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TAKING A LONG VIEW

Where do Iowa City's development projects stand under a new council?

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Novelist Garth Greenwell on finding familiarity in the foreign.



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INTERSTELLAR OVERDRAFT

A brand new Center for Afrofuturist Studies launches with an out-of-thisworld party at The Mill.

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Little Village is an independent, community-supported news and culture publication based in Iowa City. Through journalism, essays and events, we work to improve our community in the Iowa City, Coralville and Cedar Rapids area according to a few core values: environmental sustainability, affordability and access, economic and labor justice, racial justice, gender equity, quality healthcare, quality education and critical culture.

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WHAT ELON G S

Is it your city? Your culture, however defined? Your personal experiences? Is it what you leave behind? The release of Garth Greenwell's book What Belongs to You has made that phrase weigh on our minds.

There's an intimacy to notions of possession that can make the broad ideas of politics and civics feel very personal, as in John Miller's look back at recent conflicts over development in Iowa City (page 6). Then there's a power in the vulnerability of opening yourself to an unfamiliar place, and finding ways to make it your own, as described by Greenwell in our interview with him (pg. 12), and his reflections on life as a foreigner in Bulgaria. And there's a thrill in taking a risk to claim space for what you know belongs to you, as Anaïs Duplan does in bringing her dream of a Center for Afrofuturist Studies to fruition in Iowa City (pg. 14).

The boldness of these voices is palpable, and the foundational nature of place is paramount in their words and efforts. Where we are affects who we are, but sometimes the question is of whether a place belongs to us, or we belong to it. How do we lay claim to that possession-to our city, our culture, our future: through activism, through narrative, through art?

We hope that, through this issue, you will weigh these questions, as we have been. We can't wait to hear your thoughts on these ideas. Connect with us anytime at editor@ littlevillagemag.com.

-LV Editors

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Local H return to Iowa City with a

new album and no plans to stop now.

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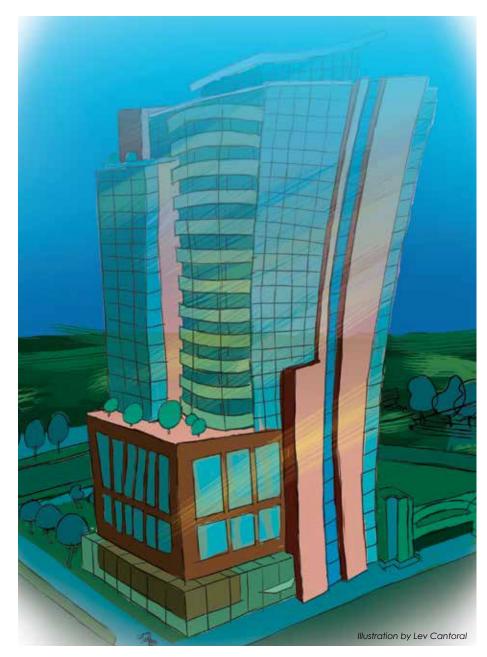
• In "A New Hub for Dance" the name of InterDance organizer Nora Garda was misspelled.

• "For Minority Youth Caught up in the Polk County System, a Chance to #KnowJustice" incorrectly stated that the #KnowJustice exhibition would take place at the Polk County Heritage Museum. It will actually be held at the nearby Polk County Administration Building.

Little Village regrets all errors. Please send corrections to editor@littlevillagemag.com

NEW I.C. COUNCIL STARTS TO BUILD

What will the newly elected slate of "Core Four" councilors mean for lowa City's pending development projects? • BY JOHN MILLER



ast November, prior to the election of a slate of candidates who called themselves the "Core Four," then-Mayor Matt Hayek penned an open letter predicting the consequences of such a win. It would, he wrote, see a "return to the anti-growth, micromanaging City Hall of eras past." But at the top of 2016, to many in Iowa City, this prediction seems unlikely.

Several members of the much-publicized group have played major roles in city development decisions over the past several years. During their campaigns, they made it a stated goal to rein in contentious tax increment financing (TIF spending) and reinvest in the working class, increase transparency in public policy decisions and perhaps finally address discriminatory



housing practices.

But will this major shake-up of the local political establishment actually result in noticeable changes to policy, especially surrounding the controversial long-term development issues set in motion by previous councils?

Chauncey Stays In Limbo

Back in 2013, the Iowa City Council accepted local developer Moen Group's contentious proposal for a project on the corner of Gilbert and College Streets: the 20-story, \$49 million Chauncey Tower.

Jim Throgmorton, later a Core Four candidate, who replaced Hayek as mayor earlier this month, cast the lone dissenting vote. He accused his colleagues of rushing to judgment without listening to public input, and also of disregarding a decision-making matrix the City Council had developed for project selection.

In July 2014, the city gave developers over \$14 million in subsidies, \$12 million of which came from the TIF program.

ZONING—At the start of 2015, the corner in question wasn't considered part of Iowa City's Central Business District, which prevented developers from building structures taller than six stories. To move forward with Chauncey Tower, now scaled to 15 stories, the city needed to rezone the surrounding three block area.

But that February, the Planning and Zoning Commission, on which Core Four council member John Thomas served, failed to approve the first motion to rezone the location, coming to a 3–3 tie.

The decision was then sent to the City Council, which in a vote of 5–2, failed to reach the necessary supermajority. Throgmorton and Botchway, who is now mayor pro tem, were opposed.

In June, after months of failed votes from both bodies, the city's rezoning request, with minor alterations, was approved by the council after three 4–2 votes. Throgmorton and Botchway again cast the dissenting votes.

Thomas remained opposed to the rezoning plan throughout the process. At a debate prior

to the city council election, Thomas called the TIF money granted to the Chauncey developers "a subsidy by all Iowa City taxpayers to among the wealthiest Iowa Citians."

THE ICATS APPEAL—The first major legal challenge to Chauncey Tower came from the Iowa Coalition Against the Shadow (ICATS), a band of community members headed by local lawyer, activist and recently-elected Core Four city council member Rockne Cole.

ICATS argued that the enormous structure would dwarf the buildings around it, casting a literal shadow over them. Their attorney, Christopher Warnock, filed a petition in March 2014, in hopes of capping site developments at 75 feet.

That lawsuit was dismissed in April 2015 by Sixth District Judge Paul Miller, who wrote in his decision that ICATS hadn't shown a legal interest in the site, or expressed interest in purchasing or developing it. Cole maintained this set a precedent allowing only property owners to challenge future zoning applications.

Warnock filed an appeal to the Iowa Supreme Court. Arguments will begin this month in Des Moines. If the court rules that the development's height should have been capped at 75 feet, the issue will be sent back to a council that has been openly skeptical of the tower's benefits.

As one of the community's most vocal opponents of the city's decisions on the Chauncey, Cole said he plans to recuse himself from potential rezoning votes, but will remain involved in the process moving forward. He understands that now, as a council member himself, he has a duty to honor the previous council's agreements with developers, if the court's rezoning rulings are upheld.

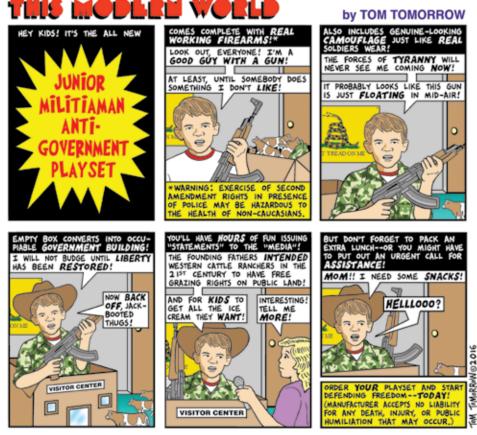
TRINITY EPISCOPAL—One major opponent to the tower is Trinity Episcopal Church, constructed in 1871, listed on the National Register of Historic Places and located directly across Gilbert Street from the proposed building.

A high-density, mixed-used tower would cause a dramatic increase in traffic to the area, and church leadership are concerned that it would cause parking difficulties for members of the congregation. They also echoed concerns raised by ICATS that the 15-story high rise would block out the sun that normally shines through the church's 145-year-old, east-facing stained glass windows. More than a purely aesthetic concern,

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it would also interfere with the LEEDcertified church's energy efficiency.

ICATS' lawyer Warnock, who filed a formal objection to the city's zoning plans on behalf of the church, wants to make it clear that the church began its protest of the tower to point out the negative effect it could have on the community at large.

"They felt like the community had not been consulted and that this has just been shoved through," he said. "No one was speaking for the community, and I think they felt like they needed to step forward."

The city rejected Trinity's objection after it found that the church only owned seven percent of the property within 200 feet of the building. State law requires that a business own 20 percent to initiate a supermajority rezoning council vote.

Last June, Trinity filed a writ of certiorari to formally challenge the city on that decision. Excluding city property within the 200 feet in question, the church found that it are progressive. What we've had before was basically, essentially, Republicans masquerading as progressives ... [A few developers] have been showered with wealth by the city through multi-million dollar TIFs. The biggest problem with the Chauncey was the huge amount of public funding."

Control House Turned Park

In summer 2008, Iowa City's North Wastewater Treatment Plant was inundated by floodwater and sustained heavy water damage. Key electrical systems and pumps at the plant's historic sewage control house, constructed by the city in 1935 with help from the University of Iowa, were damaged beyond repair. The plant went offline for about two months and, with funding from the Iowa Flood Mitigation Plan, the city made updates to a separate facility.

The North Wastewater Treatment Plant was decommissioned in February 2014.

"That's when it came to me that you can have effective advocacy, but if you don't have four votes, it just isn't particularly helpful."

-Rockne Cole

owned enough property to trigger the supermajority vote.

Judge Miller dismissed Trinity's petition on Oct. 22, ruling that the statute in question didn't limit calculations of land ownership to privately-owned property.

Warnock appealed that decision on Nov. 18, effectively halting construction of the Chauncey Tower. According to City Attorney Eleanor Dilkes, the appeals process could take up to two years, which would force the Moen Group to push the project's timeline even farther into the future.

If the court rules in Trinity's favor, a decision on the initial rezoning request could fall to a council that seems less likely to grant its approval.

"The real wildcard here is the change in the city council," Warnock said. "For the first time you have four councilmen who **THE CITY RESPONDS**—One year later, in February 2015, city officials announced the next phase of their Riverfront Crossings District revitalization project: The creation of a combination public park and wetland reclamation area. Plans for Riverfront Crossings Park call for a network of hiking and biking trails, gardens and nature observation areas. The area may also include zip-lines, a bouldering course and a "natural playscape" for children.

Standing in the way of the innovative park, however, was the abandoned North Wastewater Treatment Plant.

The State Historical Society's review of the plant's 80-year-old control house determined that it did not meet requirements for a listing in the National Register of Historic Places. The city had already begun excavation to remove mercury from the flood-ravaged water basins surrounding the control house, and, by spring 2015, the demolition of the rest of the plant was set to begin.

THE ECOPOLIS ALTERNATIVE—Ecopolis, a group of Iowa City residents who had been meeting since the fall to discuss environmental sustainability issues related to urban planning, were determined to save the control house from demolition.

Headed up by a handful of local activists including Core Four candidate Cole, Ecopolis held a community forum to discuss potential uses for the control house and park.

Rather than demolish the control house along with the rest of the decaying plant, the group wanted to turn it into a public space and "artistic hub." In addition to providing the general public with a southside meeting space, Ecopolis planned to use the location as its own base of operations But first it would need to come up with funding.

> The city estimated it would cost \$554,000 to restore the condemned control house to operable condition, not including the funding needed to bolster its flood protection systems and comply with ADA accessibility requirements to meet code for public use.

Ecopolis requested that the City Council amend the Riverfront Crossings District Master Plan to

delay the demolition for a few years so they could raise the over half-million dollars necessary to keep their dream of a new community center alive.

