no movement on the pharmacy board's recommendation on behalf of the DEA, and the house bill has since been stalled. **lv**

Ben Urick received a Doctorate in Pharmacy from Drake University in 2011. In addition to part time community pharmacy practice, he is a Presidential Fellow and PhD Candidate in the Division of Health Services Research at the University of Iowa College of Pharmacy. His academic interests lie at the intersection of pharmacy practice, healthcare and health policy.



Illustration by Marcus Parker

AIDS patients and nausea for those undergoing chemotherapy, but the market for this drug is small and its efficacy has been questioned.

Another cannabis-derived drug, cannabidiol (CBD), a cousin of THC, has been widely researched for its potential medical use. CBD binds to different cannabinoid receptors and doesn't induce the high of THC, yet may be effective in the treatment of epilepsy, anxiety, and conditions.

THE MEDICAL MARIJUANA DEBATE IN IOWA

CBD oil has been the focus of the recent medical marijuana debate in Iowa. In 2010,

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CAN HAWKEYES STABILIZE?

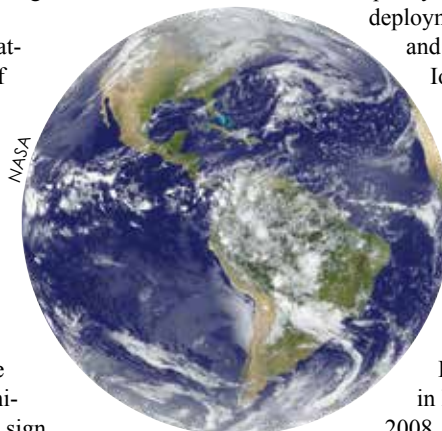
The Paris Agreement marks an unprecedented opportunity to quell the tide of climate change, and Iowans have a role to play. • **BY TODD J. EDWARDS**

In the wake of the recently released World Meteorological Organization (WMO) Statement on the Status of Global Climate 2015 report, which warns that the world is warming faster than predicted, the Paris Agreement on climate change (the "Agreement")—negotiated at the 21st session of the Conference of the Parties to the United Nations Framework Convention on Climate Change (UNFCCC)—will open for signing at the Headquarters of the United Nations in New York on Earth Day. The Agreement needs a minimum of 55 countries to sign on, that cover at least 55 percent of global greenhouse gas emission. So far, over 130 countries have said that they will sign.

Since climate change will affect almost every part of our lives, including food, water, energy, transportation and other economic and social systems, what does the Agreement mean for us here in Iowa?

according to data collected by the National Climate Assessment and the American Security Project, this likely translates (but is not limited) to increases in rainfall and flooding that can affect food production and water quality as well as potential future deployment of military personnel and humanitarian aid from Iowans. Also, U.S., global and local economies will be negatively affected due to the devastation to infrastructure and adaptation to climatic change, such as what happened in New York with Hurricane Sandy, in New Orleans with Hurricane Katrina and in Iowa with the floods of 2008.

There is good reason to fear global warming, yet the Agreement gives hope and opportunity for a global collective action that can prevail over looming catastrophic events. With a newly negotiated long-term goal of "holding the increase in the global average temperature to well below 2 degrees Celsius above pre-industrial levels and pur-



There is good reason to fear global warming, yet the Paris Agreement gives hope and opportunity for a global collective action.

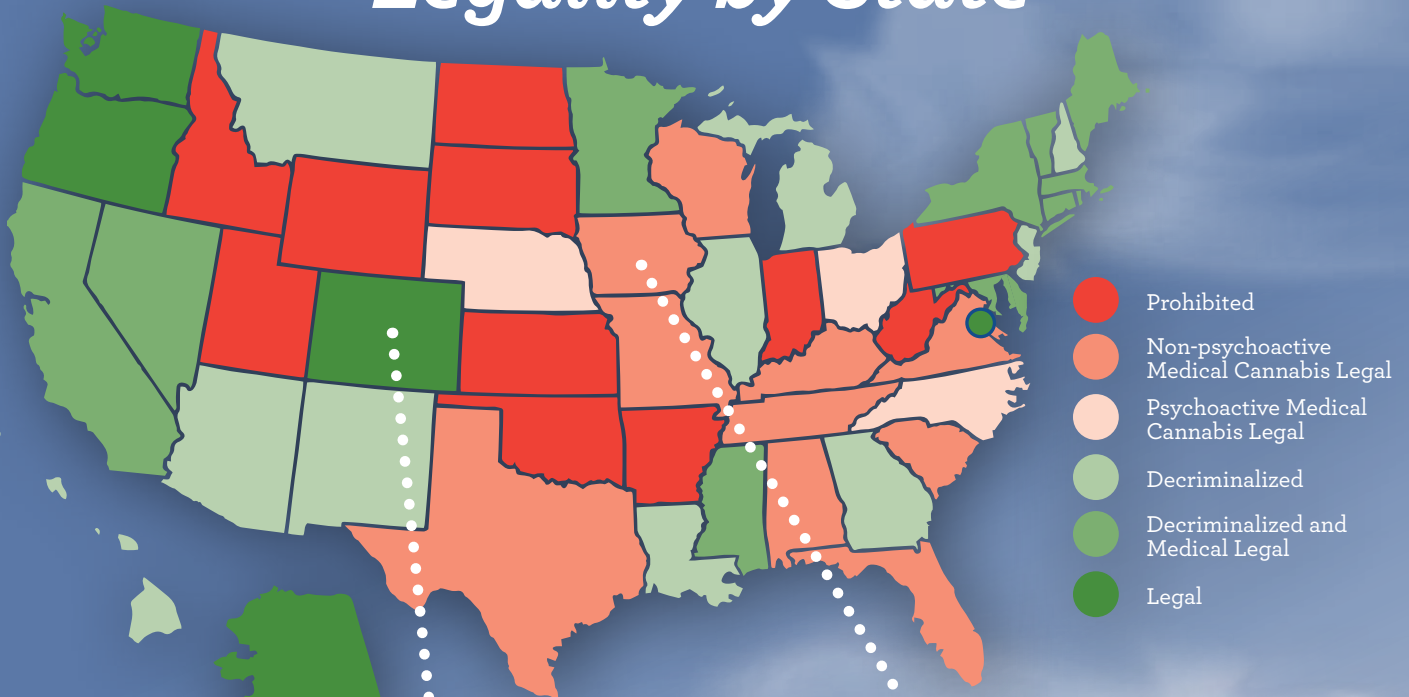
The latest scientific studies exclaim that accelerated global warming means that without climate action—removing and reducing greenhouse gas emissions—humanity is going to collide with nature in a way that has not been recorded before. This means even graver threats to food and water security and global public health, as well as an increase in climate-related threat multipliers, especially in conflict prone areas. In Iowa,

suing efforts to limit the temperature increase to 1.5 degrees Celsius above pre-industrial levels", in the Agreement, the world has a chance to prevent the worst. The Agreement was a negotiated consensus of nearly 200 countries for a new and innovative approach to global climate change governance.

The Agreement marks a point in history

CONT. >> ON PG. 20

Legality by State



Colorado's tax on both retail and medical cannabis has provided over **\$25,000,000** in funding toward public schools

41% of Iowans support legalizing marijuana for personal use

81% of Iowans support medical cannabis

In 2012, Colorado's **Amendment 64** passed with over **55% approval**, legalizing personal use, cultivation, manufacture and sale of cannabis

Ophthalmology, Effect of marihuana on intraocular and blood pressure in glaucoma, Mar. 1980

Rheumatology, Expression of cannabinoid receptor 2 and its inhibitory effects on synovial fibroblasts in rheumatoid arthritis, Jan. 2014

American Academy of Neurology, Epidiolex (Cannabidiol) in Treatment Resistant Epilepsy, Apr. 22, 2015

Journal of Alzheimer's Disease, The Potential Therapeutic Effects of THC on Alzheimer's Disease, Apr. 29, 2014

Canadian Medical Association Journal, Smoked cannabis for spasticity in multiple sclerosis: a randomized, placebo-controlled trial, Jul. 10, 2012.

The American Civil Liberties Union, Subsection 484(r) (Aid Elimination Penalty)



Why Cannabis?

To reduce arthritis pain

THC binds to receptors in the brain that reduce pain.

To reduce the pain of multiple sclerosis and other muscle spasms

THC binds to receptors in the nerves and muscles to relieve pain. Studies suggest that the THC may control muscle spasms by calming the muscles and diaphragm.

To treat glaucoma

Marijuana reduces pressure around the eye, which can be useful to those suffering from glaucoma.

To help control seizures

THC binds to receptors in the brain that control and regulate excitability and relaxation, which helps to control seizures.

To slow the progression of Alzheimer's Disease

THC slows the formation of amyloid plaques by blocking the enzyme in the brain that makes them. These plaques are what kill brain cells and cause Alzheimer's.

For recreation

While no intoxicant is completely safe, marijuana used in controlled environments presents few health risks and fewer chances of dependency than alcohol or tobacco.

In 2015 The Iowa Board of Pharmacy voted to recommend a reclassification by the state of CBD oil from Schedule I to Schedule II, which would acknowledge that the drug does indeed have medical value.

As of April 2016, the Iowa House introduced a bill that would set up a distribution system for cannabis oil in Iowa.

THE JOINT



Marijuana accounts for **over half** of all drug arrests in the U.S.



Approximately 88% of all marijuana arrests are for **simple possession**.



In Iowa, African Americans are between **7.5 and 8.5 times more likely** than caucasians to be arrested for marijuana despite equal usage rates.



A student convicted of a drug crime could be **stripped of their financial aid eligibility**, and those from low-income and minority backgrounds are **disproportionately affected**.

LV RECOMMENDS: HEMP STUFF

GREEN LIGHT SPECIAL

Catch a shopping buzz across downtown Iowa City with these hemp-inspired products.

In anticipation of the 4/20 holiday season, *Little Village* recommends some friendly hemp-based and cannabis-inspired products from some of our local buds.



ECO LIPS HEMP USDA CERTIFIED ORGANIC LIP BALM

FIND IT: at New Pioneer Co-op

BUY IT: \$3.69

When the munchies strike, the New Pioneer Co-op is a safe place to score some ethical snacks, as well as offering dank hemp lip balm. Try the Eco Lips hemp lip balm with Certified Organic Manitoba Harvest hemp seed oil; it retails for \$3.69. Eco Lips is an

Eastern Iowa homegrown affair, and they've been handcrafting sustainable organic lip care products in Cedar Rapids since the 1990s.



HEAD SHOP SOY CANDLE

FIND IT: at Revival 119

BUY IT: \$18

Cannabis is a known sensory enhancer, so why not bathe your olfactories in the heady whiff of an ashram? You can make that happen with Head Shop nag champa-scented candle from Revival 119. The organic soy and nag champa oil candle is hand-poured locally by Ty Bramwell of Ebb & Flow. Head Shop retails for \$18, with a burn time

of 48–50 hours, so that means plenty of chill for your buck.



BEE LINE HEMP WICK & MONTANA BEESWAX WICKS

FIND 'EM: at The Konnexion

BUY 'EM: \$2-\$25

Nothing can harsh your mellow like the taste of a butane lighter. Thankfully, the Konnexion offers two different brands of organic beeswaxed hemp wicks (Bee

Line of Hawaii and a homegrown from Ryan in Montana). A heady gift for that special bud.

DOPE ON A ROPE

FIND IT: at White Rabbit

BUY IT: \$10-\$6

Our friends at White Rabbit have their sale shelves packed with plenty of hemp-themed nuggets. The Dope on a Rope hemp oil soap, is a favorite. We're especially big fans of the



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pungent strain of Northern Lights (eucalyptus peppermint) hanging in the *Little Village* office showers.

POT LEAF SWEATPANTS & SWEATSHORTS

FIND 'EM: at Revival 119

BUY 'EM: \$28-\$32

Why not celebrate the 4/20 holiday couch-locked at home, snuggled up with some Cool Ranch Doritos, watching *Pineapple Express*,

while decked out in these comfy Ellie & Kate pot leaf print sweats from Revival. The pants are yours for \$32 while the shorts sell for \$28.



RAW NATURAL UNREFINED HEMP ROLLING PAPERS

FIND 'EM: at The Konnexion

BUY 'EM: \$2.25-\$5

Nearly all combustible material will release carcinogenic compounds once burned, but if you're interested in an organic or ethical way of inhaling said compounds, then perhaps Raw's organic hemp rolling papers are for you. Each paper is made of raw, organic, unbleached hemp. Smoke may be dirty but at least your conscious will be clean.

POT LEAF HAT

FIND IT: at White Rabbit

BUY IT: \$20- \$10

Some people wear hats to let you



know that they're Cubs fans, others wear hats to let you know that they want to "Make America Great Again" (are they inferring that America isn't great right now? How unpatriotic). Well why not wear this heady marijuana leaf-print hat available from White Rabbit, declaring your allegiance as fan of the Green Team.



GOLD-PLATED POT LEAF EARRINGS & NECKLACE

FIND 'EM: at Revival

BUY 'EM: \$14-\$18

Revival features their own line of jewelry too, including these dank pieces of cannabis-inspired bling. Rock the necklace for \$18 or a pair of the earrings for \$14. **lv**

—Tim Taranto

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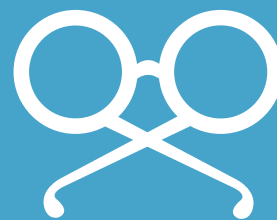
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NAVIGATING NATURALIZATION

José Orduña discusses the U.S.' inconsistent immigration policies and the sense of relief, not joy, that citizenship can bring due to a restrictive and overly bureaucratic immigration process. • BY BENJAMIN KUPERMAN



In José Orduña's recently published debut, *The Weight of Shadows: A Memoir of Immigration*, he explores his path through the naturalization process, from his early life as a "removable alien" in Chicago, to becoming a United States citizen during his time in Iowa City.