RAZING AND RENEWAL—Ecopolis held a tongue-in-cheek ribbon cutting ceremony to celebrate their upcoming move into the control house, but on March 9, 2014, the City Council voted 6–1 to go ahead with their salvage and demolition plans for the site. The six council members in favor cited fears of future flood damage; lone dissenter Councilor Terry Dickens said he was willing to give the community time to try to raise the funds.

By mid-September, all buildings at the former treatment plant had been razed.

The extensive Riverside Crossings Park project moves ahead as planned, with proposals and bids for construction due this month.

In The Wake Of The Cottages

Until they were demolished last year, to make way for a new mixed-use apartment building, three Civil War-era cottages could be found on the 600 block of South Dubuque Street. Their demolition ignited one of the highest-profile preseravtion cases in recent years.

The cottages had never been granted protected status as historical landmarks, and in mid-November 2014, developers approached the city with plans for their demolition.

By early December, two engineering reports on the cottages had emerged. The first, paid for by the developer, found that the cottages were beyond repair. The second, commissioned using funds raised by Friends of Historic Preservation, suggested restoration.

With contradictory reports in hand, the City Council held a special 7 a.m. meeting and decided against holding a public forum on the cottages, instead issuing demolition permits.

In the following weeks, the Iowa City Historical Preservation Commission, as well as the Planning and Zoning Commission, granted the cottages historic landmark status. On Dec. 24, Iowa's State Historic Preservation Office recognized them as historically significant.

On Christmas night, barely 24 hours after the Preservation Office's designation, developers levelled the first of the three cottages. Friends of Historic Preservation filed an application to protect the remaining cottages. It was denied by the City Council.

Councilor Cole provided legal representation to two of the three small business owners renting cottages before their demolition.

"We had a lot of support from the historic preservation community," Cole said. "Ultimately the council overruled that, and that's when it came to me that you can have effective advocacy, but if you don't have four votes, it just isn't particularly helpful. That was, in a sense, one of the reasons I wanted to make sure that we ran. So that we'd be able to have that voice."

What Could Change In 2016?

If the new council members make good on their most vehement campaign promises, the atmosphere in Iowa City will likely become less developer-friendly and more community



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driven.

The case of the Dubuque Street Cottages, for instance, could have played out differently with the current council in place. The overwhelming support from state historical groups late in the process might have actually given these council members pause, instead of leading to a vote to grant the permits that allowed developers to demolish them under the cover of darkness on Christmas night, 2014.

The Core Four might have objected to the Chauncey Tower plan's less-than-transparent selection process and undertaken the resulting rezoning proceedings differently. But hindsight is 20/20.

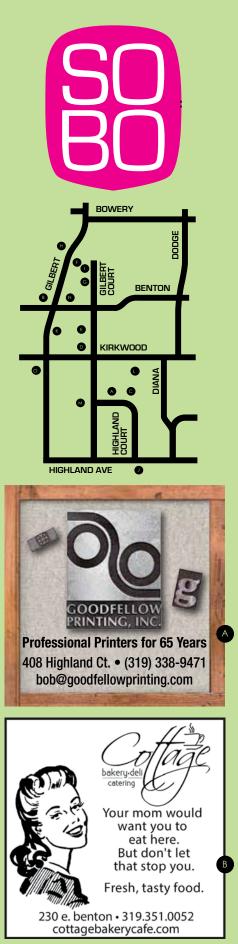
The upcoming Riverfront Crossings Park proposal selection process may offer Iowa City its first chance to see what kind of council it has elected. Ecopolis didn't succeed in saving the plant, but proponents of the group, as well as local preservationists like Cole, now get to play an integral role in the future use of the land. Looking forward, they will also be able to shape the future of the city's remaining historic buildings.

"I'm not against all modern architecture," Cole said. "I do think, though, that in certain parts of the community—downtown, North Market Square—that we need to have contextual development with similar forms adjacent to historic properties ... Growth, as I've always seen it and I see it now, is not a question of whether we grow, but the proper density and scale that we need to grow at so we get the growth right."

At the start of 2015, the demolition of the Dubuque Street Cottages was almost a foregone conclusion, and an eco-district on Iowa City's south side seemed like a pipedream. Only time will tell, but given the campaign rhetoric from our newly-elected local leaders—and activists like Cole in their midst this year has the potential to be different.

Call it micromanaging, as former Mayor Hayek did in his letter last fall, but listening to—and taking seriously—the concerns levied by members of the community about the sweeping changes taking place around them could prove to be a pretty good idea. Iv

John Miller graduated from the University of Iowa in 2013. He writes freelance news for Little V, checks in your library books and has probably delivered food to your house. In his spare time, he's an avid job hunter. JohnMiller790@gmail.com





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NEW GROUND TO STAND ON

With his debut novel, Iowa City author Garth Greenwell hopes to break the ice for queer writers working in Bulgaria. • BY LUCY MORRIS

arth Greenwell's debut novel, *What Belongs to You*, begins when an American high school teacher meets a young prostitute named Mitko in the bathroom basement of Bulgaria's National Palace of Culture. The book that unspools their relationship is already poised to be one of the best of the year. It takes us through Sofia, Kentucky and a complex web of memory that makes us consider the ways all of our relationships are shaped by need and longing, both emotional and material. That longing is woven into our narrator's very fiber and

the complex country that surrounds him and the charismatic, complicated Mitko.

Greenwell's work has appeared in *The Paris Review, A Public Space* and elsewhere. He is a recent graduate of the Iowa Writers' Workshop and lives in Iowa City. Greenwell will read at Prairie Lights on Jan. 21, kicking off a national book tour.

This interview has been edited for brevity and clarity.

Little Village: *What Belongs to You* is a book about a place where many of its readers will not have been. It doesn't claim to be history or reportage, but there still must be a concern about getting a place right, whether that means right to you or some objective "right," or politically correct.

Garth Greenwell: The place is the most important part of the book. It was really important to me to try to get that right. The great thing about writing a novel is that there isn't any claim to some kind of objective correctness or "right." Instead, I wanted to be true to the experience of the place I had as a foreigner, as a foreigner who was really invested in the place, as a foreigner who learned the language, as a foreigner who was involved in minority rights and LGBT activism ... I've never been super interested in tourist literature, but I am interested in literature of strangers invested in a place. I wanted to get that perspective right. Before Bulgaria I had

Illustration by Devyn Park

never written fiction—it was something about the place.

You'd previously earned an MFA in poetry.

I started writing prose—in some way that I don't understand—as a response to the place. The book came from this weird experience I kept having in Bulgaria of being in a place that was very foreign. I had never been to



Eastern Europe, I barely spoke the language when I first arrived. And all of the social mores were new and strange to me. I was making all sorts of mistakes, I could barely communicate.

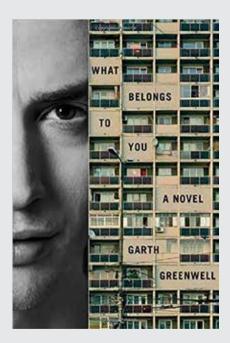
But then there were these moments of extraordinary familiarity about the place. I found myself thinking about Kentucky, where I grew up, and my childhood, in a way that really I never had. Part of that was that I needed to be that far away from it in order to be able to think about it. But then the other part is that there are these ways in which, to me, Bulgaria and Kentucky were really similar places. Part of that's the geography, they have mountains of similar size. and the forests have similar trees, and a population that has very quickly gone from almost entirely rural to entirely urban.

Most profoundly, the experience of being gay in Bulgaria in 2009-2013 and the experience of teaching adolescents in Bulgaria and so talking to gay adolescents in Bulgaria, just kept throwing me back again and again to the early '90s in Kentucky when I was coming into awareness of myself as a gay person.

The book begins in a real place, in these bathrooms beneath the National Palace of Culture, which are a very famous

gay cruising spot. I found that place by accident. I had the weirdest experience of going from this above-ground, where I could barely communicate, to this below-ground where I was totally fluent. All of the codes were the same.

Those communities felt very similar to the parks and bathrooms that I would cruise when I was 14, 15, 16. The conversations that I would have with people I met there, men in their 30s and 40s, they imagined the same horizon of possibility for their lives as men I



LOCAL ISSUE

WHAT BELONGS TO YOU AUTHOR: Garth Greenwell PUBLISHER: FSG

Prairie Lights, Thurs., Jan. 21, 7 p.m.

met in Kentucky in the early '90s—married men and closeted men and men who were terrified of being found out. So I think I really created the book with this sense of foreignness and familiarity. growing up gay in Kentucky in the '90s and growing up gay in Bulgaria now, there was a huge difference, which was that when I was 15 or 16, I found *Giovanni's Room*. I found Edmund White's *A Boy's Own Story*. Even though everything in the world around me told stories about people like me that stripped my life of dignity, those books gave me a different image and those books saved my life.

In Bulgaria there's nothing like that. The only representations of gay people in Bulgarian literature are horrifying. There are two openly gay Bulgarian writers that I know of. Those are the only books I can give my students about gay life in Bulgaria.

This book will be the first really explicit book about gay lives in Bulgaria, in Bulgarian, a literary book that tries to imbue these lives with the dignity that is imbued by the literary imagination. The fate of books in Bulgaria is very similar to the fate of books in America, which is that almost none of them get any attention whatsoever. If this book gets noticed it will get noticed as a scandal because it's about a teacher at the most famous school in the country and his relationship with a male prostitute. I want to be there when the book comes out. I want to be part of that conversation.

In English there's nothing scandalous about this book, it's going to be judged on its merits as literature. In Bulgaria, my big suspicion is that if it's noticed at all it will not be noticed as literature, it'll be noticed as something scandalous. And I really welcome that be-

cause... my biggest hope is that-it's hard to say this without sounding grandiose, I don't intend to-but if in some way it made it easier for queer Bulgarian writers to write their own stories, that would be the best

"It's a book that is speaking into a literary vacuum. There aren't other literary representations of these lives." —Garth Greenwell

Will your book be translated into

Bulgarian? It will be. It's a hard book to publish in Bulgaria. There is no other book like this [there], and that was something I became really aware of as a high school teacher, because for all these similarities between

CONT. >> ON PG. 31

possible fate for my book in the world.

Especially if it does so by those queer writ-

ers saying, wait, this isn't what it's like to be gay in Bulgaria at all, or this is such a limited



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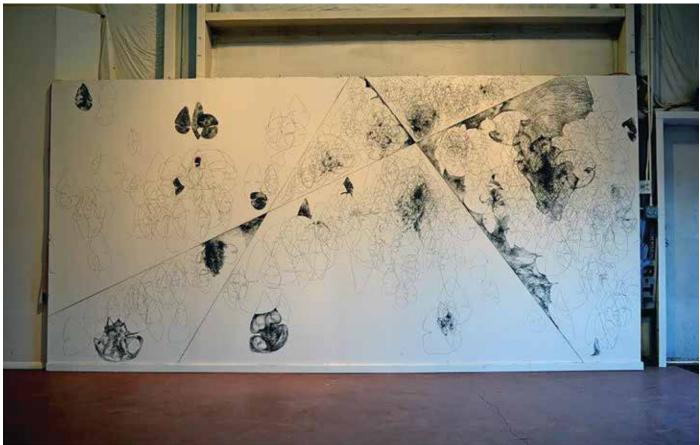
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LV PRESENTS



THE AFROFUTURE IS NOW

New Center for Afrofuturist Studies brings Iowa City to the intersection of art, technology and race. • BY GENEVIEVE HEINRICH

ctavia Butler. Jean-Michel Basquiat. Nicki Minaj. You don't often see these disparate names in the same context—but when you do, recent transplant to Iowa City, poet, performer and artist Anaïs Duplan is right there with them. Duplan, in conjunction with Public Space One, is founding a Center for Afrofuturist Studies in Iowa City. Structured as an artist residency program, the CAS will bring in some of the most exciting current voices in future-focused black art, to engage with the community (see page 16 for more information on the first three confirmed artists-in-residence).