Orduña is a graduate of the University of Iowa's Nonfiction Writing Program and currently teaches at the Frank N. Magid Center for Undergraduate Writing. Next year, he will be the Joseph M. Russo Endowed Visiting Assistant Professor at the University of New Mexico. Orduña will read at Prairie Lights on Apr. 21.

Your book starts with your childhood in Chicago and follows the naturalization process you undertook to obtain citizenship. Could you tell us a little bit about your experience? It is at once a fairly straightforward process if you are eligible and if you [aren't] then it is a completely inaccessible and very non-linear process. One of the things I've tried to capture in the book is that it begins before it begins and it doesn't end when it ends.

The notion of citizenship and how one goes about acquiring citizenship in the U.S. is constantly changing. The attorneys I consulted about immigration law say that it is one of the most complicated bodies in law outside of tax law because it is always shifting. People who dedicate their life to immigration law find themselves always needing to catch up with all of the changes. Lots of arbitrary dates, small provisions, amendments and stuff like that.

The process of naturalization is one that doesn't take into account the history of relations between the United States and Mexico or the history of U.S.-Latin American relations at all—not in the rhetoric of the national discourse, but more importantly not in the actual policy making. It is at once, you know, very on the surface, very simple, but once you scratch that surface a tiny bit, you'll see it is in fact very complex and quite an enigma.

Does our immigration law in the U.S. treat people from different countries differently? Absolutely. Where your citizenship is [held] affects how you move through the process. There are caps, numbers and

special provisions that apply differently to people depending on their country of origin. But more important than your country of origin is how much money you have. If you are a wealthy person then it doesn't matter where you are from.

You are a global citizen, you can travel wherever you want and usually you are a couple of steps away from having citizenship wherever you want.

For example, in the United States there is a special thing called an "investor visa." If you invest over a certain amount of money in the United States or you start a business that employs more than a certain number of U.S. citizens, then you

automatically qualify for this visa which is a pathway toward permanent citizenship.

Do we prioritize the naturalization process for people we perceive as being an integral part of the economy? Yes, and it's very

important that you say "perceive." There is a big difference between people who are perceived to be low skill versus high skill. So-called low skilled laborers absolutely grow the economy. Think about it logically: People who come to live here, work here, they buy homes, cars, clothing and food and they pay taxes. They participate in the economy

and all of those different forms of revenue consumption grow the economy.

There are certain cities in the U.S. whose local economies are almost completely sustained by an influx of migrants from different places. So there is the perceived relationship between unskilled and low skilled and there is the reality:

Unskilled,



LOCAL ISSUE:

JOSÉ ORDUÑA

THE WEIGHT OF SHADOWS
BEACON PRESS

PRAIRIE LIGHTS

Thu., Apr. 21, 7 p.m.

Illustration by Nathan Wilson

highly skilled, undocumented and documented immigrants have an overall positive effect on the U.S. economy.

The overwhelming majority of agricultural employees in the U.S. are people from Mexico. Do they have the same rights as other workers? No, they don't. One of the key things to migrant labor is that people

The Republicans aren't alone. When you look at the history of Democrats, they have done a huge amount of damage to immigrants.

are vulnerable. In general, undocumented laborers are so desirable because they are so exploitable.

There is a wonderful anthropologist, Linda Green, who calls this "structural vulnerability." As an undocumented laborer, you are inscribed with a structural vulnerability that is exploited by whoever is employing you. You can't organize or make demands in terms of labor. Your labor is more malleable compared to someone who has full rights.

Your book is called *The Weight of Shadows*. There is a lot of frustration in this book; it is not the Mickey Mouse Club. Can you say anything about what people experience, all of these people who have no rights? What is the "weight of shadows?" The title is a reference to an extended metaphor of a shadow from the painting

"Fenómeno" by Remedios Varo. I try to complicate the idea of people as shadows or of people coming into the light. Some of the activism surrounding immigration in this country has the simplistic paradigm of coming into the light and exposing oneself and I don't know if that is the best strategy for immigration activism, because it makes those people who identify themselves vulnerable.

There is some rage in this book. I was just talking to a friend yesterday, an artist who is undocumented. He read the book and one of the things that he was most surprised by was this tenor that runs throughout the book, this anger, this rage. He pointed to the chapter "Ceremony," which actually deals with the naturalization ceremony. He thought it was going to go a different way, that it was going to be this Mickey Mouse Club idea of the hopeful happy and grateful immigrant. He was really happy with the way that that chapter

is written because these feelings and sentiments are part of the picture, part of the story.

I am sure that many immigrants are happy and grateful when they received their naturalization, but the question is, why are they happy and what

is the specific nature of this happiness? It is not an uncomplicated happiness, it is more of a sense of relief. It is important to depict this anger and this rage in a way that is honest.

James Baldwin's book *Notes of the Native Son* has always been a guide for me in terms of how to retain rage and anger in literature in a way that is fruitful, complex and doesn't necessarily just push the reader away but invites them to consider why there is an anger or rage.

A lot of people are upset about the anger and rage that they see at rallies for Donald Trump. A significant part of Trump's platform revolves around Mexican immigration. What does it mean when people on either side are expressing the same emotions as the people they oppose? For me, a person like Trump is just a clown, but a phenomenon



FESTIVAL PASSES @





like Trump's inflammatory anti-immigrant rhetoric is more of a symptom than a root cause. Look at Obama, who is a Democratic president. He has essentially done what Trump is talking about doing. Obama has record-breaking exportation numbers. Without building a wall, he has enacted that racism far more efficiently and effectively.

The Republicans aren't alone. When you look at the history of Democrats, they have done a huge amount of damage to immigrants. For example, NAFTA [North American Free Trade Agreement] was not introduced by a republican. NAFTA was signed into law by Bill Clinton and NAFTA is one of the more recent trade deals that, by all measures, has decimated sectors of the Mexican economy. The most vulnerable people in Mexico, subsistence farmers—NAFTA absolutely decimated the [ability] of subsistence farmers to subsist. So people either moved to a city or came to the U.S.

Trump is horrible. Trump's rhetoric is horrible, but we have Obama, we have Clinton. All of those figures that have enacted those things already.

When you use the word “symptom,” are you saying the anger that we are seeing is already a part of the United States? All of the racists that we see at Donald Trump rallies were not created by Trump. They were simply mobilized by Trump. And, yeah, this kind of anger, violence ... racist xenophobia has always been an essential part of the American experience.

But this violence isn't something that is ahistorical. It isn't something that is as a result of basic human nature. All of these things have specific historical contexts and antecedents. In the book, I compare our current political moment, post-2008, to the moment directly after the great depression, during a period that is not really widely known by many people in the United States called the Repatriation. If one looks to history then it is very easy to see that whenever there is an economic downturn in the United States, there is also an uptick of xenophobia and racism.

How has the illegality of drugs in the United States affected immigration policy and the landscape of what happens in the U.S. along the border? This is something that is incredibly misunderstood. Most of the drugs that come into this country are not brought in backpacks on migrants that



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are crossing on foot. Most of the drugs are shipped in shipping containers, in semis and arrive at aquatic shipping ports and all of those avenues through which legal goods come into the country. This fact is not at all present in the public discourse because nobody wants to affect the free flow of goods into and out of the United States. There is so much traffic at shipping ports that every minute of delay costs an exorbitant amount of money and nobody wants to tamper with that by trying to make it secure, even though those are the actual avenues through which most drugs enter the U.S.

So what do you do? You scapegoat migrants and you use the idea that migrants are bringing drugs into this country as a way to drum up this foaming-at-the-mouth nativist fervor, but anyone who actually looks at how drugs come into this country would see that this is not the primary way that drugs come into this country.

By consuming drugs are you inadvertently supporting criminal activity in other countries? I think the issue is more complicated

than saying, "Stop doing drugs." The incredible demand for drugs is not going away. People are suffering from addictions and telling someone that this is morally wrong is not going to stop someone from doing drugs. Even if you tell some that there are legal criminal consequences for doing drugs, people are not going to stop doing drugs. We need to put pressure on public officials in order to change the so-called drug war. It is never going to be resolved through victim blaming and victim punishment.

So these are all big ideas. If I didn't ask you what these things mean to you—because they mean nothing to me—then what can a nice Iowa City boy like me do? I think that people have to become more sophisticated about where they look to for possibilities of intervention in this internecine struggle ... There is the example of produce: You might say, "What can I do? I need to eat vegetables, I don't want to simply not buy vegetables from an industry that exploits migrant workers." You could buy produce from local farms, but we really need to look

beyond the vegetables and ask what are the root causes of migration and why is migration bad for migrants. Migration doesn't necessarily have to be bad. Supporting leaders in politics who know this, people who have a sophisticated understanding of immigration is a good start.

But also politicians who are against intervention in Latin America. A large portion of the Latin American migration to the United States today is due to military intervention by the United States throughout Latin American during the 1980s. I think labor organizing is very important, but organizing in the broader, more internationalist tradition has a bigger impact than the nationalist labor movements, because [if] you don't look beyond the boundaries of the nation then you again fall into this trap of blaming immigrant labor for undercutting American labor—which is part of what creates the anger and rage that we have been discussing. **IV**

Benjamin Kuperman lives and works in Iowa City. His hobbies include baking, comfortable sweaters and long walks in Hickory Hill.



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Hot Tin Roof is a program to support new literary work produced in Iowa City. Each month one writer is published and granted a \$100 honorarium. The series is supported by the Englert Theatre, UNESCO City of Literature USA, M.C. Ginsberg Objects of Art and *Little Village*.



In memoriam Miklós Radnóti

The flood comes; I am leaving.

Mole tunnels crisscross the thick soil of the banks
and spring lies in wait, ready to send
the rolling, dirt-brown waters down from the Alpok
carrying twigs and an all-human collection of trash:
shopping bags, red flashes of cola bottles.
A sound as if you rubbed thin sheets of plastic –
molehills dotting the scrawny growth
of grass on the moldering inclines.

I leave, then I return

to see trees hacked apart with chainsaws,
cores claimed to have gone to rot
in the floodwaters of the previous season –
columns of ants thread around boles
unblemished save for the jagged cuts;
all is as the municipality had declared.
Truths stream away between the high banks
while statues of kings drone in unison.

I shall leave again

while the cobblestones are polished smooth
by black-booted feet marching in lockstep,
mimicking armies of a bygone time –
youths growing mustaches with determination,
playing at soldier, evictor, liquidator
with increasing ease, then raucous joy;
the crowds of tomorrow repaint
yesterday's photos with the sepia of blood.

The flood comes; I am leaving. ■

Bogi Takács works in the University of Iowa Word Learning Lab by day, and writes poetry and fiction by night. E has had work published in venues like Strange Horizons, Lightspeed, Clarkesworld and Nature, among others. You can visit eir website at www.prezzey.net.

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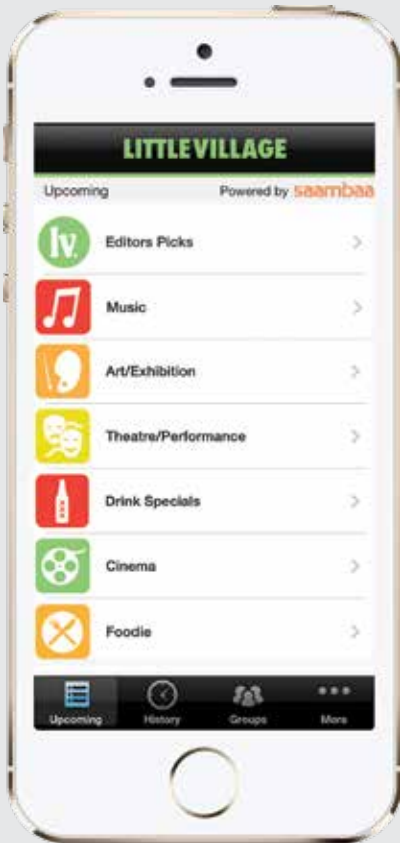
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that acknowledges the differentiation of development agendas around the world. Parties to the UNFCCC pursued a "bottom-up" approach, whereby each country submitted Intended Nationally Determined Contributions, based on their respective capabilities. These statements list what each country is willing to do on climate change. They do not all cover everything that needs to be done. These contributions, if implemented, will not limit global warming to even 2 degrees Celsius, which means there is a lot left to do. However, the Agreement does have a provision for future ratcheting-up of national contributions. Nevertheless, there are some simulators that illustrate how difficult it will be to limit global warming to 1.5 degrees Celsius by nations alone without extra help. It is important to keep in mind, though, that Paris is our starting point. It offers hope when historically we had next to none.

To help explain the signing of the Agreement and what it means for our community, I sent three questions to Tracy Raczek, Senior Advisor, Office of the President of the 70th Session of the U.N. General Assembly. Raczek is formerly of the Climate Change Support Team of the Executive Office of the Secretary-General of the U.N., where she played a crucial role in the U.N. Climate Summit held in September 2014 around the People's Climate March.

How does the Paris Agreement give hope to solving the climate change dilemma?

The Paris Agreement reflects, for the first time, a collective responsibility to keep global warming significantly below 2 degrees Celsius (3.6 degrees Fahrenheit), and outlines a path for governments to cooperate going forward, including further ratcheting up of ambition to reduce greenhouse emissions in years ahead.