According to the project's Kickstarter page, its "public programming seeks to engage both local Iowans and people across the world in a building conversation about the intersections of race, technology and the diaspora." This is evident in the amazing donation-level perks, which are representative of the wide-ranging support and influences that Duplan has for this project. In addition to the Kickstarter, the Center for Afrofuturist Studies will be holding a kickoff event and fundraiser at The Mill. This Interstellar Dance Party on Thursday, Jan. 28 starts at 9 p.m. and promises "a DJ, lush tunes, dancing, stars." Cinquepalmi, an Iowa Writers' Workshop graduate, will be the evening's DJ, and admission is \$10. *Little Village* is a sponsor of the event, and tickets are available at littlevillagetickets.com.

We spoke to Duplan about this exciting new project, the importance of engaging youth and the future of Afrofuturism:

Little Village: How did you come to collaborate with PS1? What are your goals for the CAS after that two-year initiative closes?

Anaïs Duplan: I'd been in contact with John Engelbrecht and Kalmia Strong since before I moved to Iowa (which was August of 2015). I'd found Public Space One while checking Iowa City out on the Internet and it seemed to me then, and still now, that they're the only organization in the area doing what they do. I mean, really. So I feel quite lucky that we made that connection early on. I think we began talking the CAS project since March or April of last year. I was in east Iceland at the time and was just in the beginnings of The Spacesuits project.

I talk about CAS as a "two-year initiative" now because that's the length of time I can see it existing in a kind of prototypical form. After those two years are up, we'll only expand further. We'll have learned a lot by then and perhaps will be just at the perfect moment to re-launch the entire thing, in a fuller and even more imaginative way. In my meetings with PS1 or with Chris Merrill and Hugh Ferrer at the IWP [International Writing Program], I think we're all in agreement that CAS is an extremely long-term project.

Why Afrofuturism? How will broader exposure to Afrofuturism broaden the people of Iowa City? There are so many reasons why Afrofuturism has become one of the most relevant frameworks today for **CENTERED** Left, a drawing by Anaïs Duplan at Radical Abacus in Santa Fe, New Mexico, titled "Morphologies."

thinking about America's future(s). I'm sure everyone is quite aware by now of the influx of talk about the end of our world and the Anthropocene. It's all in popular culture and on the news. As a culture, we think about the future almost constantly, these days especially. I use "Afrofuturism" to refer to a particular way of thinking about the future - namely, with Black and POC lives in mind (and in heart). Within the sphere of art-making, this can mean quite a lot of things. The artists we're bringing this year are practitioners who I think have really de- and re-constructed the Afrofuture, with so much tenacity. We'll announce this year's full season soon, but I'll say now that Iowa City can look forward to filmmakers, authors, visual artists, new media artists. It will be a really exciting time to be here.

... What I'm hoping to serve is an atmosphere of comfort about discussing the future in deliberate, if unorthodox, ways. If by the end of 2016, fewer people feel intimidated or turned off by the idea of talking about the future of race and class in America, then I'm happy. Then I think we'd have done something really special. It's not about forcing people into conversations they don't want to have. It's about making it safe to feel uncomfortable and then trying to make it better.

Tell me a little bit about your performance collective, The Spacesuits. Will the group or any of its members (besides yourself) have any collaboration with the CAS initiative? The Spacesuits is a beautiful project that started early 2015. I say beautiful because it is such a massive collaboration, whose structure at any given moment in a state of total flux. It's difficult to say who our members are because it depends. For example, since last year, I believe I've worked with over 50 musicians (from the US, the UK, Canada, Iceland and elsewhere). They are all, in one sense, Spacesuits members. In another sense, we may not see each other or work together again for years to come. So, The Spacesuits is always sort of growing and shrinking. If I meet an artist I really admire, or a group of artists, I'll often try to incorporate them into a show, but perhaps this only happens once or twice, or perhaps it continues. Usually our shows are a combination of live performances and gallery work. Sometimes it's gallery work that I've

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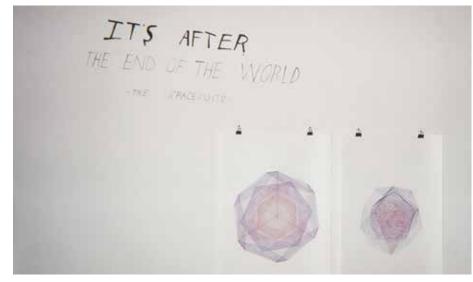
HOLLYWOOD LIVE! 2/28 | 7:00PM Oscar's Watch Party

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LV PRESENTS



prompted someone to make and other times it's simply the artists' latest work. So the answer to your question is yes, there are Spacesuits members involved in CAS, and at many different levels simultaneously.

You said that each of your artists-in-residence will be expected to create a youth workshop (of their design). What are your feelings on youth engagement with the arts, and with Afrofuturism in particular? What led you to request youth involvement, particularly, from your visiting artists? It's so important to include children when talking about the future. Not only in a way that is determinative - "What future ought children to have?" for example - but also, in a way that includes youth in the setting of the future's course. They, after all, will be the ones living in our future of now. I think a great number Black and POC children grow up without a wealth of options laid out before them. And perhaps they've had

dreams that don't yet know they've had. How wonderful to put a filmmaker in a room full of children and let them find some common ground. I've worked with many youth in my life and the arts have always been there, as a sort of portal that we can use together to talk and think about the future. So I think it would represent a huge flaw in a program like the Center for Afrofuturist Studies to not have youth engagement. The Dream Center has been a great ally for this.

What kinds of specific workshops can we be starting to get excited about? Will you be leading any yourself? I talked recently with one of our 2016 residents about hosting a weekend-long conference on Afrosurrealism in late Fall. We're also planning film screenings, readings, artist talks and performances. We'd like to really make use of the variety of venues around Iowa City, so that the Center actually becomes a very decentralized thing, happening throughout the



THE END IS THE BEGINNING At left, drawings by The Spacesuits at Distillery Gallery in Boston, Above, Duplan with a Spacesuits collaborator, Winston Scarlett.

city as opposed to in one distinct locale. And sure, I might lead a workshop or two myself but for now, I'm focused on making sure our visiting artists have as much freedom [as possible] to design the kinds of public events that excite them.

Genevieve Heinrich is a writer, an editor, a malcontent and a ne'er-do-well. Occasionally, she acts and sings.

INTERSTELLAR DANCE PARTY WITH DJ CINQUEPALMI The Mill, Thurs., Jan. 28 at 9 p.m.

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ARTISTS IN RESIDENCE



ALEXANDRIA EREGBU Eregbu is a Chicagobased visual and performance artist. A 2013 graduate of the School of the Art Institute of Chicago, she was named one of Chicago's Breakout

Artists 2015 by NewCityArt. She is also known for her curatorial work. Photo by Chuck Olu-Alabi



KAMEELAH JANAN RASHEED, a former Social Studies teacher, is perfectly poised to enact CAS' mission to engage youth in the community. Artistically, she has an interest in

archiving "the outer fringes of culture such as new religious movements, street proselytizers, and other footnotes of history," according to her website.

Photo courtesy of Kameelah Janan Rasheed

TERENCE NANCE

A Texas native, Rance (now based in Brooklyn) works mostly in film. An Oversimplification of Her Beauty, his first feature-length film, premiered at

Sundance Film Festival in 2012, and was subsequently released in the U.S., the U.K., France and South Africa. He is also a performance artist and musician.

Photo courtesy of Terence Nance

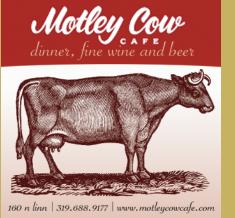




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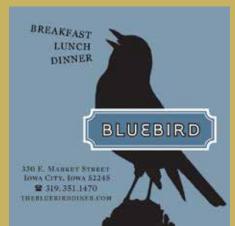
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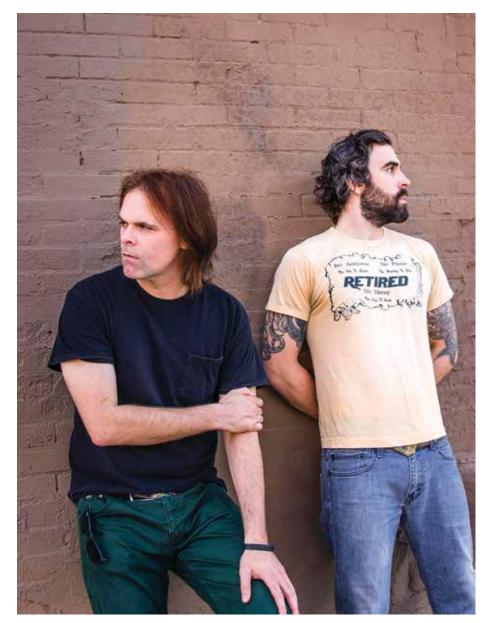
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THE SOPHISTICATION OF THE SIMPLE

Twenty-five years on, Local H continue to please themselves and their fans by touring hard and churning out kickass new songs. **BY GENEVIEVE HEINRICH**



full year is a long time to be on tour. Then again, 25 years is a long time to be in a band. Local H, who played their first show on April 20, 1990, hit that second milestone early last year, and are coming to Gabe's in Iowa City on Jan. 30, almost exactly 50 weeks since they were here last, and about two weeks before their current tour will finally wind down. Don't mistake this for a 25th anniversary tour, though. Although they played a celebratory show 25 years to the day after their first, the purpose of this tour has been firmly in support of their eighth studio album, *Hey Killer*, released April 14, 2015. "Everything that we've done this year has been about the new record," says founder and frontman Scott Lucas. That's 100% intentional. "The best way for a band to celebrate 25 years," he

A-LIST

LOCAL H with 8 Foundead & Starry Night GABE'S Sat., Jan. 20 at 9:30 p.m., \$12

Photo by Katie Hovland

says, "is: put out a record that's one of their best records yet."

In *Hey Killer*, Local H have done exactly that. It's Lucas' first full-length album with drummer Ryan Harding, who joined the band in 2013. The record is driving and ferocious, an unrelenting force into which are woven ridiculously smart melodies and harmonies. It's a paradigm that has served the band well over the last 25 years, and it's at its best here. "We love this record," Lucas says, "and it happened really quickly so there's a lot about it that, that you can't really take credit for, ... you're just happy to sit back and kind of enjoy it."

The record, and Local H's entire career, are awash in Lucas' wickedly wise pop sensibilities. It's a deceptively simple approach that he's mastered: "I don't really think anything in pop has changed since the Beatles," he says. "There's a fundamental idea there and it hasn't changed ... write songs that hook, but also write with brains." It's a solid grounding in the past that allows them to look towards the future. When asked to reflect on the band's history, Lucas notes instead, "We're trying to always think about the next thing."

He is willing to touch on the past a bit, though. While most famous as a two-piece, Local H started out as a group of four. An offhand comment in the midst of a long retrospective post on the band's website makes reference to the songwriting becoming more complex once it was down to just Lucas and Joe Daniels, the band's first drummer. Asked about that, he says, "The more people you get involved, you know, everyone's gotta be on the same page, and if everyone's not completely locked in with each other, you've got to sort of make things simpler." His comments echo that same pop commitment to building a deeper complexity onto the simplest of foundations.

Another instance of looking back is the Local H coffee table book, *Twenty-Five Years of Skin In the Game*, released on Dec. 15. Lucas calls the book "a remembrance of "There's a fundamental idea there and it hasn't changed ... write songs that hook, but also write with brains."