What does the signing of the Agreement signify to folks here in Iowa? Reaching this global goal will require recalibration of existing economic, energy and industrial practices. Community involvement is required for this transformation to bring optimal social and economic opportunity.

What can the Iowa City community do to take action on climate change or support global collective action on climate change? Each person, each community has a deep relationship with the global climate. This

does not require every person to be a climate expert or activist. However, everyone can contribute to solutions on a daily basis, and, collectively, they make a significant difference—decisions in personal lives, boardrooms, investment and the halls of government—from local to national leadership.

* * *

This is where Iowa meets the international dialogue on climate change; we can do more and we are not alone. Until the Agreement, individuals, cities, states, businesses and civil society at large tried to act on preventing global warming, yet I get that there was a sense of helplessness surrounding what one person, one city or one business could do to halt global warming, when so many nations were not acting on their own.

In addition to the Intended Nationally Determined Contributions, in Paris it was agreed that an Action Agenda of non-national contributions to solving climate change would be recognized. The Non-State Actor Zone for Climate Action (NAZCA) showcases what is being done around the world by cities, businesses and communities. What Iowa can do is link arms with others around the world to not only do something about climate change, but also send the right signals to policymakers that we can do more, that we want transformational change—that we will not sit idle while waiting for nature to collide with us. We will be smarter—if not for us, then for the generations to come all around the world.

Here in Iowa City, we now have a platform to make that voice heard. I am happy to see that Iowa City recently joined the Compact of Mayors, which is also showcased on NAZCA. The next article in this series will focus on the Action Agenda and what it means for our community. **lv**

Todd J. Edwards, Ph.D., The Stanley Foundation, www.climategroundswell.org

Affiliation is for identification purposes only. Comments and opinions are those of the author and not a reflection or position taken by the foundation. Todd is also a steering committee member of Galvanizing the Groundswell of Climate Actions, and the URL provided is used with permission of the steering committee.



NATASHA
LEGGERO
P. 22

'EVERY DAY IS A PARTY!'

Another Period gets another season, and Natasha Leggero talks honeymoon tours and theatre criticism. • BY RYAN MORROW

Get ready, Iowa City—Natasha Leggero will be performing in the Iowa Memorial Union Main Lounge on Thursday, Apr. 21 at 8 p.m as part of the Floodwater Comedy Festival. Tickets are \$25 in advance and are available on Floodwater's website.

Leggero is an actress and comedian who has appeared in dozens of films and TV programs in recent years. Whether it's *Reno 911*, voice-over work on various animated shows or as a panelist on programs such as *@Midnight* and *Chelsea Lately*, Natasha's comedic voice and vision rings through.

Mostly recently, Leggero has been hard at work on the hilarious television show *Another Period* with Riki Lindhome (Garfunkel of Garfunkel and Oates). The two co-created, co-write and co-star on the series. *Another Period* can currently be streamed on HULU or viewed on Comedy Central.

You live with someone special correct? Tell me about your dog—Mayor Cutie, yes? Oh! Mayor Cutie is a Caesar Chihuahua that we found on the street, and she now has an agent. She is very photogenic, and we try to take her on set whenever we can because she likes the attention.

I kid with that last question, because you really do live with someone special. You recently got married: How is that first six months with Moshe [Kasher] going? Are you enjoying marriage? Honeymoon tour? Every day is a party! Moshe and I are actually going on a Honeymoon Tour, so you can check my website for dates but it's a destination based tour ... The concept is we are only going to the best honeymoon cities in America. So unfortunately Iowa City is not on there.

You are originally from Rockford IL—how has that Midwestern upbringing impacted your comedy? Oh right, because you're in Iowa. Well I'm from the Midwest; that was where I spent the first 16–18 years of my life. Whenever it was legal for me to leave I left, but I did spend time there so that did sort of shape my perspective.

It seems to me that your tone of comedy is more in line with critique, which if I'm not mistaken is actually what you attended school for? My major was in theatre criticism, so I guess I just transferred those skills from critiquing theatre to critiquing society. It really trained me in those critical thinking skills and how to look at things. You know, comics are some

of the most interesting people, because they don't look at the obvious thing. They'll look at things ... that people are afraid of. They'll find funny in something serious or even tragic. Criticism is just being able to view the world in different ways, and to look at the unpopular viewpoint—and if you make the unpopular or not so obvious viewpoint funny, and it's truthful, that's the kind of comedy I like watching. People like Bill Burr or Tig Notaro. But I also like comedians that have a silliness to them too.

Congratulations on *Another Period* getting a second season order.

Will that be 10 episodes again? Yes, we are doing 10 episodes. We just shot them and now we are editing them, and they will begin airing June 15.

What has the experience been like co-creating that with Riki Lindhome? What is it like being part of a duo like that? It's fun! It's really nice to have a partner because someone is always doing



A-LIST: FLOODWATER COMEDY FESTIVAL

NATASHA LEGGERO

IOWA MEMORIAL UNION

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Illustration by Jared Jewell

one thing [while] you do the other thing—and that means someone is always picking up the slack. In addition, everyone has got different talents, so ... you can just do what you are naturally best at, and they in

collaborative. Jeremy [Konner] will do his director's cut and then Riki and I will do a cut and then Red Hour gives us notes and Comedy Central gives notes. Also, having good producers is essential because they'll also talk to the network on your behalf, and help you fight for your vision. So yeah, it's all very collaborative.

The show is definitely fun to watch. How would describe *Another Period* to someone completely ignorant of it? It is if the Kardashians lived in Downton Abbey. (laughter) Basically, we are these heiresses trying to get famous in 1902, which is really hard because there is no technology. It's just the daily life of this American family living in Newport, Rhode Island with way too much money. We researched it, and at the turn of the century that was an amazing

"If you make the unpopular or not so obvious viewpoint funny, and it's truthful, that's the kind of comedy I like watching."

—Natasha Leggero

turn are doing what they are naturally best at, and then hopefully nothing gets lost in the cross ya know?

That's distributed/produced by Red Hour correct? They've been producing great, entertaining films for some time—and really funny TV in more recent years. When working with a company with experience like that, do you rely on them a lot, or do you just hand them the end product? It's all very

place, and historically people were living like rappers! So we've gone to Newport, and we have all these stories and we've studied it and are frankly inspired by that time in American history.

Hilarious—the idea of trying to go viral at the turn of the century. I know! They didn't even have photographs so you would have to pose for your portrait all day long! **lv**

Ryan Morrow is a dog loving comic book creator that makes his living selling things to people—did you want some things?

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AN EVENING WITH KEB' MO' BAND

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Photo via Keb' Mo' Band

An Evening with Keb' Mo' Band, The Englert Theatre, \$38.50-55, Wed., Apr. 20 at 8 p.m. Renowned Nashville-based blues musician Keb' Mo' comes to the Englert fresh off the Apr. 15 release of a new album, his 15th, a live album—"Keb' Mo' Live - That Hot Pink Blues Album." Keb' Mo' is originally straight outta Compton, but his parents, from Louisiana and Texas, turned him on to the blues, and he never turned back. He has also acted in film and on television, and engaged in political activism. Three of his albums have won Grammys in the Best Contemporary Blues Album category; an additional 5 were nominated in other categories, including Best Children's Album ('Big Wide Grin').

WED., APR. 20

/CRAFTY: The Art of Pencil Drawing Class, Artisan's Sanctuary, \$80, 6 p.m.

/THEATRE-AND-PERFORMANCE: 'Lift Every Voice: The Black Experience in the Heartland,' Herbert Hoover National Historic Site, Free, 7 p.m.

/COMMUNITY: Primary Environmental Issues: Johnson County Supervisors, Iowa City Public Library, Room A, Free, 7 p.m.

/LITERATURE: Mary Rakow, Prairie Lights Books & Cafe, Free, 7 p.m.

/COMEDY: Funniest Person In Iowa, Penguin's Comedy Club, Free, 7:30 p.m.

/MUSIC: Irish Dance Workshop, Old Brick, \$10, 7:30 p.m.
The Way Down Wanderers w/ The Lil' Smokies, Blackberry Bushes, River Music Experience Redstone Room, \$10, 8 p.m.

An Evening With Keb' Mo' Band, The Englert Theatre, \$38.50-55, 8 p.m.

Euforquestra with Aaron Kamm & The One Drops, Gabe's, \$10-15, 8 p.m.

The Tillers w/ Flash In A Pan, The Mill, \$10, 8 p.m.

Mile High Invasion Tour, Iowa City Yacht Club, \$7, 9 p.m.

THU., APR. 21

/FOODIE: Wine, Cheese, & Trees!, Cedar Ridge Distillery, Free, 11 a.m.

/THEATRE-AND-PERFORMANCE: 'Steeple People,' Old Creamery Theatre, \$30, 2 p.m.

ATRIUM: A Gathering for Des Moines Area Artists, Pappajohn Education Center, Free, 5:30 p.m.

Chris Schlichting: 'Stripe Tease,' Legion Arts CSPS Hall, \$16-19, 8 p.m.

/LITERATURE: Art Lover's Book Club, Cedar Rapids Museum Of Art, Free, 4 p.m.

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AREA EVENTS

/LITERATURE: José Orduña, *Prairie Lights Books & Cafe*, Free, 7 p.m.

/ART-AND-EXHIBITION: Nooks and Crannies Tour, *Brucemore*, \$10-15, 5:30 p.m.

Lives of Women In Ancient Rome, *Cedar Rapids Museum Of Art*, Free, 6 p.m.

/SPORTS-N-REC: Little Sluggers, *NewBo City Market*, Free, 5:30 p.m.

/MUSIC: Night of Glow 2.0: TdotA10, Jazzy Prince, Dillon Fuego x Sly Swift, Amru, Peer Pressure, *Iowa City Yacht Club*, \$5, 6 p.m.

Steve and Michaela McLain, *Cafe Paradiso*, Free, 6 p.m.
Grow Rock: UIEC's Earth Month Benefit Concert, *Gabe's*, \$4, 7 p.m.

Iris DeMent with Pieta Brown, *Des Moines Civic Center*, \$27-37, 7:30 p.m.

Lara Hope and The Ark-Tones, *Gabe's*, Free, 10 p.m.

/CRAFTY: Paint By The Glass, *Cedar Ridge Distillery*, \$40, 6 p.m.

/CINEMA: Music is the Word Documentary Screening: 'Throw Down your Heart,' *Iowa City Public Library*, Free, 7 p.m.

/COMEDY: Josh Blue, *First Avenue Club*, \$18, 8 p.m.

Floodwater Presents: Natasha Leggero, *Iowa Memorial Union*, \$25, 8 p.m.

Floodwater Presents: PaperWhiteJanice, *Public Space One*, \$5, 11 p.m.

FRI., APR. 22

/CINEMA: Music is the Word: Digital Music, *Iowa City Public Library*, Free, 10 a.m.

/EDUCATION: Active Learners, *Public Space One*, Free, 3 p.m.

Earth Day Celebration: Meteors & Moonshine, *Indian Creek Nature Center*, \$2-7, 8:30 p.m.

/CRAFTY: Antique Show, *Riverside Casino and Golf Resort*, Free, 4 p.m.

String Feathers, *Home Ec. Workshop*, \$40, 6 p.m.

/LITERATURE: Mastering Editing & Revision: A Writing Workshop with Mary Rakow I, *Iowa Writers' House*, \$265, 6 p.m.

Margaret Ross & Sara Deniz Akant, *Prairie Lights Books & Cafe*, Free, 7 p.m.

/EDUCATION: Backyard Chicken Workshop, *Indian Creek Nature Center*, \$12, 6:30 p.m.

/MUSIC: Korean Art Songs, *Old Capitol Museum*, Free, 6:30 p.m.

Minus Six w/ Jakubi, *River Music Experience Redstone Room*, \$6, 7 p.m.

The Honey Dewdrops, *Cafe Paradiso*, Free, 8 p.m.

Black Lamb Sessions w/ Crystal City, *Summertown, Iowa City Yacht Club*, \$6, 9:30 p.m.

The Reckoning with DJ Splendid, *Gabe's*, \$5-7, 9:30 p.m.

/THEATRE-AND-PERFORMANCE: Young Footlites Presents: 'King Midas & the Miraculous Golden Touch,' *Coralville Center for the Performing Arts*, \$7-12, 7 p.m.

Dreamwell Theatre Presents: 'COCK,' *Public Space One*, \$10-13, 7:30 p.m.

'Rosencrantz And Guildenstern Are Dead,' *Theatre Cedar Rapids*, \$14-22, 7:30 p.m.

'Steeple People,' *Old Creamery Theatre*, \$30, 7:30 p.m.

Chris Schlichting: 'Stripe Tease,' *Legion Arts CSPPS Hall*, \$16-19, 8 p.m.

'Ordinary Days' - A Musical Comedy, *Giving Tree Theater*, \$30, 8 p.m.

/COMEDY: Doug Thompson, *Penguin's Comedy Club*, \$12-15, 7:30 p.m.

Floodwater Presents: Cream of the Crop: Improv Showcase, *Public Space One*, \$5, 11 p.m.

ICPL TECH HELP HOURS

Monday: 10:00 a.m. - 12:00 p.m.

Tuesday: 12:00 p.m. - 4:00 p.m.

Wednesday: 10:00 a.m. - 12:00 p.m.

Senior Tech Zone

Thursday: 10:30 a.m. - 12:30 p.m.

unless otherwise stated
calendar.icpl.org



S. LINN ST.

Floodwater Presents: Q & A with Andrew Steele, *Riverside Theatre*, Free, 4 p.m.

Floodwater & CAB Present: Amy Schumer, *Carver-Hawkeye Arena*, \$25–70, 8 p.m.

Floodwater Presents: 7 Minutes in Heaven, *The Mill*, \$5, 10:30 p.m.

Floodwater Presents: Power Hour, *Iowa City Yacht Club*, Free, 12 a.m.

SAT., APR. 23

/EDUCATION: *Into the Wild Scout Workshop*, *Indian Creek Nature Center*, \$10, 9:30 a.m.

Hands-On Activities: *Edible DNA*, *Family Tree Craft*, *Planting Seeds*, *Museum of Natural History at UI*, Free, 10:30 a.m.

/CRAFTY: *Antique Show*, *Riverside Casino and Golf Resort*, Free, 10 a.m.

Felting: *Egg-Shaped Airplant Dwelling with Wool!*, *Home Ec. Workshop*, \$65, 1 p.m.

Ruffles Galore Earrings, *Beadology Iowa*, \$78, 10 p.m.

/FAMILY: *Family Storytime*, *Old Capitol Museum*, Free, 10:30 a.m.



FLOODWATER PRESENTS: PAPERWHITEJANICE

Public Space One

Thu., Apr. 21, 11 p.m., \$5

Pictured: Paperback Rhino
Photo by Connor Barber

Floodwater Presents: PaperWhiteJanice, *Public Space One*, \$5, Thu., Apr. 21 at 11 p.m. *The Floodwater Comedy Festival* is offering several amazing and creative opportunities this year—among them, this joint show with University of Iowa-based Improv troupes Paperback Rhino, Great White Narcs and Janice. What's even more exciting than the coming together of three local improv stalwarts is the fact that a portion of the show's proceeds are going towards the Flint Water Study, an independent group out of Virginia Tech researching the Flint, MI water crisis.

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FILMMAKER SPOTLIGHT: KAITLYN BUSBEE'S 'THE LEGEND IN MY HEART'

FilmScene, Sun., Apr. 24, 7 p.m.
Still from 'The Legend in my Heart'

Filmmaker Spotlight: Kaitlyn Busbee's 'The Legend in My Heart,' FilmScene, Free, Sun., Apr. 24 at 7 p.m. University of Iowa alum Kaitlyn Busbee will be premiering her film 'The Legend in My Heart' at FilmScene as part of their Filmmaker Spotlight Series. Her earlier film, 'These Hopeless Savages,' earned her recognition as part of Tribeca's 30 Under 30 Film Festival. This new film explores the experiences of artists Stephen Kuusisto, Michelle Pearson, David Gompper and Christopher Merrill (the last two are UI professors) as they visit the Guangzhou English Training Center for the Handicapped (GETCH). The UI's International Writing Program presents the film.

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/FAMILY: Family Weekend Crafts and Games, Old Capitol Museum, Free, 11:15 a.m.

/COMEDY: Doug Thompson, Penguin's Comedy Club, \$12-15, 7:30 p.m.

Floodwater Presents: Youth Improv Workshop, Public Space One, \$12, 11 a.m.

Floodwater Presents: Adult Improv Workshop, Riverside Theatre, \$12, 11 a.m.

Floodwater Presents: How Many Feminists Does It Take to Screw In a Light Bulb?—Megan Gogerty Lecture, Riverside Theatre, Free, 1 p.m.

Floodwater Presents: Class Reunion Sketch Show featuring Group Project, Riverside Theatre, \$5, 7 p.m.

Floodwater Presents: Cup of Jokes, High Ground Cafe, \$5, 7:30 p.m.

Floodwater Presents: Little Gary featuring the Sherbert Boys, Riverside Theatre, \$10, 9:30 p.m.

Floodwater Presents: Midwest's Best Improv Bazaar, Public Space One, \$5, 11 p.m.

Floodwater Presents: Cocaine Murder Jam, The Mill, \$5, 11 p.m.

Floodwater Presents: Yeah Buddy Awesome Time, The Mill, \$5, 12:15 a.m.

/LITERATURE: Mastering Editing & Revision: A Writing Workshop with Mary Rakow II, Iowa Writers' House, \$265, 9:30 a.m.

Zine Workshop at the IC Press Co-op, Public Space One, 1 p.m.

Connie Mutel Reading, Next Page Books, Free, 3 p.m.

/COMMUNITY: GRASP Autism Support Group, Uptown Bill's, Free, 1 p.m.

/THEATRE-AND-PERFORMANCE: Young Footlites Presents:

'King Midas & the Miraculous Golden Touch,' Coralville Center for the Performing Arts, \$7-12, 2 & 7 p.m.

'Now Let Me Fly,' Old Capitol Museum, Free, 6:30 p.m.

Dreamwell Theatre Presents: 'COCK,' Public Space One, \$10-13, 7:30 p.m.

'Rosencrantz And Guildenstern Are Dead,' Theatre Cedar Rapids, \$14-22, 7:30 p.m.

'Steeple People,' Old Creamery Theatre, \$30, 7:30 p.m.

'Agnes of God,' Iowa City Community Theatre, \$9-17, 7:30 p.m.

Russian Fairytales, Paramount Theatre Cedar Rapids, \$19-49, 7:30 p.m.

Chris Schlichting: 'Stripe Tease,' Legion Arts CSPPS Hall, \$16-19, 8 p.m.

'Ordinary Days' - A Musical Comedy, Giving Tree Theater, \$30, 8 p.m.

/MUSIC: IC Classical Guitar Society, Uptown Bill's, Free, 2 p.m.

Diego Davidenko, Uptown Bill's, Free, 4 p.m.

Beartooth w/ Stray From The Path, My Ticket Home, Former, Gabe's, \$16-18, 6 p.m.

Ladies Must Swing, Ohnward Fine Arts Center, \$13-25, 7 p.m.

Hot Tang w/ Maiden Mars, Oudenhoven, Iowa City Yacht Club, \$5, 7 p.m.

Uptown Bill's Live: Greg & Susan Dirks, Uptown Bill's, Free, 7 p.m.

Barn Dance, Iowa City Senior Center, Free, 7:30 p.m.

The Agency, Parlor City Pub and Eatery, Free, 8 p.m.

FLOODWATER

COMEDY FESTIVAL 2016



THURSDAY, APRIL 21ST

Natasha Leggero

8 PM • IMU Main Lounge

PaperWhiteJanice

11 PM • Public Space One

Taco Comedy

12:30 AM • Governor's Mansion

FRIDAY, APRIL 22ND

Andrew Steele Q&A

4 PM • Riverside Theatre

Amy Schumer

8 PM • Carver Hawkeye Arena

Cream of the Crop

11 PM • Public Space One

7 Minutes in Heaven

11 PM • The Mill

Power Hour

12:00 AM • The Yacht Club

SATURDAY, APRIL 23RD

Youth Improv Workshop

11 AM • Public Space One

Adult Improv Workshop

11 AM • Riverside Theatre

Megan Gogerty Talkback

1:30 PM • Riverside Theatre

Sketch Screening

4 PM • FilmScene

Class Reunion

7 PM • Riverside Theatre

Cup of Jokes

8 PM • High Ground Cafe

Little Gary Improv

9:30 PM • Riverside Theatre

Cocaine Murder Jam

11 PM • Governor's Mansion

Midwest's Best Improv Show

11 PM • Public Space One

Yeah Buddy Awesome Time

12:15 AM • The Mill

We Still Like You

2 AM • Governor's Mansion

SUNDAY, APRIL 24TH

Sunday Brunch with an Acoustic Set by Liz Moen

2 PM • High Ground Cafe

Why Don't You Cook?

With Brian Biancardi

2 PM • DP Dough

Comedy Writing Showcase

4 PM • IC Brewlab

Jak Knight

7 PM • The Mill

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/MUSIC: Boombbox: Bits & Pieces Tour, Blue Moose Tap House, \$15-17, 9 p.m.

Chicago Farmer w/ Frank F. Sidney's Western Bandit Volunteers, River Music Experience Redstone Room, \$8-10, 9 p.m.

Back To The 90's w/ DJ Freeze, Gabe's, \$5, 10 p.m.

/CINEMA: Floodwater Presents: Video Sketch Screening, FilmScene, Free, 4 p.m.

/ART-AND-EXHIBITION: Bohemian Cabaret: Opening Evening for 'Bohemian Boudoir,' National Czech & Slovak Museum & Library, \$25, 9 p.m.

SUN., APR. 24

/LITERATURE: Mastering Editing & Revision: A Writing Workshop with Mary Rakow III, Iowa Writers' House, \$265, 9:30 a.m.

Lyell Henry, Prairie Lights Books & Cafe, Free, 4 p.m.

/CRAFTY: Antique Show, Riverside Casino and Golf Resort, Free, 10 a.m.

Sewing: The Baseball Skirt, Home Ec. Workshop, \$45, 12 p.m.

/THEATRE-AND-PERFORMANCE: 'Now Let Me Fly,' Old Capitol Museum, Free, 12 p.m.

'Steeple People,' Old Creamery Theatre, \$30, 2 p.m.

'Ordinary Days' - A Musical Comedy, Giving Tree Theater, \$30, 2 p.m.

'Agnes of God,' Iowa City Community Theatre, \$9-17, 2 p.m.

'Russian Fairytales,' Paramount Theatre Cedar Rapids, \$19-49, 2:30 p.m.

/COMMUNITY: Community Worktime, Public Space One, Free, 1 p.m.

/MUSIC: Floodwater Presents: Sunday Brunch with Liz Moen, High Ground Cafe, Free, 10:30 a.m.

Ellis Paul Family Show, Legion Arts CSPA Hall, \$5-25, 2 p.m.

Piano Concert with Jonathan Tauchek and Alexandra Sapan Old Capitol Museum, Free, 2:30 p.m.

Flash In A Pan, Parlor City Pub and Eatery, Free, 4 p.m.

An Evening With Ellis Paul, Legion Arts CSPA Hall, \$16, 7 p.m.

Fling w/ Alien Girls, Gabe's, Free, 9 p.m.

/FAMILY: Super Hero Night, Iowa Children's Museum, Free, 6 p.m.

/COMEDY: Floodwater Presents: F*ck It with Jak Knight, The Mill, \$10, 7:30 p.m.

Floodwater Presents: Why Don't You Cook? with Brian Biancardi, DP Dough, \$5, 2 p.m.

Floodwater Presents: Comedy Writing Showcase, Iowa City Brewlab, Free, 4 p.m.

/CINEMA: Filmmaker Spotlight: Kaitlyn Busbee's 'The Legend in My Heart,' FilmScene, Free, 7 p.m.

Great White Narcs, Public Space One, Free, 8:30 p.m.

MON., APR. 25

/EDUCATION: Working with DNA Results Workshop, Iowa City Public Library, Free, 12 p.m.

Estate Planning and Charitable Giving, Iowa City Senior Center, Free, 2 p.m.

/CRAFTY: String Initials, Home Ec. Workshop, \$40, 6 p.m.

/MUSIC: Tuba Euphonium Studio Recital, University Capitol Centre Recital Hall, Free, 6 p.m.

Dear Lucid w/ Soul Phlegm, Gabe's, Free, 9 p.m.

/CINEMA: Creativity and the Capitalist City Screening, Public Space One, Free, 7 p.m.

/LITERATURE: Michelle Hoover, Prairie Lights Books & Cafe, Free, 7 p.m.

/ART-AND-EXHIBITION: The Development of a New Craft: Colorful Wood Carvings from Oaxaca, Mexico, Iowa City Public Library, Free, 7 p.m.

TUE., APR. 26

/ART-AND-EXHIBITION: Meet the Masters - Leonardo da Vinci, Marion Public Library, Free, 10:45 a.m.

Art for Access, Public Space One, Free, 5 p.m.

/EDUCATION: Community Bookmakers Project, Public Space One, Free, 2 p.m.

Library-Community Writing Center, Iowa City Public Library, Free, 4 p.m.

/MUSIC: Acoustic Music Club, River Music Experience Community Stage, Free 4:30 p.m.

Live TV Broadcast: Tom's Guitar Show, Uptown Bill's, Free, 6 p.m.

Fascinating Rhythms of the World with Alex Meixner Band, Washington Community Theater, Free-\$15, 7:30 p.m.

Caveman w/ Sires, Jeff Roalson, The Mill, \$12, 8 p.m.

St. Lucia, Iowa Memorial Union, \$20-25, 8 p.m.

Greener Grounds w/ Natalie Tate, Gabe's, Free, 9 p.m.

/FOODIE: Italian Salmon Dinner, New Pioneer Food Co-op Coralville, \$30, 6 p.m.

Beat Cancer Fundraiser, Cedar Ridge Distillery, \$46, 7 p.m.

/CRAFTY: Knitting: Knit 101, Home Ec. Workshop, \$30, 6 p.m.

/LITERATURE: Iowa Writers' House Presents: The Violet Realm, Iowa City Public Library, Free, 6 p.m.

Simran Sethi, Prairie Lights Books & Cafe, Free, 7 p.m.

WED., APR. 27

/THEATRE-AND-PERFORMANCE: 'Steeple People,' Old Creamery Theatre, \$30, 2 p.m.

/EDUCATION: Strauss's Elektra: Opera Studies lecture for the Met Live in HD, University of Iowa Obermann Center, Free, 5:30 p.m.

/ART-AND-EXHIBITION: The Art of Pencil Drawing Class, Artisan's Sanctuary, \$80, 6 p.m.

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AREA EVENTS

/LITERATURE: Kim Brooks, *Prairie Lights Books & Cafe*, Free, 7 p.m. *Talk Art*, *The Mill*, Free, 10:30 p.m.

/COMEDY: Funniest Person In Iowa, *Penguin's Comedy Club*, Free, 7:30 p.m.