—Scott Lucas

things," that "happened on its own because people were asking about it." When asked to compare the creative process of making the book to that of making music, Lucas says, "For me, personally, putting a record together ... is for me, you know, it's for us. Everyone else's reaction is secondary ... You kinda want everyone else to like it, but if you don't like it, then you can't put that out. And putting something like that book together—that is for everybody else." It was done for the fans, at the request of the fans—and the fans more than appreciated it. The first print run sold out in less than two weeks.

As for the future? Lucas has some ideas percolating for his other project, Scott Lucas and the Married Men (with Aaron Duggins and Rebecca Manthe of The Tossers, among others), which has two studio albums and an EP so far. He's not quite ready to go into that yet, though. For the immediate future, he's ready for some time off of the road. "Once [the tour]'s over, it'll be cool," he says. "We'll have some time to relax, and wait for the next thing that we do." IN MISSION CREEK FESTIVAL



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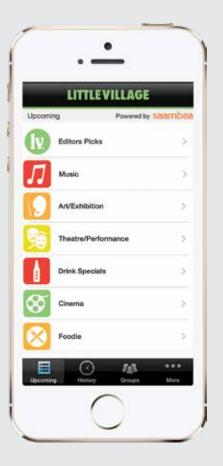
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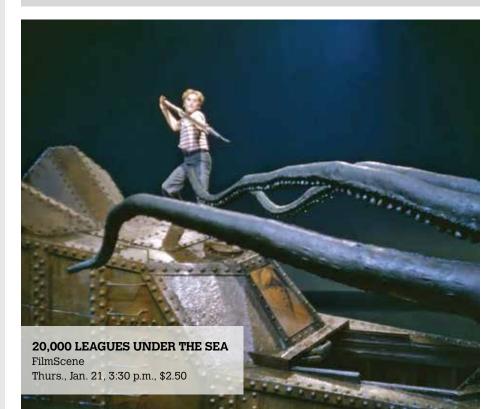
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AREA EVENTS

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verbiage, please). To find more events, visit littlevillagemag.com/calendar.



WED., JAN 20

/FOODIE: Barrel-Aged January: Red Wine Barrel-Aged Saison, Lion Bridge Brewing Company, 3 p.m. New Belgium Beer Dinner, Parlor City Pub and Eatery, 6 p.m.

/COMMUNITY: Coralville Affordable Housing Solutions, Coralville Public Library, Free, 5:30 p.m.

/CRAFTY: Crochet: Granny Square, Home Ec. Workshop, \$35, 6 p.m.

/LITERATURE: Bette Adriaanse in conversation with Cate Dicharry, Prairie Lights Books & Cafe, Free, 7 p.m. /THEATRE-AND-PERFORMANCE: Blue Man Group, Paramount Theatre, \$53-73, 7:30 p.m. /CINEMA: 'Ghostbusters,' The Arbor Bar, Free, 9 p.m.

THURS., JAN. 21

/CINEMA: The Picture Show: '20,000 Leagues Under the Sea,' FilmScene, \$2.50, 3:30 p.m. Movies in the Brewery: 'Psycho,' Backpocket Brewing, Free, 7 p.m.

/COMMUNITY: 33rd Annual Historic Preservation Awards Ceremony, Iowa City Public Library, Free, 5 p.m.

/FOODIE: Millstream Brewery and Kirkwood Winery Tasting, NewBo City Market, Free, 6 p.m.

January Wine Five Course Dinner, Northside Bistro, \$65, 7:30 p.m.

/LITERATURE: Garth Greenwell, Prairie Lights Books & Cafe, Free, 7 p.m.

Novel Conversations: Pride and Prejudice, Coralville Public Library, Free, 7 p.m.

/MUSIC: Clinton Street 4, Clinton Street Social Club, Free, 8 p.m.

Clusterpluck, Iowa City Yacht Club, \$5, 9 p.m. The Monolithic, Gabe's, Free, 10 p.m. /THEATRE-AND-PERFORMANCE: Bustin Dustin, Cedar River Landing, \$5 adv/\$8, 8 p.m.

FRI., JAN. 22

/FAMILY: Hawkus: Mock Caucus, Old Capitol Museum, \$20, 6 p.m.

/CRAFTY: Cork 'n Canvas, Indian Creek Nature Center, \$35, 6 p.m.

JAN 30

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 retail store, cafe and vending operations. Responsible for maintaining sales accountability variances and
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 of all food items. Implements VCS food promotional programs and/or local initiatives designed to stimulate sales; complies with all signage requirements.
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ALITERATURE: Wapsipinicon Almanac Annual Reading,Prairie Lights Books & Cafe, Free, 7 p.m.**/CINEMA:** 'Winter's Tale,' The Englert Theatre, \$15-18,7 p.m.

'Handmade Puppet Dreams,' *Owl Glass Puppetry Center,* \$5, 8 p.m.

/THEATRE-AND-PERFORMANCE: Opening Night: 'The

Best Little Whorehouse in Texas,' Iowa City Community Theatre, \$11-19, 7:30 p.m. 'The Best Little Whorehouse in Texas' is set to take the stage at Iowa City Community Theatre. This 1978 musical, with book by Larry L. King and Peter Masterson, and music and lyrics by Carol Hall, was inspired by a real-life analog: the Chicken Ranch in LaGrange, TX. It follows the tribulations caused to a local cat house, and the town sheriff who looks the other way, when a TV reporter comes to town on a crusade against illegal activity. The musical won Drama Desk awards for outstanding music and lyrics in 1979. ICCT's production is directed by Susan Hamel, with musical direction by Jeffrey Allen Mead. It runs through Jan. 31.

John Amos, Penguin's Comedy Club, \$17.50-20, 7:30 p.m. Opening Night: Underground New Play Festival, Theatre Cedar Rapids, \$13, 7:30 p.m.

Opening Night: 'Willy Wonka,' Coralville Center for the Performing Arts, \$14-24, 7:30 p.m.

'Avenue Q,' Theatre Cedar Rapids, \$25-35, 7:30 p.m.'A Modern Salon,' Brucemore, \$40-45, 7:30 p.m.

/MUSIC: Sun Dogs, Cedar River Landing, 5 p.m.

Dagmar with Field Division, Cafe Paradiso, 8 p.m.

Libido Funk Circus, Riverside Casino Show Lounge, Free, 8:30 p.m.

Autumn's Waiting, Cedar River Landing, 9 p.m. Elizabeth Moen debut album release party, The Mill, \$7, 9 p.m.

Grateful Dead Experience: The Schwag, Gabe's, \$10, 9 p.m.

The Candymakers, *River Music Experience Redstone Room,* \$10, 9 p.m.

DJ Real Dom, The Arbor Bar, Free, 9 p.m. Flash in a Pan, Iowa City Yacht Club, \$5, 10 p.m.

SAT., JAN. 23

/FAMILY: Play 2B Fit, Coralville Marriott Hotel and Conference Center, Free, 10 a.m.

/CINEMA: The Picture Show: 'Jurassic Park' in 3D, FilmScene, \$2.50, 10 a.m.

Bijou After Hours: 'Magic Mike XXL,' *FilmScene, Free-\$5, 11 p.m.*

/CRAFTY: Peyote Stitch Napkin Ring, *Beadology,* \$58, 1 p.m.

THEATRE-AND-PERFORMANCE: 'Willy Wonka,' Coralville Center for the Performing Arts, \$14-24, 2 p.m., 7:30 p.m. **'A Modern Salon,'** Brucemore, \$40-45, 7:30 p.m.

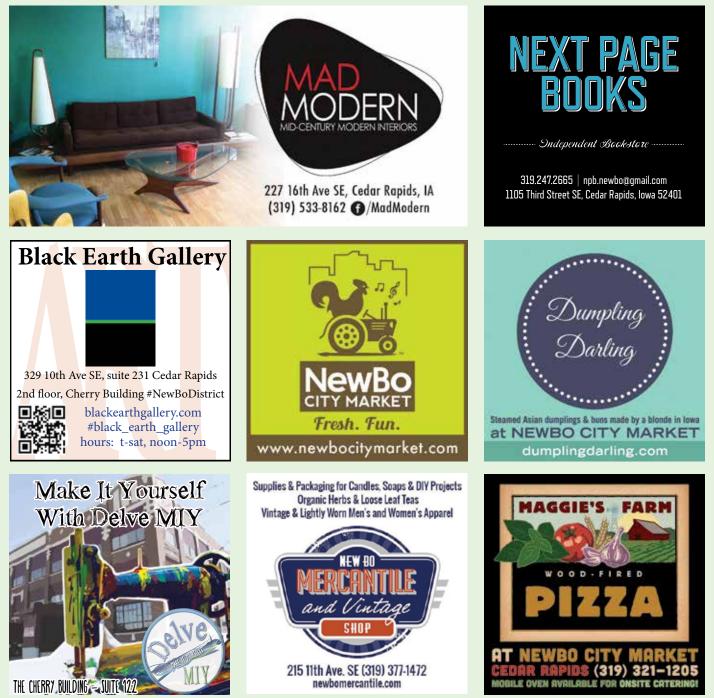




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AREA EVENTS

Underground New Play Festival, *Theatre Cedar Rapids,* \$13, 7:30 p.m.

/THEATRE-AND-PERFORMANCE: 'Avenue Q,' Theatre Cedar Rapids, \$25-35, 7:30 p.m.

John Amos, Penguin's Comedy Club, \$17.50-20, 7:30 p.m. 'The Best Little Whorehouse in Texas,' Iowa City Community Theatre, \$11-19, 7:30 p.m. Drag Night, The Arbor Bar, Free, 9 p.m.

/MUSIC: 13 Years at 13 S. Linn, Iowa City Yacht Club, \$10,

4 p.m. *lowa City's own Yacht Club turns thirteen this year and will celebrate with a ten-hour, six band party.* The event, which will run from 4 p.m. to 2 a.m., will feature Aaron Kamm and the One Drops, Candymakers, Circle of Heat, PHO, Bullfights on Acid and Akasha. The show is all ages until 10 p.m. and 19 and up until close. Yacht Club opened in January 2003 and has offered live music and entertainment six nights a week in an incongruous 1917 building since then.

Jim Gill, The Englert Theatre, Free, 2 p.m. Metro Orchestra Festival 2016, Paramount Theatre, \$10, 6:15 p.m.

Good Vibe Tribe, Gabe's, \$5, 7 p.m. An Evening with Leon Russell, River Music Experience Redstone Room, \$40-45, 7:30 p.m. Dagmar with Subatlantic, Cafe Paradiso, 8 p.m. An Evening with Robert Burns, Trumpet Blossom Cafe, Free, 8 p.m.

Williams and Wallace, Parlor City Pub and Eatery, Free, 8 p.m.

Libido Funk Circus, Riverside Casino Show Lounge, Free, 8:30 p.m.

Milk Duct Tape with Crystal City, Satellite Heart, The Mill, \$7, 9 p.m.

Bigfoot Park, Cedar River Landing, Free, 9 p.m.

/FOODIE: Adult and Child Chinese Cooking: Egg Rolls, Crabmeat Rangoon and Fried Rice, Newbo City Market -Kirkwood Kitchen, \$59 (for two participants), 2 p.m. Barrel-Aged January: Maple Disaster, Lion Bridge Brewing Company, 3 p.m.

American Cuisine: New Orelans Creole, Newbo City Market - Kirkwood Kitchen, \$89, 6:30 p.m.

/SPORTS-AND-REC: Guided Walk at Cedar Lake, Indian Creek Nature Center, Free, 2 p.m.

Barn Dance, Iowa City Senior Center, Free, 7:30 p.m.

SUN., JAN. 24

/CINEMA: Bolshoi Ballet: 'Taming of the Shrew,' Marcus Sycamore Cinema, \$15, 11:55 a.m. 'Inhabit,' Shambaugh Auditorium at UI, Free, 1:30 p.m. Sports-and-Rec **Snowshoe Walk,** Indian Creek Nature Center, \$5-8, 1 p.m.

/CRAFTY: Knitting: Cabled Headband, Home Ec. Workshop, \$25, 1 p.m.

Make Your Own Beer Stein at Lion Bridge, Lion Bridge Brewing Company, \$35, 2 p.m. Theatre-and-Performance

'The Best Little Whorehouse in Texas,' Iowa City Community Theatre, \$11-19, 2 p.m.

'Willy Wonka,' *Coralville Center for the Performing Arts,* \$14-24, 2 p.m.

 'Avenue Q,' Theatre Cedar Rapids, \$25-35, 2:30 p.m.
 Underground New Play Festival, Theatre Cedar Rapids, \$8, 2:30 p.m., 7:30 p.m.

/LITERATURE: Zachary Michael Jack, Prairie Lights Books & Cafe, Free, 4 p.m.

MUSIC: Wooden Nickel Lottery, *Parlor City Pub and Eatery, Free, 4 p.m.*

Mann at The Mill, The Mill, \$4-8, 4 p.m.

Bryan Bowers, Legion Arts CSPS Hall, \$16-19, 7 p.m. Jim Swim, Gabe's, Free, 9 p.m.

MON., JAN. 25

/FOODIE: Junior Chefs: Italian Favorites, Newbo City Market - Kirkwood Kitchen, \$45, 6:30 p.m.

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/LITERATURE: Johanna Schoen, *Prairie Lights Books & Cafe, Free, 7 p.m.*

/MUSIC: Music is the Word: Dalí Quartet - String Quartet Residency Program Concert: Classical Roots, Latin Soul, Iowa City Public Library, Free, 7 p.m. Intrepid Travelers, Gabe's, Free, 9 p.m.

TUES., JAN. 26

/FOODIE: Jamaican Jerk Dinner, New Pioneer Food Co-op Coralville, \$15, 6 p.m.

Discovering Pasta Classics: Marinara and Bolognese Sauce, Newbo City Market - Kirkwood Kitchen, \$59, 6 p.m.

ALITERATURE: Iowa Writers' House presents: The Violet Realm, Iowa City Public Library, Free, 6 p.m. /MUSIC: Chasing Morgan with Rational Anthem, Johnny Thompson, Gabe's, Free, 9 p.m.

WED., JAN.27

COMMUNITY: International Holocaust Remembrance Day Screening of 'The Labyrinth: The Testimony of Marian Kolodziej,' *Iowa City Senior Center, Free, 2 p.m.* Celebration of Citizen Diplomacy Dinner, *hotelVetro, Free, 6 p.m.*

Di



/LITERATURE: YA Writing Workshop with Sarah Prineas, Iowa Writers' House, Fri., Jan. 29, 6 p.m., \$235, Fantasy author Sarah Prineas ('The Magic Thief') is teaching a weekend-long workshop at the Iowa Writers' House in Iowa City. Titled "Writing for Young Readers," Prineas will work with writers who focus on young adult and middle grade fiction. The course costs \$235, and runs Friday, Jan. 29 from 6–8 p.m., and Saturday and Sunday, Jan. 30–31, from 9–11:30 a.m. and 1–3 p.m. both days.

The workshop is appropriate both for beginners and for authors looking to refine developed pieces. Topics of discussion include the distinctive characteristics and challenges of these genres, as well as an exploration of the business aspects, including trends in the publishing industry. Tickets are available at iowawritershouse.org.

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EDITORS' PICKS

/FOODIE: Barrel-Aged January: GAZPROM! release, Lion Bridge Brewing Company, 3 p.m.

/CRAFTY: Crochet: Granny Square, Home Ec. Workshop, \$35, 6 p.m.

/LITERATURE: Ink Lit, Prairie Lights Books & Cafe, Free, 7 p.m.

/MUSIC: Ten Strings and a Goat Skin, Legion Arts CSPS Hall, \$14-17, 7 p.m.

Sophia Landis, Gabe's, Free, 8 p.m.

Framing the Red, Cedar River Landing, Free, 8 p.m. /CINEMA: 'Best Worst Movie,' The Arbor Bar, Free, 9 p.m.

THURS., JAN. 28

/CINEMA: The Picture Show: 'Jurassic Park' in 3D, FilmScene, \$2.50, 3:30 p.m.

Jackson Pollock Documentary Screening, Cedar Rapids Museum Of Art, Free, 7 p.m.

Movies in the Brewery: 'The Dark Knight,' Backpocket Brewing, Free, 7 p.m.

(ART-AND-EXHIBITION: Opening Reception: THEM: Images of Separation, Old Capitol Museum, Free, 5 p.m.

/EDUCATION: Riverside Theatre Comedy Lecture, *Iowa City Public Library, Free, 5:30 p.m.*

/CRAFTY: Paint by the Glass, Cedar Ridge Distillery, \$35, 6 p.m.

/FOODIE: Meet Old Capitol Local Handmade Tofu, New Pioneer Food Co-op Coralville, \$15, 6 p.m. Wine Club, Luxe Interiors, \$12-18, 6-8 p.m.

/THEATRE-AND-PERFORMANCE: Underground New Play Festival, Theatre Cedar Rapids, \$13, 7:30 p.m.

I.C. Kings Present: Fanniversary, Studio 13, \$5, 9:30 p.m.

/MUSIC: Russ Liquid, Blue Moose Tap House, \$15, 9 p.m.

Interstellar Dance Party: A Fundraiser for the Center for Afrofuturist Studies, *The Mill, \$10, 9 p.m.* Sunleaf, *Gabe's, Free, 10 p.m.*



/LITERATURE: W.A.R.M Kickoff, Coralville Public Library, Free, 10 a.m.

YA Writing Workshop with Sarah Prineas, *lowa Writers'* House, \$235, 6 p.m.

Spanish Book Club: 'Diario de un genio' by Salvador Dali, Iowa City Public Library, Free, 6:15 p.m.

Susan McCarty, Prairie Lights Books & Cafe, Free, 7 p.m. /COMMUNITY: Iowa City History Series with Tom Schulein: The Changing Face of the Pentacrest, Iowa City Senior Center, Free, 1 p.m. /ART-AND-EXHIBITION: Opening Reception: Siberia: In the Eyes of Russian Photographers, Faulconer Gallery, Free, 4 p.m.

Opening Reception: Beverly Semmes: FRP, Faulconer Gallery, Free, 4 p.m.

/FAMILY: STEM Family Free Night, Iowa Children's Museum, Free, 5 p.m.

/MUSIC: Acousta-Kitties, Cedar River Landing, Free, 5 p.m.

Jazz After Five, The Mill, Free, 5 p.m.

Orchestra Iowa: Stirring Fantasies, Coralville Center for the Performing Arts, \$19-37, 7:30 p.m.

EGI with Dead Larry and the Tripp Brothers, River Music Experience Redstone Room, \$8.50-9, 8 p.m.

Craig Erickson Expedition, *Parlor City Pub and Eatery, Free, 8 p.m.*

Gram Parsons Tribute, The Mill, \$8, 8 p.m.

Sound Daze with The Jodie Foster Connection and Cover Girl, Cedar River Landing, 9 p.m.

Nicholas Naioti w/ Extravision, The Arbor Bar, Free, 9 p.m. /CRAFTY: Wine & Watercolor, NewBo City Market, \$25-30, 6 p.m.

Gyrls Night Out: Filled Cubed Right Angle Weave, Beadology, \$58, 6:30 p.m.

/SPORTS-AND-REC: World's Toughest Rodeo, US Cellular Center, \$17-37, 7:30 p.m.





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/MUSIC: Sound Daze with The Jodie Foster Connection and Cover Girl, Cedar River Landing, Fri., Jan. 29, 8 p.m. Beloved Cedar Rapids '80s cover band the Jodie Foster Connection reunites after a five year break for a onenight-only engagement as support for Sound Daze in a self-styled "Girl Power Night" at Cedar River Landing. The evening opens up with the AcoustiKitties (5 p.m.), followed by the debut of Cover Girl, which features former JFC members Angie Green, Amy Larkin and Susan Hoffman Beahm. JFC members are scattered throughout the other bands, as well, including drummer Dawn Sedlacek, who is lead singer of headliner Sound Daze. **/THEATRE-AND-PERFORMANCE: Opening Night: 'Line of Descent,'** *Riverside Theatre, \$12-30, 7:30 p.m.*

'The Best Little Whorehouse in Texas,' Iowa City Community Theatre, \$11-19, 7:30 p.m. Underground New Play Festival, Theatre Cedar Rapids,

\$13, 7:30 p.m.

'A Modern Salon,' Brucemore, \$40-45, 7:30 p.m.
Dr. Gonzo, Penguin's Comedy Club, \$15-17, 7:30 p.m.
'Avenue Q,' Theatre Cedar Rapids, \$25-35, 7:30 p.m.
Opening Night: 'Harvey,' Giving Tree Theater, \$16-26, 8 p.m.

SAT., JAN. 30

/SPORTS-AND-REC: Snowshoe through the Park, Herbert Hoover National Historic Site, Free, 10 a.m.

World's Toughest Rodeo, US Cellular Center, \$17-37, 7:30 p.m.

/FAMILY: Once Upon a Saturday Celebration, Iowa Children's Museum, \$8, 10 a.m.

/CRAFTY: Soldering Sampler, Beadology \$78, 10 a.m. Spiral Clay Bowls, The Ceramics Center, \$12-15, 10:30 a.m.

/FOODIE: Brrrfest, Coralville Marriott Hotel and Conference Center, \$30, 12 p.m.



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/FOODIE: Spanish Tapas, Newbo City Market - Kirkwood Kitchen, \$49, 6:30 p.m.

/MUSIC: Music is the Word Family Concert: Awful Purdies, Iowa City Public Library, Free, 2 p.m.

Deja Vu Rendezvous featuring Ron Dewitte and Lynne Rothrock, River Music Experience Redstone Room, \$8.50-9, 7 p.m.

Hancher Presents: Vocalosity, The Englert Theatre, \$10-35, 7:30 p.m.

Martin Sexton, Legion Arts CSPS Hall, \$25-30, 8 p.m. David Zollo and the Body Electric, The Mill, \$10-12, 9 p.m.

Skin Kandy, Cedar River Landing, , Free, 9 p.m. The Speeding Trees, The Arbor Bar, Free, 9 p.m. Local H, Gabe's, \$12, 9:30 p.m.

EGI, Iowa City Yacht Club, \$6, 10 p.m.

/THEATRE-AND-PERFORMANCE: Underground New Play

Festival, Theatre Cedar Rapids, \$13, 2:30 p.m. 'The Best Little Whorehouse in Texas,' Iowa City Community Theatre, \$11-19, 7:30 p.m.

Orchestra Iowa: Stirring Fantasies, Paramount Theatre, \$19-54, 7:30 p.m.

Dr. Gonzo, *Penguin's Comedy Club,* \$15-17, 7:30 p.m. **'A Modern Salon,'** *Brucemore,* \$40-45, 7:30 p.m.

Underground New Play Festival, *Theatre Cedar Rapids,* \$13, 7:30 p.m.

'Line of Descent,' Riverside Theatre, \$12-30, 7:30 p.m.
'Avenue Q,' Theatre Cedar Rapids, \$25-35, 7:30 p.m.
'Harvey,' Giving Tree Theater, \$16-26, 8 p.m.

SUN., JAN. 31

/CINEMA: 'In Jackson Heights,' *FilmScene*, \$6.50-7.50, 11 a.m.

/CRAFTY: Sewing: Linden Sweatshirt, Home Ec. Workshop, \$55, 12 p.m.