/MUSIC: Woods w/ *Ultimate Painting*, *Gabe's*, \$12-14, 9 p.m.

Jimkata, *Iowa City Yacht Club*, \$10, 9 p.m.

/CINEMA: Late Shift At The Grindhouse: 'Cabin Fever,' *FilmScene*, \$4, 10 p.m.

THU., APR. 28

/THEATRE-AND-PERFORMANCE: 'Steeple People,' *Old Creamery Theatre*, \$30, 2 p.m.

/COMEDY: The Improvised Shakespeare Company, *Des Moines Civic Center*, \$20-34, 7:30 p.m.

/CRAFTY: Sew Good! Sew Fun!, *Public Space One*, Free, 5:30 p.m.

/SPORTS-N-REC: Spring Landscape Hike, *Brucemore*, \$10-15, 5:30 p.m.

/MUSIC: Apocalypso Tantric Noise Choir, *Cafe Paradiso*, Free, 6 p.m.

Battle Of The Bands, *Cedar Ridge Distillery*, \$25, 6 p.m.

UI Jazz Performances combo: *Area 51 and Jazz Workshop*, *The Mill*, \$3-5, 6:30 p.m.

Nxbel Price Presents: House of Bass, *Gabe's*, Free, 10 p.m.

Von Stomper w/ In The Attic, *Iowa City Yacht Club*, \$6, 10 p.m.

/EDUCATION: Walking Tour of Grant Wood's Neighborhood with The History Center's Mark Stoffer Hunter, *Cedar Rapids Museum Of Art*, \$10-15, 6 p.m.

/CINEMA: Movies Under the Dome: The Motherhood Manifesto, *Old Capitol Museum*, Free, 6:30 p.m.

/LITERATURE: Benjamin Hale, *Prairie Lights Books & Cafe*, 7 p.m. Free

FRI., APR. 29

/EDUCATION: Watershed: A Symposium on Dance, Science, Activism, and Future of Water in Iowa, *Iowa Memorial Union*, Free, 10 a.m.

Active Learners, *Public Space One*, Free, 3 p.m.

/ART-AND-EXHIBITION: Meet the Masters - Joan Miro, *Hiawatha Public Library*, Free, 10:30 a.m.

/MUSIC: CaribFunk, *Downtown Iowa City*, Free, 4 p.m.
Eastern Iowa Brass Band, *Ohnward Fine Arts Center*, \$45, 7:30 p.m.

Rachel Ries, *Cafe Paradiso*, Free, 8 p.m.

Loudon Wainwright III, *Legion Arts CSPA Hall*, \$30-35, 8 p.m.

Terry McCauley, *Parlor City Pub and Eatery*, Free, 8 p.m.

Family Groove Company w/ The Low Down, *River Music Experience Redstone Room*, \$10-12, 9 p.m.

Death Valley Welcome Center w/ Weird Flowers, *Iowa City Yacht Club*, \$5, 10 p.m.

/FAMILY: STEM Family Free Night, *Iowa Children's Museum*, Free, 5 p.m.

/CINEMA: Czech That Film: 'Home Care,' *FilmScene*, Free, 6:30 p.m.

/LITERATURE: Spanish Creative Writing MFA Program Reading, *Prairie Lights Books & Cafe*, Free, 7 p.m.

/THEATRE-AND-PERFORMANCE: Opening Reception for the Iowa Dance Festival, *Park 201 Penthouse Suites*, \$30, 7 p.m.

City Circle Presents: '1776', *Coralville Center for the Performing Arts*, \$12-27, 7:30 p.m.

Dreamwell Theatre Presents: 'COCK', *Public Space One*, \$10-13, 7:30 p.m.

'The Evolution of Bruno Littlemore', *The Englert Theatre*, \$10-25, 7:30 p.m.

'Steeple People', *Old Creamery Theatre*, \$30, 7:30 p.m.

'Agnes of God', *Iowa City Community Theatre*, \$9-17, 7:30 p.m.

/COMEDY: Studio Improv Series: Spring Improv Team, *Theatre Cedar Rapids*, \$16, 7:30 p.m.

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The Improvised Shakespeare Company, *Des Moines Civic Center*, \$20-34, 7:30 p.m.

John Bush, *Penguin's Comedy Club*, \$20, 7:30 p.m.

Janice, *Public Space One*, Free, 9:30 p.m.

SAT., APR. 30

/COMMUNITY: **Women in Nature**, *Indian Creek Nature Center*, \$50-60, 8 a.m.

Great Strides Walk, *City Park*, Free, 10 a.m.

/FOODIE: **The Agape Café Breakfast Feast & Fundraiser**, *The Agape Café*, \$20, 8 a.m.

/CRAFTY: **Spring Fiber Art Show and Sale**, *The Amana Arts Guild*, Free, 9 a.m.

/EDUCATION: **Modern Dance Master Class**, *Halsey Hall*, \$10, 10 a.m.

/CINEMA: **Iowa ScreenDance Festival**, *FilmScene*, \$8, 12 p.m.

Czech That Film: 'The Little Man,' *FilmScene*, \$5-7.50, 3 p.m.

Czech That Film: 'The Way Out,' *FilmScene*, \$5-7.50, 5 p.m.

/THEATRE-AND-PERFORMANCE: **'Russian Fairytales,'** *Adler Theatre*, \$19-49, 1:30 p.m.

Dreamwell Theatre Presents: 'COCK,' *Public Space One*, \$10-13, 7:30 p.m.

BRINTON EXTRAVAGANZA

Washington State Theatre

Sun., May 1, 2 p.m.

Mon., May 2, 6 p.m. \$5-15

Photo courtesy of Andrew Sherburne



Brinton Extravaganza, Washington State Theatre, \$5-15, Sun., May 1 at 2 p.m. and Mon., May 2 at 6:30 p.m.

Hosted by historian Mike Zahs, this two hour variety show has as its centerpiece the screening of fully restored color films from the W. Frank Brinton collection, which will be seen by the public for the first time in a century. University of Iowa Libraries and the Library of Congress collaborated in bringing these hand-colored masterpieces back to their original glory. Brinton himself often presented movies in this same theatre, now possibly the oldest operating movie house in the world.



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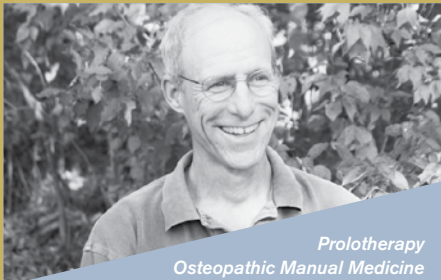
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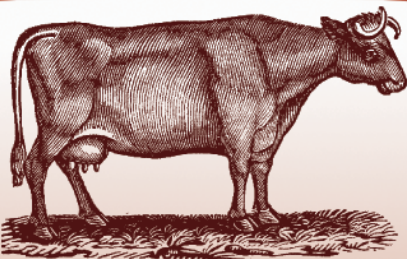
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AREA EVENTS

/THEATRE-AND-PERFORMANCE: 'Agnes of God,' Iowa City Community Theatre, \$9-17, 7:30 p.m.

'Russian Fairytales,' Adler Theatre, \$19-49, 7:30 p.m.

'Sweeney Todd,' Augustana College Potter Theatre, \$10-14, 7:30 p.m.

'The Evolution of Bruno Littlemore,' The Englert Theatre, \$10-25, 7:30 p.m.

'Steeple People,' Old Creamery Theatre, \$30, 7:30 p.m.

City Circle Presents: '1776,' Coralville Center for the Performing Arts, \$12-27, 7:30 p.m.

/SPORTS-N-REC: 2016 RivALZ - Female Flag Football Fundraiser, University of Iowa Recreation Fields, \$10, 1:30 p.m.

Monster Jam, iWireless Center, \$23-48, 7 p.m.

/MUSIC: Jazz Dance Master Class, Robert A. Lee Rec Center, \$10, 2 p.m.

LOLO with William Wild, Field Report, Canyon Spells, Yoko and the Oh No's, Land of Blood and Sunshine, Codfish Hollow Barn, \$20-30, 5 p.m.

Bella Sala Brew Grass Festival, Bella Sala, \$25, 5 p.m. Uptown Bill's Live: The Fritters, Uptown Bill's, Free, 7 p.m.

David G. Smith & Julie Christensen Co-Album Release and Alzheimer's Benefit, River Music Experience Redstone Room, \$10, 7:30 p.m.

Mark Bernat & Friends: The Lysander Piano Trio, Old Capitol Museum, Free, 7:30 p.m.

Sutton Foster with the Des Moines Symphony, Des Moines Civic Center, \$35-133, 7:30 p.m.

The Fez, The Mill, \$15, 8 p.m.

Red Cedar Chamber Music: Music and Magic Lanterns, Legion Arts CSPPS Hall, \$5-18, 8 p.m.

Mississippi Band, Parlor City Pub and Eatery, Free, 8 p.m. ELV8D Presents: Dirt Monkey with Ruxell, Kill OG, Pandemic, Amru, Blue Moose Tap House, \$10-15, 8:30 p.m.

Rhythm Dragons w/ All Dogs Invited, Superfun Yeah Yeah Rocketship, Def-Kittie Blindogg, Iowa City Yacht Club, \$8, 8:30 p.m.

PROF w/ Mike Mictian, Fundo, Mac Irv, Johndope, DJ Johnny Sixx, Gabe's, \$15, 10 p.m.

/COMEDY: John Bush, Penguin's Comedy Club, 7:30 p.m. \$20

Studio Improv Series: Spring Improv Team, Theatre Cedar Rapids, \$16, 7:30 p.m.

Studio Improv Series: Joyride, Theatre Cedar Rapids, \$16, 10 p.m.

The Improvised Shakespeare Company, Des Moines Civic Center, \$20-34, 5 & 8 p.m.

SUN., MAY 1

/CINEMA: Czech That Film: 'The Fabulous World of Jules Verne,' FilmScene, \$5-7.50, 1 p.m.

Czech That Film: '50 (Padesátka),' FilmScene, \$5-7.50, 3 p.m.



THE CENTER FOR AFROFUTURIST STUDIES PRESENTS

ARTIST TALK MAY 3

GALLERY OPENING MAY 6

TIONA MCCLODDEN

6PM AT PUBLIC SPACE ONE

THIS MODERN WORLD

by TOM TOMORROW



OPEN CALL!

Have an audition or submission deadline coming up? Email details to arts@littlevillagemag.com.

THEATRE:

Theatre Cedar Rapids: Auditions for 'American Idiot' will be Mon., May 23 and Tue., May 24 at 7 p.m. each night. Leslie Charipar directs, with musical direction by Janelle Lauer and choreography by Aaron Canterbury. For more details, visit <http://www.theatrecrec.org>.

Nolte Academy: Director Chad Larabee is holding auditions for Nolte's production of 'Rock of Ages' Fri., May 13, 7-10 p.m. and Sat. May 14, 10 a.m.-5 p.m. Schedule an audition by emailing AuditionsROA@gmail.com with a preferred time. Callbacks are Sun., May 15. Auditions will take place at the Nolte Academy studio, 1619 2nd St., Coralville.

VISUAL ART:

Reinbeck Art Festival: This juried art show, celebrating its fifth year this September, is seeking visual artists working in any medium to display and sell their work. The application can be downloaded at <https://reinbeckartfestival.wordpress.com>. Deadline is May 2.

AREA EVENTS

Brinton Extravaganza, Washington State Theatre, \$5-15, 2 p.m.

/COMMUNITY: Community Worktime, Public Space One, Free, 1 p.m.

/THEATRE-AND-PERFORMANCE: Dreamwell Theatre Presents: 'Agnes of God,' Iowa City Community Theatre, \$9-17, 2 p.m.

'Steeple People,' Old Creamery Theatre, \$30, 2 p.m.

City Circle Presents: '1776,' Coralville Center for the Performing Arts, \$12-27, 2 p.m.

'The Evolution of Bruno Littlemore,' The Englert Theatre, \$10-25, 7:30 p.m.

/CRAFTY: Painting Class with Renee Reedich, Lion Bridge Brewing Company, \$30, 2 p.m.

/COMEDY: Studio Improv Series: Spring Improv Team, Theatre Cedar Rapids, \$16, 2:30 p.m.

Red Green, Adler Theatre, \$52.50, 7 p.m.

/SPORTS-N-REC: Monster Jam, iWireless Center, \$23-48, 7 p.m.

/MUSIC: A Celebration For The Next Generation featuring Liv Carrow, Kristo, Taylor Yocom, Tiona McClodden, Public Space ONE, Free, 5 p.m.

Stone Cupid ft. Julie Christensen w/ Dave Moore, The Mill, \$8, 7 p.m.

Matt Andersen & the Bona Fide w/ Lee Harvey Osmond, Legion Arts CSPA Hall, \$15-18, 7 p.m.

MON., MAY 2

/EDUCATION: Hawkeye Lunch and Learn: Continuing a Tradition of Civil Rights in Iowa, Iowa Memorial Union, Free, 12 p.m.

Soak It Up: Plan Your Personal Rain Garden - Session III, Indian Creek Nature Center, \$40, 6 p.m.

/CINEMA: Brinton Extravaganza, Washington State Theatre, \$5-15, 6:30 p.m.

TUE., MAY 3

/MUSIC: Iowa City New Horizons Band Ensemble Concert, Iowa City Senior Center, Free, 2:30 p.m.

Tall Heights, Legion Arts CSPA Hall, \$15-18, 7 p.m.

Home Free, The Englert Theatre, \$32-102, 8 p.m.

/EDUCATION: Self Defense, Iowa City Senior Center, Free, 3 p.m.

/CRAFTY: Sewing: Iris Shorts Pt. 1, Home Ec. Workshop, \$60, 5:30 p.m.

Embroidery: Kiriki Press Kits Pt. 2, Home Ec. Workshop, \$40, 7 p.m.

/ART-AND-EXHIBITION: Center for AfroFuturist Studies: Tiona McClodden Artist Talk, Public Space ONE, Free, 6 p.m.



MONDAYS

Open Mic, *The Mill*, Free, 8 p.m. Honeycombs of Comedy, *Yacht Club*, \$3, 10 p.m.

TUESDAYS

Tuesday Evening Jazz, *Motley Cow Cafe*, Free, 5:30 p.m. Tom's Guitar Show, *Uptown Bill's*, Free, 6 p.m. (last Tuesday) Karaoke Tuesdays, *The Mill*, Free, 10 p.m. Blues Jam, *Parlor City Pub and Eatery*, Free, 7 p.m. Underground Open Mic, *The Yacht Club*, Free, 8 p.m. Weekly Old-Timey Jam Session, *Trumpet Blossom Cafe*, Free, 8:30 p.m. Comedy & Open Mic Night, *Studio 13*, Free, 9 p.m.

WEDNESDAYS

Music is the Word: Music on Wednesdays, *Iowa City Public Library*, Free, 12 p.m. Low Cost Yoga, *Public Space One*, \$2, 5 p.m. Honest Open Mic, *Lincoln Wine Bar*, 6 p.m. Burlington Street Bluegrass Band, *The Mill*, \$5, 6 p.m. (2nd & 4th Wednesdays) Open Mic Night, *Penguins Comedy Club*, Free, 6:30 p.m. Spoken Word, *Uptown Bill's*, Free, 7 p.m. (1st Wednesday) Karaoke Wednesdays, *Mondo's Saloon*, Free, 10 p.m. Open Stage, *Studio 13*, 10 p.m. Open Jam and Mug Night, *Yacht Club*, Free, 10 p.m. Late Shift at the Grindhouse, *FilmScene*, \$4, 10 p.m. Talk Art, *The Mill*, Free, 10:30 p.m. (2nd & 4th Wednesdays)

THURSDAYS

I.C. Press Co-op open shop, *Public Space One*, Free, 4 p.m. Novel Conversations, *Coralville Public Library*, Free, 7 p.m. (3rd Thursday) Thursday Night Live Open Mic, *Uptown Bill's*, Free, 7 p.m. Live Jazz, *Clinton Street Social Club*, Free, 8 p.m. Karaoke Thursday, *Studio 13*, Free, 8 p.m. New Tribe, *The Bar'ber Shop Tavern*, Free, 8 p.m. Gemini Karaoke, *Blue Moose*, Free, 9 p.m.

FRIDAYS

Music is the Word: Music on Fridays, *Iowa City Public Library*, Free, 12 p.m. Friday Night Out, *Ceramics Center*, 6:30 p.m. FAC Dance Party, *The Union Bar*, 7 p.m. Sasha Belle presents: Friday Drag & Dance Party, *Studio 13*, 8 p.m. SoulShake, *Gabe's*, Free, 10 p.m.

SATURDAYS

I.C. Press Co-op open shop, *Public Space One*, Free, 12 p.m. Saturday Night Music, *Uptown Bill's*, Free, 7 p.m. Elation Dance Party, *Studio 13*, 9 p.m.

SUNDAYS

Live Music, *Sutliff Cider Company*, 3 p.m. Drag U, *Studio 13*, 8 p.m. Pub Quiz, *The Mill*, \$1, 9 p.m.

/THEATRE-AND-PERFORMANCE: Chris Schlichting's 'Stripe Tease,' *Legion Arts CSPS Hall*, \$16-19, (Apr. 21-23), 'Rosencrantz And Guildenstern Are Dead,' *Theatre Cedar Rapids*, \$14-22, (through Apr. 23), 'Ordinary Days,' *Giving Tree Theater*, \$16-26, (through Apr. 24), 'Steeple People,' *Old Creamery Theatre*, \$30, (Apr. 21-May 22), 'COCK,' *Public Space One*, \$10-13, (Apr. 22-30), 'Agnes of God,' *Iowa City Community Theatre*, \$9-17, (Apr. 23-May 1), 'The Evolution of Bruno Littlemore,' *The Englert Theatre*, \$10-25, (Apr. 29-May 1), 'Sweeney Todd,' *Augustana College Potter Theatre*, \$10-14, (Apr. 29-May 8), '1776,' *Coralville Center for the Performing Arts*, \$12-27, (Apr. 29-May 8)

/ART-AND-EXHIBITION: Mikel Rouse, *Legion Arts CSPS Hall*, (Apr. 7-May 29), Jen P. Harris: 'Ghost Prairie,' *Legion Arts CSPS Hall*, (Apr. 7-Jul. 3), Tori Lawrence: 'Man and Woman with Plants,' *Legion Arts CSPS Hall*, (Apr. 7-Jul. 3), Katy Collier: 'Sampler,' *Legion Arts CSPS Hall*, (Apr. 8-Jul. 3), Joanne Ribble: Artist and Advocate, *Cedar Rapids Museum Of Art*, (through Apr. 30), Grant Wood and Marvin Cone: Barns, Farms, and America's Heartland, *Cedar Rapids Museum Of Art*, (through May 15), The Center for AfroFuturist Studies: Tiona McClodden residency, *Public Space One*, (May 1-7)

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How Functional Medicine Ended my Fatigue

Are you tired, in an unbelievable, exhausted to your bones kind of way? Week after week haunted by the fact that though you want to get up off of the couch to participate in your life and simply can not move.

Personally, I have been this tired, maybe, even more so. I would sleep for 15 hours only to wake up as exhausted as I was the moment I laid down.

After losing my second job, and at the urging of my mother I went in search of answers to my exhaustion. Peering into the Internet I certainly found some answers. Ranging from lupus and hypothyroidism, to early onset menopause or cancer.

As my countless symptoms continued to grow, traditional medicine continued to give me, what I now understand are the all too common replies: “No, your labs are fine, it’s in your head,” “You may have early

onset menopause, nothing we can do,” “You are depressed, have some Effexor, Lexapro, Prozac,” “There is nothing wrong with you. Go exercise, you’ll feel better then.”

The aching muscles, constipation, migraines, twitching legs at night, fatigue, hot/cold extremes, dry skin, puffy face, hoarseness, pain, stiffness, irregular cycles, and hair falling out in clumps were all worsening by the day. I had gained another 15 (unexplainable) pounds. And as my weight become more worrisome, so did my mental health, the tiresome thoughts of being worthless, unattractive, lazy.

I ate “healthy,” took my vitamins, I did yoga - none of it helped.

When I read the list of symptoms for hypothyroidism I felt as though I was reading my own health history written in a neat little check list. I finally found a doctor sympathetic to my pleas and, again, tried the traditional route. I was relieved to have an answer. I got better. A little

better, that was in 2007. I had suffered for over a decade by this time and was about 10% better after a year of treatment.

Then, in 2008, I met Dr. Jason Bradley who had been researching and practicing Functional Medicine the entire time I had been suffering. In passing, he mentioned that maybe it could be more than my thyroid. That the body works as a whole. The question wasn't necessarily what doesn't work but why. His mantra was "Replete Deficiencies, Remove Excesses and Restore Balance to the system."

As my countless symptoms continued to grow, traditional medicine continued to give me the all too common replies.

What if my body was simply lacking in the tools to make my thyroid function optimally?

After proper blood work and investigating a little deeper Dr. Bradley discovered that my body lacked basic building block necessary for health: Vitamin D, Magnesium, Iodine, B Vitamins, Essential Fatty Acids. Additionally, my body had too much sugar and too much caffeine trying to fuel my broken down machine.

We, as a team, began to rebuild my body and now eight years later I am proud to say I have improved by 90%. I can get off the couch, make it to the next meeting, next date night, next baseball game, and be joyful, grateful, excited for life!

I share this with you because I firmly believe that just like me – Dr. Bradley and Functional Medicine can help you as well.

If you have been suffering, struggling, are feeling lost in your unexplainable (or even explainable) symptoms I urge you to call Dr. Jason Bradley's office at 319.466.0026 or email info@epicfmc.com to register for his upcoming lecture A Functional Medicine Approach to Thyroid Health. Join me on April 27th at 5:30 pm to explore the possibilities Functional Medicine has for you.

And as Dr. Bradley always says, Be Well – and have an EPIC day! ■



EPIC staff: Rachel Adler, Alta Medea, Dr. Jason Bradley, Aliya Holbrook, Pete Peters



TORCH PASSED TO A NEW BODY-MODIFICATION EXEMPLAR

Eva Tiamat Medusa, 55, of the Phoenix area, has almost completed her journey (she calls it “transspecieism”) to become a “mythical beast”—like a dragon video-game character—through purposeful facial scarring, surgical implants and even removal of both ears. “Tiamat” was born Richard Hernandez before becoming female and now sports such features as reptilian-style skin “scales,” green-colored “whites” of the eyes, “horns” on her forehead and, of course, breasts. (However, she is perhaps so far satisfied with one part, as she is still a “pre-op” transsexual.)

GOVERNMENT IN ACTION

- The Pentagon admitted recently that it has no way to know how many parts or devices are in its equipment inventory—except by going through its estimated 30 million contracts (on the text-unsearchable electronic database) one by one. For a recent Freedom of Information request from a software developer (for the Pentagon’s number of “HotPlug” power-extendors for computers), it quoted a retrieval price of \$660 million to cover 15 million hours of work.
- Wait, What? (1) The most recent problem with the Defense Department’s prospective, ultra-modern F-35 fighter jet, revealed in March, is that its “radar control” sometimes malfunctions and that system updates will not be ready until 2020. In the interim, an Air Force official advised that, as a work-around, the radar could be turned off and then back on again (similar to restarting a glitchy computer). (2) Michael Ford, 36, a U.S. Embassy staff member in London, was sentenced in March to 57 months in prison for having run a “sextortion” email scheme preying on young girls—from his heavily monitored embassy computer workstation, operating undetected for two years. (One workday last April, for example, he sent 800 emails from his desk “phishing” for gullible social media users.)

POLICE REPORT

Ms. Charli Jones Parker, a teacher and girls’ basketball coach at the Pickens Academy (Pickens County, Alabama) was arrested on Mar. 28 and charged with having sex with an underage male student. Her husband, James Parker, a math teacher and coach at Pickens, was arrested two days later and charged with having sex with an underage female former student. The district attorney said the

incidents were unrelated and resulted from separate investigations.

LEADING ECONOMIC INDICATORS

- Inequality on Parade: (1) The city council in Palo Alto, Calif., trying to retain some of its Silicon Valley non-millionaires, proposed a subsidy plan in March to help with steep housing costs. In a town where tiny homes sell for \$2 million (and are immediately knocked down and rebuilt), subsidies will be available even to families earning \$250,000 a year. (2) In February, a family court in England reduced the child-support payments from hedge fund financier Christopher Rokos to the mother of his 7-year-old son from the equivalent of about \$17,000 a month to about \$11,300—though that amount includes more than \$1,200 a month for “wine” (perhaps, in case the kid is a handful).
- The giant HSBC Bank, which was let off the hook in 2012 for its money-laundering by paying a \$1.9 billion settlement and promising to vigilantly guard against future money laundering, was revealed in March to be regressing. HSBC’s monitor said that the bank somehow failed to stop transactions by a company whose professed business included exporting miniskirts to Iran (which would be against international sanctions but also not exactly smart business). In another incident, a 19-year-old Mexican man in the drug-cartel-intensive Sinaloa state was allowed to open a private-wealth account with just a bagful of cash, claiming to be a “shrimp farmer.”

LATEST RELIGIOUS MESSAGES

In March, Kingdom Church, in the south London district of Camberwell, was fined the equivalent of about \$10,900 by the Southwark Council for its amplified music and incessant “loud preaching,” ritually performed “almost daily” at around 3 a.m. A spokesperson told the London *Evening Standard* that the timing was necessary because that is when evil spirits are most likely to be present.

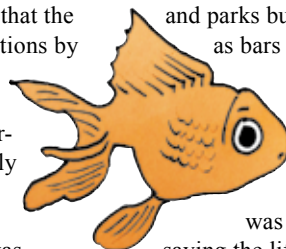
SCIENTIFIC BREAKTHROUGHS

Downloads and Uploads: (1) A new weight-loss device being tested in the U.S. (“AspireAssist”) is billed as a less-expensive alternative to bariatric surgery, with the ability to evacuate up to 30 percent of recently eaten food from the stomach before digestion. A tube, through a port in

the stomach, sucks (“aspirates”) the food. (2) Researchers at HRL Laboratories in California, in a recent journal article, reported that test subjects without airplane-pilot knowledge nonetheless performed flight simulations 33 percent better than a control group after the researchers uploaded electrical signals to certain piloting-helpful areas of their brains.

O CANADA!

Latest Behavior Standards: (1) The town council in Bracebridge, Ontario, approved a new municipal bylaw in March ending existing prohibitions on people engaging in “yelling, shouting, hooting or similar noises.” (Other noise controls, such as on audio devices, or by humans between 11 p.m. and 7 a.m., remain in effect.) (2) Also in March, the city council in Saskatoon, Saskatchewan, was considering a proposed anti-bullying bylaw prohibiting gossip or (according to the *National Post*) “rumormongering, name-calling, taunting, mocking and ostracizing”—not only in the streets and parks but in “public” places such as bars and restaurants.