/THEATRE-AND-PERFORMANCE: 'Harvey,' Giving Tree Theater, \$11-26, 2 p.m.

'The Best Little Whorehouse in Texas,' *Iowa City Community Theatre,* \$11-19, 2 p.m. **'Avenue Q**,' *Theatre Cedar Rapids,* \$25-35, 2:30 p.m.

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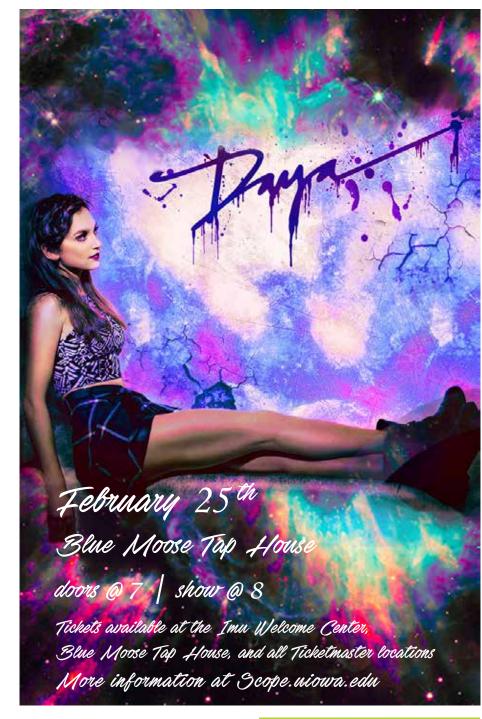
AND

Siberia: In the Eyes of Russian Photographers

Organized by the Foundation for International Arts and Education, curated by Leah Bendavid-Val, and presented in honor of Greg Guroff Image: Anastasia Rudenko, *Newlyweds, suburb of Novosibirsk*, 2010 (November). Color photograph. Private Collection.

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>> Cont. from pg. 13

view of what it is to be gay in Bulgaria which it is! It absolutely is, and I hope the book never tries to claim anything else. But I became aware, as I was working on the book, of those facts: that this is a book about a very vulnerable group of people and it's a book that is speaking into a literary vacuum. There aren't other literary representation of these lives.

You've talked about your editor helping vou understand that Mitko's character needed to be more than a target for the narrator's thoughts and feelings. The book is really interested in sex work and the extent to which the dynamics of sex work limit and form or deform relationships between human beings who, regardless of their position, retain at all times their entire humanity. That really is a challenge. It did seem really important that the reader have clear enough access to Mitko that there could be some ground they could stand on that was not just the narrator telling the story of what happened ... that they are aware that there is other human presence that is having a different experience.

I'm most interested in the book in those moments where this sort of human interaction that's occurring overflows those limits, or it seems to or has the potential to, and where this human encounter between these two people is not exhausted by the structure of sex work. Sex workers and johns are all human beings, fully, in all parts of the encounter, and I wanted to do my best to try to counter, to capture that humanness and not any abstract ideas about sex work, but [rather] these two people who find themselves in this situation and how they interact.

What made you decide to launch the book

here? I wanted to launch it among friends and Prairie Lights has really been my spiritual home in Iowa City. I think it's one of the world's great bookstores and I love the people there. It felt important to launch the book in this place where I've been living, among a group of writers that I've really admired.

Lucy Morris thinks she can read a bit of Bulgarian.



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EDITORS' PICKS

Underground New Play Festival, Theatre Cedar Rapids, \$13, 2:30 p.m., 7:30 p.m. 'Line of Descent,' Riverside Theatre, \$12-30, 3 p.m. /MUSIC: EGI, Parlor City Pub and Eatery, Free, 4 p.m. Dan Vaughn, Gabe's, Free, 9 p.m.

/FAMILY: Super Hero Night, Iowa Children's Museum, Free, 6 p.m.

MON., FEB. 1

/COMMUNITY: : Laverne Cox Lecture, Iowa Memorial Union, Mon., Feb. 1, 5 p.m., Free Emmy-nominated actress and tenacious LGBT advocate Laverne Cox is speaking at the Iowa Memorial Union on Feb. 1, as part of the Cassandra S. Foens, M.D. Lecture Series. Cox is best known for her work on the acclaimed and much-loved Netflix series 'Orange Is the New Black,' and will be starring as Dr. Frank-N-Furter in the anticipated Fox remake of 'The Rocky Horror Picture Show.' She broke new ground in the industry as the first transwoman to produce and star in her own television show (VH1's 'TRANSForm Me'). The free lecture begins at 5 p.m., and promises to be done in plenty of time for caucusing.



Caucus Night, Various Locations, Mon., Feb. 1, 7 p.m., Free We're Number One! Iowa has a reputation as first in the nation for many things, but the most crucial may well be our chance to make decisions about nominees

for President of the United States. Our caucus process is contentious, confusing and a whole lot of fun. With the two Democratic front-runners neckand-neck and the Republican field seemingly wide open, your choice could make a real difference. Find your caucusing location by visiting your county auditor's office website or the website of your party of choice, and be sure to have your voice heard!



LAVERNE COX LECTURE Iowa Memorial Union Mon., Feb. 1, 5 p.m., Free Photo via KOMUnews

Iowa City History Series with Tom Schulein: Passenger Rail Transportation in Iowa City, Iowa City Senior Center, Free, 2 p.m.

TUES., FEB. 2

/FOODIE: Dinner at Downton Abbey, New Pioneer Food Coop Coralville, \$20, 6 p.m.

Discovering Pasta Techniques: Ravioli, Tortellini and More, Newbo City Market - Kirkwood Kitchen, \$59, 6 p.m.

/MUSIC: 0.A.R.: You Pick The Set Tour, Paramount Theatre, \$40, 7:30 p.m.

Brillz with Party Favor, Ghastly, Infuze, Blue Moose Tap House, \$15-18, 9 p.m.

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THEATER

Old Creamery Theatre: Auditions for actors college age and up for paid roles in 2016 Mainstage, Studio & Theatre for Young Audiences productions will be held Saturday Jan. 30 and Sunday, Jan. 31, from 3:30–6:30 p.m. each day. See audition requirements on oldcreamery.com.

Theatre Cedar Rapids: Auditions for 'Hamlet' and 'Rosencrantz & Guildenstern are Dead' will be held Sunday, Jan. 31 & Tuesday, Feb. 2, 7 p.m. Prepared monologues are encouraged but not required. Visit theatrecr.org for details.

Mt. Vernon–Lisbon Community Theatre: Auditions will be held for 'Animal Facts', an original play by Amy White of Mt. Vernon, on Sunday, Jan. 24 and Monday, Jan. 25, at 7 p.m. Visit mvlct.com for details.

RHCR Theatre: 24-hrs Play Festival sign-ups open now for actors, writers and directors. Groups will be selected Friday, Feb. 12 and shows will be Saturday, Feb. 13 at the Artisan's Sanctuary. More details and SignUp Genius link available at rhcrtheatre.com.

COMEDY

Green Gravel Comedy Festival: Applications for comedians are being accepted through Friday, Jan. 22. The festival runs Mar. 4–5. Full submission details are available on the festival's Facebook page.

LITERATURE

Obsolete Press: Submissions are now being accepted for issue #9, "Post-Reality." All lengths, genres and styles accepted, through Feb. 13, to obmag@feral-tech.com. More info on obsoletepress.com.

Film student and lowa native Steven Robbins is looking to collaborate with local writers on original stories that they would like to see adapted into film projects. Email him at sarobbin@usc.edu.

ONGOING EVENTS

MONDAYS

Primetimers Potluck, North Ridge Pavilion, 12 p.m. (3rd Monday) Moeller Mondays, Rozz-Tox, \$8-12, 8 p.m. Open Mic, The Mill, Free, 8 p.m. Catacombs of Comedy, Yacht Club, \$3, 10 p.m.

TUESDAYS

Acoustic Music Club, River Music Experience, Free, 4:30 p.m. Tuesday Evening Jazz, Motley Cow Cafe, Free, 5:30 p.m. Tom's Guitar Show, Uptown Bill's, Free, 6 p.m. (last Tuesday) Blues Jam, Parlor City Pub and Eatery, 7 p.m. Underground Open Mic, The Yacht Club, Free, 8 p.m. Comedy & Open Mic Night, Studio 13, Free, 9 p.m.

WEDNESDAYS

Low Cost Yoga, Public Space One, \$2, 5 p.m. Honest Open Mic, Lincoln Wine Bar, 6 p.m. Burlington Street Bluegrass Band, The Mill, \$5, 6 p.m. (2nd & 4th Wednesdays) Open Mic Night, Penguins Comedy Club, Free, 6:30 p.m. Spoken Word, Uptown Bill's, Free, 7 p.m. (1st Wednesday) Open Mic, Cafe Paradiso, Free, 8 p.m. Karaoke Wednesdays, Mondo's Saloon, Free, 10 p.m. Open Stage, Studio 13, 10 p.m. Open Jam and Mug Night, Yacht Club, Free, 10 p.m. Late Shift at the Grindhouse, FilmScene, \$4, 10 p.m. Talk Art, The Mill, Free, 10:30 p.m. (2nd & 4th Wednesdays)

THURSDAYS

Novel Conversations, Coralville Public Library, Free, 7 p.m. (3rd Thursday) Thursday Night Live Open Mic, Uptown Bill's, Free, 7 p.m. Daddy-0, Parlor City Pub and Eatery, 7 p.m. Karaoke Thursday, Studio 13, Free, 8 p.m. Gemini Karaoke, Blue Moose, Free, 9 p.m.

FRIDAYS

Friday Night Out, Ceramics Center, 6:30 p.m. FAC Dance Party, The Union Bar, 7 p.m. Sasha Belle presents: Friday Drag & Dance Party, Studio 13, 8 p.m. SoulShake, Gabe's, Free, 10 p.m.

SATURDAYS

Family Storytime, Iowa City Public Library, Free, 10:30 a.m. Saturday Night Music, Uptown Bill's, Free, 7 p.m. Elation Dance Party, Studio 13, 9 p.m.

SUNDAYS

Live Music, Sutliff Cider Company, 3 p.m. Legends League, Borlaug Elementary, 4:30 p.m. Drag U, Studio 13, 8 p.m. Pub Quiz, The Mill, \$1, 9 p.m.