THE UNDERRATED GOLDFISH

Veterinarian Tristan Rich, in Melbourne, Australia, was credited in March with saving the life of a 9-year-old goldfish (“Bubbles”) by removing its brain tumor. Dr. Rich had to first figure out how to keep Bubbles out of water long enough to operate, but finally rigged a contraption to continually splash water over the gills. This was Dr. Rich’s second heroic goldfish surgery. (Bubbles’ breed was not reported; ordinary goldfish can be purchased for less than \$1.)

LEAST COMPETENT CRIMINALS

Bad enough that Alfonso Mobley Jr., 26, is a “sovereign citizen,” self-proclaimed as exempt from obeying laws or paying taxes, but on Apr. 5 he also lost both hands—when a bomb he was working on exploded in Columbus, Ohio. The bomb was made of the same material as that in the November terrorist attacks in Paris. A 2010 FBI report labeled sovereign citizens a domestic terrorist group, but Mobley’s associate (who was not hurt) told police the bomb was to be simply a diversion for their planned bank or armored-car robbery. ▮

—Chuck Shepherd

musicistheword is the Iowa City Public Library's nine-month musical celebration to welcome the **University of Iowa School of Music** to downtown Iowa City. Join us for free weekly programs focused on all things musical.



april events

- 21** 7:00-9:00pm | Meeting Room A
Movie – Throw Down Your Heart
Béla Fleck, world acclaimed banjo player, journeys to Uganda, Tanzania, Gambia, and Mali. (2008) 97 min.
- 22** 10:00-11:00am | Computer Lab
Class – Digital Music
*Learn about online streaming music. Registration required.**
- 23** 10:30-12:00pm | Meeting Room A
Family Storytime – Día de Los Niños/ Libros Storytime Celebration
Celebrate Latino books, music and culture during this storytime.
- 27** 12:00-1:00pm | Lobby
Music on Wednesdays – Mike Haverkamp
 2:00-3:00pm | Computer Lab
Class – Digital Music
*Learn about online streaming music. Registration required.**
- 29** 12:00-1:00pm | Meeting Room A
Music on Friday – UI School of Music Students

may events

- 4** 7:00-8:00pm | Meeting Room A
Weber Days Event – History of the UI School of Music
Special guest Katie Buehner, Head Librarian, Rita Benson Music Library.

* To register for classes, call 319-356-5200 or visit calendar.icpl.org



icpl.org/mitw

PRO TIPS

WAYNE DIAMANTE

GUIDED BY THE DONALD

With swimsuit season right around the corner, what better way to get in shape than by taking inspiration from a raving maniac?
BY WAYNE DIAMANTE

Howdy there, Pro Tippers! Springtime is here and for many people that means it's time to shed some of that winter weight and buff up for swimsuit season. Sadly, each year dozens of Americans have trouble staying on target with their exercise goals and maintaining unrealistic or unhealthy diets. Friends, I'm not afraid to tell you that I was one of those people. The operative word being "was." This year I'm subscribing to an exciting new regimen called Getting 'Yuge With The Donald. I can eat whatever I want, whenever I want and watch the pounds melt away. Now you skeptics may be saying, "Hold on, Wayne, that sounds too good to be true." To which I reply, "You're a moron. Which side of the wall do you want to be on come November, smart guy? Women love me." GYWTD was developed by Trump Laboratories and synergizes science and the power of imagination with the market share of the Trump brand, resulting in a perfectly balanced, fat-blasting trifecta based on the principles of spray tanning, testosterone supplements and boner pills. GYWTD is potentially almost completely safe for some women, children and light skinned, racially ambiguous minorities. Legally, Trump Labs is required to say that certain side effects—diminished capacity for a linear conception of time, hair loss and sporadic incontinence—have been observed in a small proportion of the human population. Is that proportion nearly 100% of the people who are currently using GYWTD? You tell me, asshole, because look at me. I'm 'YUGE!

Dear Wayne,

I'm always late for my appointments, missing birthdays, holidays, etc. Can you recommend a good calendar app that might be able to help me stay up to date and on time?

Thanks, Boyd

Dear Boyd,

You're going about this the wrong way. You don't need an app to help you manage your schedule—you need to minimize

success comes easy if the timeframe is long enough and the expectations are low enough. Go get 'em, tiger! –W

Dear Wayne,

I need a new "look." My college days are coming to a close and I need to adopt a slightly less tie-dye oriented wardrobe prior to hitting the job market. I still want to throw off a carefree, fun-guy vibe, but I also want clothes that let people know I can be serious and reliable. Any insight you have would be greatly appreciated.

Thanks, Marc

Look at me. I'm 'YUGE!

your agenda clutter. For example, reduce the number of friends, acquaintances and relationships you maintain to a bare minimum, say, a number less than 5. Sign up for email alerts for the critical holidays like Lobsterfest, Shark Week and Menard's 11% Rebate Sales. Keep things breezy—commit only vaguely to things like doctor appointments and staff meetings, and you'll never be late again. Lastly, stay on track with career and lifestyle goals by painting your future with extremely broad strokes;

Dear Marc,

Bad news first: there are no jobs out there.

Good news is you've

got time to develop your new style! It sounds like what you're after falls into a fashion area I like to call Funeral-Casual. It's a little dressy, but not something you can't relax and feel comfortable in. Think English professor blazer (with elbow patches) meets guidance counselor sweater vest (something bright). The coat says you mean business, but the sweater says, "Hey guys, look! My sweater doesn't have any sleeves! I can be fun!" Happy shopping! –W

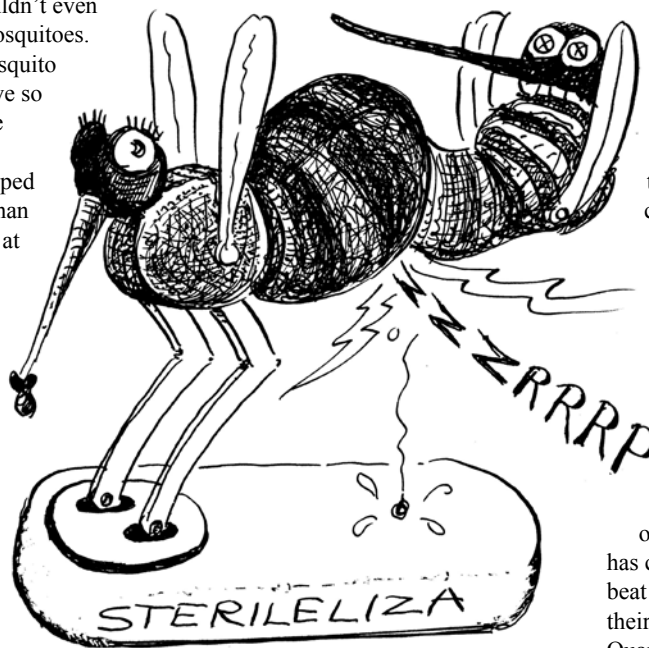
WHAT IF WE ERADICATED MOSQUITOES?

Malaria, dengue, yellow fever, West Nile, chikungunya and now Zika. All transmitted by mosquitoes, resulting in tens of millions of deaths and an untold number of ruined backyard barbecues. What would be the effect on our ecosystem if we could somehow wipe these little pests from the face of the earth? Would we do more harm than good? —Bill, Virginia (the swampy part)

Good news, Bill: We wouldn't even need to get of all the mosquitoes. In fact, of the 3,500 mosquito species that humans have so far identified on earth, only a couple hundred or so give us trouble. And technology-wise, we're better equipped to go to war with mosquitoes now than ever before. In decades past, efforts at eradication might've involved, say, draining a lake or DDT-ing a forest, triggering some massive downstream effects on the ecosystem. These days male mosquitos can be sterilized; we can engineer an "extinction gene" to spread quickly through a mosquito species' gene pool and ensure its death; we can infect species with harmful bacteria. In short, these are heady times in the mosquito-killin' racket.

So there's not much somehow about it—sooner or later, we will be able to get rid of mosquitoes. But, as the existence of Pumpkin Spice Oreos teaches us, just because one *can* do something doesn't mean one should. Let's consider pros and cons.

As you point out, humanity's exposure to deadly viruses would plummet. According to stats compiled by the Gates Foundation, mosquitoes kill about 725,000 people a year, 600,000 from malaria alone; if you're keeping track, you'll find this means mosquitoes kill more people every year than people do. And we're *great* at killing people. Sickness and death aside, sub-Saharan Africa—not exactly a prosperous region to begin with—could, by some estimates, recover about 1.3 percent of the GDP its countries currently spend on malaria-related costs. Malaria's just the star of the show here, of course; plenty of supporting characters, including the ingenue Zika, have the potential to wreak havoc on humanity. There would be some ecological side effects to mosquito extirpation, which



we'll get to in a moment, but most scientists think they wouldn't be particularly severe—that ecosystems would quickly evolve to fill whatever beneficial niche the mosquitoes might currently hold.

Also in the good news column, there's recent precedent for such a campaign: the eradication from North America, and most of Central America, of the New World screw-worm fly, a particularly nasty little insect that infests its vertebrate hosts with its larvae—that is to say, its maggots—and causes physical as well as economic pain, particularly if it gets in your livestock. (Screwworms made a memorable appearance in the media about ten years ago when a 12-year-old girl from Connecticut, upon returning home from a trip to Colombia, was found to have 142 larvae living in her scalp.) Anyway, a 2005 paper estimated that, following a 45-year campaign to get rid of the insect—using the sterilization technique—the U.S. saves about \$800 million

annually, mostly from avoiding livestock damage; Mexico saves \$292 million; etc. As importantly, there don't appear to be any downside effects on ecosystems, either.

Of course, there's a hell of a lot more mosquitoes out there than there were screw-worms. Shifting our view north, for instance, we find that mosquitoes play an important ecological role in the Arctic tundra, where their elimination would probably have the biggest impact. Some estimates have migratory bird populations in the tundra dropping by about half; reindeer migration patterns might change too, with corollary effects on other species. Elsewhere, spiders, lizards, frogs and other insects all rely on mosquitoes as a primary food source. The mosquitofish—named for the larvae that are a staple of its diet—could be in for some tough times.

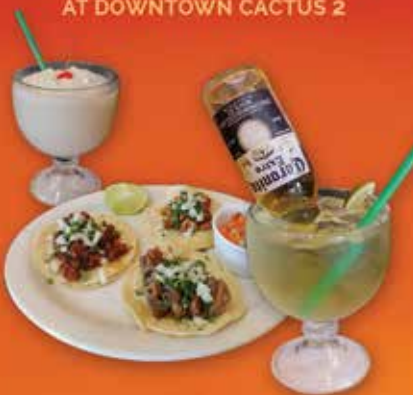
Not everybody's in agreement about these predictions, though, whereas scientists do generally agree that mosquito eradication would engender far more good than harm: As one entomologist pointed out in the journal *Nature*, "The ecological effect of eliminating harmful mosquitoes is that you have more people. That's the consequence." (Great, right? Well, here's where I point out that the nature writer David Quammen has celebrated mosquitoes' unique ability to beat back human encroachment. Through their knack for making people miserable, Quammen suggests, they've undoubtedly helped save some tropical forests from clear-cutting—he calls them "ecological heroes.")

Don't get too excited about our mosquito-free future just yet, though, Bill. Some ecologists suspect the benefits of eliminating disease-carrying mosquitoes would be only temporary: the other species that come to occupy their places in the food chain may well take over their disease-vector duties in the process—conceivably we could wind up dealing with something worse instead. Among those signing onto this more bearish position, I'll note, is the American Mosquito Control Association, founded 80 years ago to promote public health and quality of life through the dissemination of mosquito-whacking knowhow. The pessimistic take on eradication may be proven right, but what else would you expect these guys to say? When mosquitoes are finished, the AMCA is too. **lv**

—Cecil Adams

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for more information
freemedicalclinic.org

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Iowa Medical & Dental Clinic
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TAURUS (April 20-May 20): The ancient Greek geographer Pausanias told a story about how the famous poet Pindar got his start. One summer day, young Pindar decided to walk from his home in Thebes to a city 20 miles away. During his trek, he got tired and lay down to take a nap by the side of the road. As he slept, bees swarmed around him and coated his lips with wax. He didn't wake up until one of the bees stung him. For anyone else, this might have been a bother. But Pindar took it as an omen that he should become a lyric poet, a composer of honeyed verses. And that's exactly what he did in the ensuing years. I foresee you having an experience comparable to Pindar's sometime soon, Taurus. How you interpret it will be crucial.

GEMINI (May 21-June 20): "I measure the strength of a spirit by how much truth it can take," said philosopher Friedrich Nietzsche. Measured by that standard, your strength of spirit has been growing -- and may be poised to reach an all-time high. In my estimation, you now have an unusually expansive capacity to hold surprising, effervescent, catalytic truths. Do you dare invite all these insights and revelations to come pouring toward you? I hope so. I'll be cheering you on, praying for you to be brave enough to ask for as much as you can possibly accommodate.

CANCER (June 21-July 22): Göbekli Tepe was a monumental religious sanctuary built 11,600 years ago in the place we now call Turkey. Modern archaeologists are confounded by the skill and artistry with which its massive stone pillars were arranged and carved. According to conventional wisdom, humans of that era were primitive nomads who hunted animals and foraged for plants. So it's hard to understand how they could have constructed such an impressive structure 7,000 years before the Great Pyramid of Giza. Writing in *National Geographic*, science journalist Charles C. Mann said, "Discovering that hunter-gatherers had constructed Göbekli Tepe was like finding that someone had built a 747 in a basement with an X-Acto knife." In that spirit, Cancerian, I make the following prediction: In the coming months, you can accomplish a marvel that may have seemed beyond your capacity.