/THEATRE-AND-PERFORMANCE:

Willy Wonka,' Coralville Center for the Performing Arts, \$14-24 (opens Jan. 22-24), Underground New Play Festival, Theatre Cedar Rapids, \$13 (opens Jan. 22), 'A Modern Salon,' Brucemore, \$40-45 (through Jan. 30), 'The Best Little Whorehouse in Texas,' lowa City Community Theatre, \$16-19 (opens Jan. 22-31), 'Avenue Q,' Theatre Cedar Rapids, \$25-35 (through Feb. 6), 'Line of Descent,' Riverside Theatre, \$12-30 (opens Jan. 29), 'Harvey,' Giving Tree Theater, \$16-26 (opens Jan. 29),

/ART-AND-EXHIBITION:

Maintenance Mode, Public Space One (through Jan. 23), Lauren Frances Evans: Within Reach, Beyond Grasp, Legion Arts CSPS (through Jan. 31), Phil Ochs: Stone Pharaohs, Little Village HQ (through Feb. 12), Fidencio Martinez: Legalities of Being, Legion Arts CSPS Hall (through Apr. 3), Seema Kapur: Rivers and Bridges, Legion Arts CSPS Hall (through Apr. 3), Living with Pots: Ceramics from the Eric Dean and Todd Thelen Collection, Cedar Rapids Museum of Art (through Apr. 10), Siberia: In the Eyes of Russian Photographers, Faulconer Gallery (opens Jan. 29), Beverly Semmes: FRP, Faulconer Gallery (opens Jan. 29)

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VENUE GUIDE



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Beadology Iowa 220 E Washington St, (319) 338-1566, beadologyiowa.com

Blue Moose Tap House 211 Iowa Ave, (319) 358-9206, bluemooseic.com

Chait Galleries Downtown 218 E Washington St,

(319) 338-4442, thegalleriesdowntown.com Clinton Street Social Club 18 S Clinton St, (319) 351-1690, clintonstreetsocial.com

Englert Theatre 221 E Washington St, (319) 688-2653, englert.org

FilmScene 118 E College St, (319) 358-2555, icfilmscene.org

First Avenue Club, 1550 S 1st Ave, (319) 3a37-5527, firstavenueclub.com

Gabe's 330 E Washington St, (319) 351-9175, icgabes. com

Iowa Artisans' Gallery 207 E. Washington St,

(319) 351-8686, iowa-artisans-gallery.com

Iowa City Community Theatre 4261 Oak Crest Hill Rd SE, (319) 338-0443, iowacitycommunitytheatre.com

Iowa City Public Library 123 S Linn St, (319) 356-5200, icpl.org

Iowa City Senior Center 28 S Linn St, (319) 356-5220, icgov.org

Iowa City Yacht Club *13 S Linn St, (319) 337-6464, iowacityyachtclub.com*

Iowa Memorial Union 125 N Madison St, (319) 335-3041, imu.uiowa.edu

Lasansky Corporation Gallery 216 E Washington St, (319) 337-9336, lasanskyart.com

M.C. Ginsberg Objects of Art *110 E Washington St,* (*319*) *351-1700, mcginsberg.com*

The Mill 120 E Burlington St, (319) 351-9529, icmill. com

Old Capitol Museum 21 N Clinton St, (319) 335-0548, uiowa.edu/oldcap

Prairie Lights Books & Cafe 15 S Dubuque St, (319) 337-2681, prairielights.com

Public Space One 120 N Dubuque St, (319) 331-8893,

publicspaceone.com

Riverside Theatre 213 N. Gilbert Street, Iowa City riversidetheatre.org

Sycamore Cinema 1602 Sycamore St, (319) 358-6773, marcustheatres.com

Taag Studios and Art Expressions *1041 Arthur St, (319) 855-4755, taagstudios.org*

Terry Trueblood Recreation Center 4213 Sand Rd SE, icgov.org

Trumpet Blossom Cafe 310 E Prentiss St, (319) 248-0077, trumpetblossom.com

University of Iowa Museum of Art 1375 Iowa 1,

(319) 335-1727, uima.uiowa.edu

University of Iowa Museum of Natural History 17 N Clinton St, (319) 335-0480, uiowa.edu/mnh Uptown Bill's 730 S Dubuque St, (319) 339-0804, uptownbills.org

CEDAR RAPIDS/MARION

African American Museum of Iowa, 55 12th Ave aSE, (319) 862-2101, blackiowa.org

Brucemore Mansion 2160 Linden Dr SE, (319) 362-7375, brucemore.org

Cedar Rapids Museum of Art, 410 Third Avenue SE, (319) 366-7503, crma.org

Cedar River Landing, 301 F Ave NW, Cedar Rapids, IA, (319) 364-1854, cedar-river-landning.com

Cocktails and Company, *1625 Blairs Ferry Rd, Marion, IA, (319) 377-1140, cocktails-company.com*

Giving Tree Theatre, 752 10th St, Marion, IA, (319) 213-7956, givingtreetheater.com

Hawkeye Downs Speedway and Fairgrounds 4400 6th St SW, (319) 365-8656, hawkeyedownsspeedway.com

Indian Creek Nature Center 6665 Otis Rd SE, (319) 362-2876, indiancreeknaturecenter.org

JM 0'Malley's 1502 H Ave NE, (319) 369-9433 Legion Arts CSPS Hall 1103 3rd St SE, (319) 364-1580, legionarts.org

Lion Bridge Brewing Company, 59 16th Ave SW, (319) 200-4460, lionbridgebrewing.com

Little Bohemia 1317 3rd St SE, (319) 366-6262 Mahoney's 1602 E Ave NE, (319) 364-5754

McGrath Amphitheatre 475 1st St SW, (319) 286-5760, mcgrathamphitheatre.com

National Czech and Slovak Museum 1400 Inspiration Place SW, ncsml.org

Newbo City Market 1100 3rd St SE, (319) 200-4050, newbocitymarket.com

Opus Concert Cafe 119 Third Ave SE, (319) 366-8203, orchestraiowa.org

Paramount Theatre *123 3rd Ave SE, (319) 398-5211, paramounttheatrecr.com*

Parlor City Pub & Eatery 1125 3rd St SE, (319) 247-0000, parlorcitypub.com

Penguin's Comedy Club 208 2nd Ave SE, (319) 362-8133, penguinscomedyclub.com

Q Dogs BBQ 895 Blairs Ferry Rd, Marion, IA, (319) 826-6667, qdogsbbqcompany.com

Shores Event Center 700 16th St NE, (319) 775-5367, shoreseventcenter.com

Tailgators 3969 Center Point Rd NE, (319) 393-6621, tailgatorslive.com

Theatre Cedar Rapids 102 3rd St SE, (319) 366-8591, theatrecr.org

US Cellular Center *370 1st Avenue NE* | (*319*) *398-5211, uscellularcenter.com*

Veterans Memorial Stadium 950 Rockford Rd SW, (319) 363-3887

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Cafe Crema 411 2nd St, (319) 338-0700, facebook. com/caffecrema.us

Coralville Center for the Performing Arts, 1900 Country

CORALVILLE CENTER FOR THE PERFORMING ARTS. Sun., Jan. 10, 2016 Photo by Adam Burke

Coralville Public Library 1401 5th St, (319) 248-1850, coralvillepubliclibrary.org Coralville Recreation Center 1506 8th St, (319) 248-1750, coralville.org Iowa Children's Museum 1451 Coral Ridge Ave, (319) 625-6255, theicm.org Luxe Interiors 920 E 2nd Ave suite 110, (319) 354-9000, luxeinteriors New Pioneer Food Co-op 1101 2nd St, (319) 358-5513,

Club Dr, (319) 248-9370, coralvillearts.org

New Pioneer Food Co-op 1101 2nd St, (319) 358-5513, newpi.coop

NORTH LIBERTY

North Liberty Community Center 520 W Cherry St, (319) 626-5701, northlibertylibrary.org

AMANA

Iowa Theatre Artists Company, 4709 220th Trail, Amana, (319) 622-3222, iowatheatreartists.org
Old Creamery Theatre, 38th Ave, Amana, (319) 622-6262, oldcreamery.com

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Lincoln Winebar 125 First St NW, Mt Vernon, (319) 895 9463, foodisimportant.com Sutliff Cider 382 Sutliff Road, Lisbon, (319) 455-4093, sutliffcider.com

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Riverside Casino & Golf Resort 3184 Highway 22, (319) 648-1234, riversidecasinoandresort.com

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• They are simply " 'spas' designed to attract teenagers," according to one university official-plush, state-of-the-art "training" complexes built by universities in the richest athletic conferences to entice elite 17-yearold athletes to come play for (and, perhaps, study at?) their schools. The athletes-only mini-campuses include private housing and entertainment (theaters, laser tag, miniature golf)-but, actually, the schools are in a \$772-million-plus "arms' race" (according to a December Washington Post investigation) because soon after one school's sumptuous, groundbreaking facility opens, some other school's more-innovative facility renders it basically second-rate. And of course, as one university official put it, the "shiny objects" have "nothing whatsoever to do with the mission of a university." (Donors and alumni provide much of the funding, but most schools by now also tap students' "athletic fees.")

REDNECK CHRONICLES

• Police in Monticello, Kentucky charged Rodney Brown, 25, with stealing farm animals and equipment from a home in December—but offering to return everything if the victim had sex with him. Brown allegedly took 25 roosters, a goat and some rooster pens and other rooster-care equipment. (Because Brown also supposedly said he'd beat the man up if he called police, a "terroristic threatening" count was added to "promoting prostitution.")

 Made in Heaven: William Cornelius, 25. and his fiancee, Sheri Moore, 20, were arrested at the Bay City (Michigan) Mall in January, charged with theft. Police found a pair of earrings and a necklace swiped from Spencer's on her, but she refused to "snitch" on Cornelius, who had minutes earlier proposed to her via a Wal-mart loudspeaker and given her a ring, to applause from onlooking shoppers as she accepted. Cornelius, holding \$80.93 worth of goods (a watch, an edible thong, a vibrator and "BJ Blast" oral-sex candy), was apprehended at the mall food court, having apparently (according to the police report) "fallen asleep at a table while tying his shoe."

LATEST RELIGIOUS MESSAGES

• Wait, What? NPR's "Morning Edition," reporting on the violent tornadoes that hit North Texas on the night after Christmas, interviewed one woman who said she was luckier than her neighbors because of her faith. She was entertaining 10 relatives when she heard the "train-like" sound of the winds approaching and took everyone outside to confront the storm: "We ... started commanding the winds because God had given us authority over ... airways. And we just began to command this storm not to hit our area. We spoke to the storm and said, go to unpopulated places. It did exactly what we said to do because God gave us the authority to do that."

WEIRD SCIENCE

• The most promising current concussion-prevention research comes from a study of ... woodpeckers (according to a December Business Week report). Scientists hypothesize that the birds' apparent immunity from the dangers of constant head-slamming is because their neck veins naturally compress, forcing more blood into their craniums, thus limiting the dangerous "jiggle room" in which brains bang against the skull. A team led by a real-life doctor portrayed in the movie *Concussion* is working on a neck collar to slightly pinch the human jugular vein to create a similar effect.

• Researchers from the University of York and the University of St. Andrews wrote in the journal *Biology Letters* in December that they observed wild male parrots using pebbles in their mouths to help grind seashells into powder, and hypothesized that the purpose was to free up the shells' calcium in "vomitable" form so that they could pass it to females before mating, to help improve their offspring's health outcomes.

THE CONTINUING CRISIS

• National Pride: (1) Factory worker Thanakorn Siripaiboon was arrested in December in a Bangkok suburb after he wrote a "sarcastic" comment on social media about the dog that belongs to Thailand's king. For the crime of "insulting the monarch," Thanakorn faces 37 years in prison. (2) Michael McFeat, a Scottish man working on contract for a mining company in Kyrgyzstan, was arrested in January after he (on Facebook) jokingly called the country's national dish "horse penis." ("Chuchuk" is indeed a sausage made from horsemeat.) The crime he was charged with carries a five-year prison term.

LEADING ECONOMIC INDICATORS

• The government of the Netherlands, seeking to boost the economy while simultaneously

improving highway skills, enacted legislation in December to allow driving instructors to be paid in sexual services provided the student is at least 18 years old. Though prostitution is legal, the transport minister cautioned that the "initiative" for the new arrangement must be with the instructor so that the country gains better-trained drivers as a result.

GREAT MOMENTS IN LEADERSHIP

• In November, the president of Mauritania, Mohamed Ould Abdel Aziz, in the stands but "bored" with his country's "Super Cup" soccer final that had been tied, 1-1, for a long stretch, ordered officials on the field to stop play abruptly and proceed to a game-ending 10-kick "shootout." (The Tevragh-Zeina team won.) (2) Jorge Servin, Paraguay's head of indigenous affairs, was fired in November after he apparently kneed an indigenous woman in the stomach as she protested her people's treatment by the government. (3) The head of Croatia's human rights committee, Ivan Zvonimir Cica, posing alongside President Kolinda Grabar-Kitarovic to commemorate International Human Rights Day in December, had his pants inexplicably come loose and fall to his ankles.