LEO (July 23-Aug. 22): In myths and folklore, the ember is a symbol of coiled-up power. The fire within it is controlled. It provides warmth and glow even as its raw force is contained. There are no unruly flames. How much energy is stored within? It's a reservoir of untapped light, a promise of verve and radiance. Now please ruminate further about the ember, Leo. According to my reading of the astrological omens, it's your core motif right now.

VIRGO (Aug. 23-Sept. 22): Uh-oh. Or maybe I should instead say "Hooray!" You are slipping into the Raw Hearty Vivid Untamed Phase of your astrological cycle. The universe is nudging you in the direction of high adventure, sweet intensity, and rigorous stimulation. If you choose to resist the nudges, odds are that you'll have more of an "uh-oh" experience. If you decide to play along, "hooray!" is the likely outcome. To help you get in the proper mood, make the following declaration: "I like to think that my bones are made from oak, my blood from a waterfall, and my heart from wild daisies." (That's a quote from the poet McKenzie Stauffer.)

LIBRA (Sept. 23-Oct. 22): In many cultures, the butterfly is a symbol of transformation and rebirth. In its original state as a caterpillar, it is homely and slow-moving. After its resurrection time in the chrysalis, it becomes a lithe and lovely creature capable of flight. The mythic meaning of the moth is quite different, however. Enchanted by the flame, it's driven so strongly toward the light that it risks burning its wings. So it's a symbol of intense longing that may go too far. In the coming weeks, Libra, your life could turn either way. You may even vacillate between being moth-like and butterfly-like. For

best results, set an intention. What exactly do you want?

SCORPIO (Oct. 23-Nov. 21): "I gladly abandon dreary tasks, rational scruples, reactive undertakings imposed by the world," wrote Scorpio philosopher Roland Barthes. Why did he do this? For the sake of love, he said -- even though he knew it might cause him to act like a lunatic as it freed up tremendous energy. Would you consider pursuing a course like that in the coming weeks, Scorpio? In my astrological opinion, you have earned some time off from the grind. You need a break from the numbing procession of the usual daily rhythms. Is there any captivating person, animal, adventure, or idea that might so thoroughly incite your imagination that you'd be open to acting like a lunatic lover with boundless vigor?

SAGITTARIUS (Nov. 22-Dec. 21): "Difficulties illuminate existence," says novelist Tom Robbins, "but they must be fresh and of high quality." Your assignment, Sagittarius, is to go out in search of the freshest and highest-quality difficulties you can track down. You're slipping into a magical phase of your astrological cycle when you will have exceptional skill at rounding up useful dilemmas and exciting riddles. Please take full advantage! Welcome this rich opportunity to out-grow and escape boring old problems.

CAPRICORN (Dec. 22-Jan. 19): "When I grow up, I want to be a little boy," wrote novelist Joseph Heller in his book *Something Happened*. You have cosmic permission to make a comparable declaration in the coming days. In fact, you have a poetic license and a spiritual mandate to utter battle cries like that as often as the mood strikes. Feel free to embellish and improvise, as well: "When I grow up, I want to be a riot girl with a big brash attitude," for example, or "When I grow up, I want to be a beautiful playful monster with lots of toys and fascinating friends who constantly amaze me."

AQUARIUS (Jan. 20-Feb. 18): In one of his diaries, author Franz Kafka made this declaration: "Life's splendor forever lies in wait around each one of us in all of its fullness -- but veiled from view, deep down, invisible, far off. It is there, though, not hostile, not reluctant, not deaf. If you summon it by the right word, by its right name, it will come." I'm bringing this promise to your attention, Aquarius, because you have more power than usual to call forth a command performance of life's hidden splendor. You can coax it to the surface and bid it to spill over into your daily rhythm. For best results, be magnificent as you invoke the magnificence.

PISCES (Feb. 19-March 20): I've got a controversial message for you, Pisces. If you're addicted to your problems or if you're convinced that cynicism is a supreme mark of intelligence, what I'll say may be offensive. Nevertheless, it's my duty as your oracle to inform you of the cosmic tendencies, and so I will proceed. For the sake of your mental health and the future of your relationship with love, consider the possibility that the following counsel from French author André Gide is just what you need to hear right now: "Know that joy is rarer, more difficult, and more beautiful than sadness. Once you make this all-important discovery, you must embrace joy as a moral obligation."

ARIES (March 21-April 19): "The writer should never be ashamed of staring," said Aries writer Flannery O'Connor. "There is nothing that does not require his attention." This is also true for all of you Aries folks, not just the writers among you. And the coming weeks will be an especially important time for you to cultivate a piercing gaze that sees deeply and shrewdly. You will thrive to the degree that you notice details you might normally miss or regard as unimportant. What you believe and what you think won't be as important as what you perceive. Trust your eyes. **lv**

—Rob Breszney



THE LONELYHEARTS

Age of Man

www.thelonelyhearts.net

Full disclosure: I am incredibly jealous of Andre Perry, Executive Director of the Englert Theater, musician, author and past contributor to *Little Village*. No one should be this good at that many things. I'll try to rise above that deadly sin as I consider the new album he's made with his musical partner John Lindenbaum, *Age of Man*.

Lindenbaum and Perry infused their previous albums and EPs with literary ambitions; even the love songs are narratives that hint at a larger story. *Age of Man* goes further, comprising a series of songs whose lyrics outline a multigenerational narrative of heartbreak and ecological apocalypse, centered on the characters of Jennifer Morgan, her hustler brother and her son Ted. As things unravel, sentient radioactive bats attack Pittsburgh, and ...

As alluring as that story is, it is more alluded to than told in these songs. Each is a short story that illuminates one emotional moment. In "9 Years On," Jennifer says, "There's a girl in school, her face is just like mine/When her father picks her up, he won't look me in the eye." In "Rotterdam" she deliberately gets a stranger to impregnate her, noting "the ticking of my clock, like the 1940 blitz."

The story is the center of gravity of these songs, but it's nothing without the music—and the foreground is the music. The harmonies of "Rotterdam," on the repeated line "dawn in Rotterdam," make so lonely and perfect a hook that the story fades to the subliminal. The lyrics still startle, though, as in "The Glow," whose major-chord hook goes from repeating "Our love will grow" to "My bones will glow."

"Downtown" is sung in the voice of Jennifer's brother, who says, "When our heartbeats finally slow/We know where our souls will go/They're going downtown for good." Lindenbaum's voice has a keening mournfulness, perfect for the bleak stories of these songs; Perry's is lower and edgier, and takes the lead on the darker, more cynical songs like "Downtown." The arrangements combine acoustic guitar with synths; the use of distortion blurs the edges of the sound—most prominently on "A Meteorologist Suspects," which has some grinding rockiness to it, almost trespassing on Dinosaur Jr territory.

What sticks with the listener is the unerring pop hookiness along with an epic sadness at a world falling apart. It packs the emotional punch of David Foster Wallace's *Infinite Jest*, without the footnotes, or of the movie *Children Of Men*, without the Strawberry Cough cannabis strain. It's a neat trick to concoct a melancholy this compelling with this much pure pop enjoyment.

—Kent Williams



HELLO CLYDE

Rewind

www.soundcloud.com/helloclyde/sets/rewind

Hello Clyde is the side project of Chris Rohr of The White Elephant, though Rohr tells me that he actually considers Hello Clyde his "main squeeze" while the other band is on extended hiatus. "[Hello Clyde] is a revolving door of people that help color the songs I've made," he says.

Hello Clyde ends up being a way for Rohr to stretch his creative legs. Fittingly, the new album, *Rewind*, is a departure from the

garage blues sound of The White Elephant. The familiar rumbling hot rod rock and roll exhaust is still there, but Rohr has polished up the chrome to a gleaming alt rock sheen.

It's a neat trick to concoct a melancholy this compelling.

Helping bring this beast to the street is Luke Tweedy from Flat Black Studio. The album is another victory for the local studio, which seems to be able to work on just about any kind of music genre. On *Rewind*, Rohr is mining the sonic landscape of '90s hard rock and alternative for nuggets, and refining that into grungy, shoegazey gold.

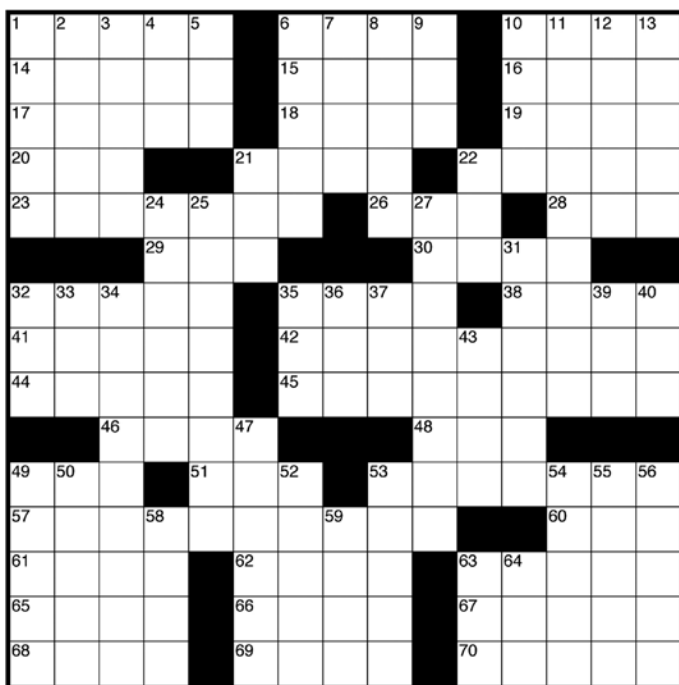
"Illinois" is a perfect example of how the time-tested quiet-loud-quiet song structure works to build tension and provide release. The explosion into the blistering fuzz guitar solo at 1:50 is fantastic, recalling early Butch Vig production with bands like Smashing Pumpkins and Nirvana.

Speaking of Nirvana, "Maggie" seems to echo the refrain of "Polly," while also providing an updated take on old murder ballads. "Maggie never wanted to die," Rohr sings in an unnervingly matter-of-fact voice, and "Today was the day, I took her to the lake, she screamed 'no' until I lost her in the wake." The song's dark poetry leaves me hoping Maggie wasn't a real person.

With The White Elephant on hiatus, I'm happy that Rohr is still honing and developing his craft. In addition to his new release *Rewind*, be sure and check out his previous two EPs and his last album, *Recycle*—all available to stream for free on SoundCloud. For *Rewind*, he's also going to do a limited run of 100 CDs. **lv**

—Mike Roeder

SUBMIT ALBUMS FOR REVIEW
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ACROSS

1. Bugs with outstanding leaping ability
6. It might be a lot
10. Band on Butthead's shirt
14. Childish assertion
15. Running back's progress
16. Advanced P.R. challenge LaBeouf
17. With 63-Across, phrase suggested by this puzzle's five symbols, if you connect them with two lines to make a figure
18. Bank statement number: Abbr.
19. Keynesian subj.
20. Slippery creature that becomes a general when seen from behind?
21. *The Legend of Zelda* hero
22. Character known for blending in with his surroundings
23. German capital on the Elbe

26. *Rocky* film in which Apollo Creed becomes a good guy
28. Twice, a Ramone
29. Jeff Bezos, for one
30. Catchall category: Abbr.
32. Julius Rosenberg's wife
35. Sing-song signoff in Salisbury
38. Brand in the pet food aisle
41. Combining form meaning "voice"
42. Net sales?
44. President before Polk
45. To a sickening degree, in Latin
46. Cleanse, e.g.
48. Common crisis, in middle school
49. They get flashed at the bar
51. Satisfied sounds
53. Like some lawns or water faucets
57. "Don't say a thing!"

60. Screw up
61. Simoleon
62. Big money maker?
63. See 17-Across
65. "First Lady of Song" first name
66. Opposed
67. Count of jazz who appears in *Blazing Saddles*
68. Carson who hosts *The Voice*
69. Campbell who starred in the TV movie *An Amish Murder*
70. Guide a Gremlin, say

DOWN

1. Like some well-maintained nails
2. *Matt* ____ *Can Suck It* (fake book from the Golden Raspberry-winning *Land of the Lost* movie)
3. *Into the Wild* star Hirsch
4. With 6-Down and "later," a Magic 8-Ball reply
5. "Yo no ____ marinero" ("La Bamba" lyric)
6. See 4-Down
7. Literary murderer
8. Lake who produced *The Business of Being Born*
9. Tolkien's Fangorn, Finglas, Fladri, Beechbone, Bregalad, or Fimbrethil
10. Good place to take a ship
11. Thing we have to pay for once my wife's sick leave runs out, and I'm *real* happy about it :-/
12. Two-terminal electronic component
13. The Red ____ (Winslow Homer watercolor that features a bunch of water)
21. Where to find the star Regulus
22. Video game console that sounds tiny
24. Act starter
25. Device for McFly
27. "That's incredible!"

31. What you might need after a lot of paella
32. Brand that a nosy CVS clerk might quietly judge you for buying
33. "Lord's Prayer" pronoun
34. Warning before removing someone's splinter
35. Beverage that sounds like a letter
36. Pitch in
37. "Miuzi Weighs a ____" (Public Enemy song)
39. Beastie Boys moniker
40. Biblical sch.
43. *Our National Parks* author John
47. Whom to "stick it to," in a phrase of protest
49. Bad way to eat crackers
50. Member of the birth day party, maybe
52. Source of some influenza
53. *Howard Stern Show* regular Lange
54. On edge
55. One of a *Sesame Street* pair
56. Place to throw a load
58. "I mean, I guess so ..."
59. "As seen ____"
63. *Sherlock* airer, after the BBC
64. Satisfy a certain pang

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