LEAST COMPETENT CRIMINALS

• Most Recent Net-Cash-Loss Theft: The manager of the Nandos Riccarton restaurant in Christchurch, New Zealand is pretty sure that he knows who swiped the contents of the store's tip jar that December evening (based on surveillance video), but the man denied the theft and walked out. The manager told police there was less than \$10 in the jar at the time—but also that the man had paid his \$14.90 tab for food, yet hurried off without eating it.

RECURRING THEMES

• Approaching Maximum Capacity: The Smoking Gun website suggested in December that the Fairbanks, Alaska counterfeiting arrest of Chelsea Sperry, 31, might have set a woman's "record" for orifice-concealed contraband. Her vaginal inventory included 16 counterfeit bills (face value \$890), one genuine \$10 bill (in a different orifice), two baggies of meth, another containing seven morphine pills, two baggies of heroin and 40 empty baggies (apparently anticipating further sales, although it was not reported why the empty baggies—and the \$10 bill were not stored openly, for example, in her pocket).

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SHOULD I COOK MY VEGETABLES OR EAT THEM RAW?

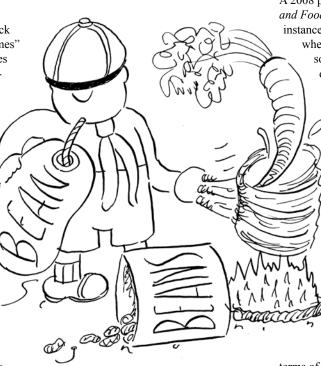
Raw foodists claim that heat destroys digestive enzymes in fruits and vegetables, reducing the benefit we can derive from eating them. I've also heard an opposing claim: that cooking vegetables breaks down indigestible cellulose, which allows us to absorb more nutrients. What do you say? —Red Ree

can't blame you for seeking a second opinion on this one, RR. A quick Google search for "digestive enzymes" yields reams of websites with names like Life Force and Soul Healing, all vigorously encouraging the reader to ingest extra helpings of these enzymes whether as found naturally, in fruits and vegetables, or synthetically, via the growing supplement market. Keep clicking and pretty soon you're reading about vaccinations, autism, colloidal silver, precious bodily fluids, etc.

In such a context, trend pieces about celebrities who've bought into enzymes start to look authoritative; legit medical literature is sparse at best. This is because, as far as I can gather, the alleged science in play here is so crackpot that doctors and dietitians have been disinclined to waste time refuting it. As a columnist in the Journal of the American Dietetic Association succinctly put it, "The problem with this theory is that the body already makes the enzymes needed to digest and absorb food, and the enzymes in food are inactivated by the acidity of the stomach." In other words, you don't need 'em, and they don't help.

That's not to say there isn't a good question here apropos the value of raw foods. In this regard we have plenty of research to fall back on, not to mention 200,000 years of lived experience, the cooking of food being a reasonably significant development in the evolution of the human species. Is it better to eat your vegetables raw or cooked? Depends on both the vegetable and the cooking method. As to the former:

• You'll get more vitamin C out of a raw tomato, but cooking increases your intake of the far rarer antioxidant lycopene, released as heat breaks down cell walls. Indeed, according to a 2008 study in the *British Journal* of Nutrition, subjects on a raw-food diet had lower-than-average levels of lycopene in their



blood.

• Cooking carrots increases the amount of beta-carotene, an antioxidant and an important source of vitamin A. Antioxidants in general have been shown to be more available to human eaters when the food they're in is cooked; see also zucchini and broccoli. • This stuff is tricky, though. Cooking broccoli at high heat, for example, damages an enzyme that releases a compound called sulforaphane, a potential anticarcinogen, but leaving it undercooked allows a rogue protein to render the sulforaphane inactive. In 2005 a researcher at the University of Illinois reported finding a "just enough" prep method to reliably split the difference: steam the broccoli lightly for three to four minutes.

• Cooking food also, yes, breaks down its cellulose—that is, dietary fiber—making it easier to both chew and digest.

And, as I say, how you cook it matters too. You'll be shocked to hear that a broad

consensus abjures frying, which introduces into the equation free radicals—cell-damaging agents linked to a number of diseases, including cancer, when their levels in the body grow disproportionate; it's antioxidants that keep them in check. Beyond that, research has complicated the commonly held belief that steaming vegetables is better than boiling them. Again: depends on the veggie. A 2008 paper in the *Journal of Agricultural and Food Chemistry* reported that carrots, for instance, retain slightly more carotenoids

when boiled than they do steamed. In some cases you might best ditch the old ways altogether: in a 2007 study, microwave cooking led to greater retention of vitamin C in broccoli than either steaming or boiling did.

> As to the overall implications of a raw diet on a person's health, this is where the research to date gets limited, but here's a few things we know so far:

• A 2005 study of 17 rawfood "leaders"—the movement's evangelists, in other words,

mostly also vegan—found that subjects "met or exceeded recommended intakes of vegetables, fruits, and fats and did not meet recommendations for calcium-rich foods, protein-rich foods and grains." In

terms of shock value, this is right down there with reports that frying is bad. (Why the grains deficit? Likely because if you're determined not to cook them, making grains human-digestion-compliant involves a bunch of soaking and sprouting—a significant hassle.)

• Long-term raw, vegetarian diets have been linked to low body weight and BMI, but also to low bone mass.

Finally, a 2008 observational study tracked participants' sense of their quality of life, anxiety, stress, etc, following a period of weeks spent at a Florida raw-foods institute. Researchers surveyed the attendees at check-in, then again three months later, and wouldn't you know: responses broadly expressed feelings of a higher quality of life, with lower stress, and little displeasure among those who decided to keep on the diet after their stay. Great news, of course. But I suspect it had something to do with the Florida vacation as well.

-Cecil Adams 🗤



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> MILLMOSA - \$3 Sutliff Cider & orange juice



XOXODEARKIKIXOXO



ear Kiki,

I'm a cis woman in a monogamous relationship with a cis man. We use a birth control method that's not reliant on me keeping track of my reproductive cycle, but since my boyfriend learned that I use an app to track my periods, he wants to have access to that data (the app can be shared). I feel strongly that he isn't entitled to that information, and it feels like an invasion of my privacy/autonomy to even ask that I share it. He doesn't understand why it's such a big deal and thinks that, if anything, sharing the info about my fertility makes the reproductive burden more shared. Who is in the right here?

Signed, Birth Control Planner

Dear Sugar,

Short answer: you, and I'm not sure. Since the information in question is about your body and currently only available to you, I think it's pretty obvious both morally and materially that you're the one who controls access. If you've been feeling like he's been approaching this conversation in a way that undermines the moral and material reality of your autonomy, then I can see why you'd feel so threatened.

You ultimately get to decide.

Right now it appears that the two of you are having two different arguments at each other as opposed to one argument with each other: your argument is about entitlement; his is about what makes sense. Whether or not he's entitled to this information is a fight you're poised to win, but figuring out why he wants this information in the first place is an answer to a question that could lead to actions you both can live with. To be honest, sugar, I think the entitlement issue is so clearly in your favor that I would proceed as though it were already settled. Set up the next set of conversations as though this were the case. "I wanted to come back to our conversation about me allowing you access to this app," for instance, or "Let's talk about why you would like me to give you access to this information." Keep your tone calm and matter-of-

fact. Hopefully, he'll accept your premise and proceed to make his case. Perhaps his reasons are pragmatic or emotional and relatively innocuous. I would also take some time to reflect on what sharing this information would mean for you, and what you're afraid of and why. Tell him this.

You ultimately get to decide whether his arguments make sense. If he's fighting fair, he

should accept your decision, satisfied that he's been heard. If it becomes clear that this fight really is about your bodily autonomy and his sense of entitlement, then as far as I'm concerned you should stand your ground forever, basically. Reconsider whether this issue is connected to other issues between the two of you, and whether the relationship as a whole is working. Cheers! *xoxo, Kiki* w



Questions about love and sex in the city of Iowa City can be submitted to dearkiki@littlevillagemag.com, or annonymously at littlevillagemag.com/dearkiki. Questions may be edited for clarity and length, and may appear either in print or online at littlevillagemag.com.

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PRO TIPS

2016 PREDICTIONS

In the cold isolation of the 21st century, the Four Horsemen of the Apocalypse ride roughshod over the ashes of civilization delivering endless war, famine and whatever the other two guys bring to the party. Mere existence hinges on locking away the last shreds of your humanity deep within your psyche, slaking your thirst for survival on the blood of the weak and sharpening your knives whenever you have a moment's rest. You will need luck, guile and, most of all, Pro Tips. Because in a future without hope, people won't get the advice they need—they'll get the advice they deserve. • BY WAYNE DIAMANTE

elcome to Wayne's predictions for 2016! Hooray! Hope you all had a wonderful New Year's Eve and got that kiss you desperately wanted. It's time again for my annual predictions for the com-

again for my annual predictions for the confing year. Usually, my crystal ball has a pretty sunny disposition, but things are looking a little bleak for 2016, I'm sorry to report. On the bright side, I've been wrong before, but only once. In any event, here are your predictions for the Year of the Monkey!

• "Only Cheese!" will be the celebrity diet of the year.

• *The New York Times* will update its look in 2016 by printing all stories using Comic Sans.

• Proctor & Gamble and Pepsico will collaborate on a groundbreaking new line of thirst-quenching shampoos called Hair-Dew.

• Popular brain training company Lumosity faces widespread backlash after naming their corporate headquarters The Concentration Campus.

• While campaigning during the New Hampshire primaries, the Republican bid for the Whitehouse is upended when Donald Trump is mauled by a mountain lion. No

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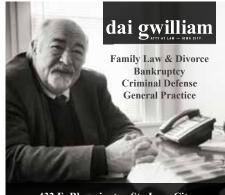
"when physical therapy isn't enough" www.VirtueMedicine.com 338-5190 Plaza Towers EgintonAlignment@gmail.com one lends a hand. The remaining candidates remain deadlocked right up to the end. Constituents of the Freedom caucus highjack the RNC convention and demand a no-holds-barred kumite to determine the nomination. Collectively, the nation sighs and turns off the television. Hillary and Sanders join forces. They glide effortlessly into the Presidency.

• Drones! Drones everywhere! Everyone will have a drone. Shopping, laundry, wedding photography, snow removal, motorcycle repair and cosmetology will all be relegated to the recent past as drone madness sweeps the nation.

• The economic recovery will teeter a bit after the Fed's interest rate hike. Notably, New England's tourism industry will suffer dramatic changes, such as the departure from the traditional Bed and Breakfast model to the more economical Bed or Breakfast.

• The most popular television show of 2016 will be about a Ukrainian female skateboard prodigy, Nickelodeon's *Totally Radmilla*!

Well, there you have it, 2016 in a nutshell. Good luck—you're going to need it! —*Wayne* w



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ASTROLOGY

AQUARIUS (Jan. 20-Feb. 18): The birds known as mound-builders are born more mature than other species. As soon as they peck themselves out of their eggs, they are well-coordinated, vigorous enough to hunt, and capable of flight. Right now I see a resemblance between them and many of you Aquarians. As soon as you hatch your new plans or projects -- which won't be long now -- you will be ready to operate at almost full strength. I bet there won't be false starts or rookie mistakes, nor will you need extensive rehearsal. Like the mound-builders, you'll be primed for an early launch.

PISCES (Feb. 19-March 20): You are not purely and simply a Pisces, because although the sun was in that astrological sign when you were born, at least some of the other planets were in different signs. This fact is a good reminder that everything everywhere is a complex web of subtlety and nuance. It's delusional to think that anyone or anything can be neatly definable. Of course it's always important to keep this in mind, but it's even more crucial than usual for you to do so in the coming weeks. You are entering a phase when the best way to thrive is to know in your gut that life is always vaster, wilder, and more mysterious than it appears to be on the surface. If you revere the riddles, the riddles will be your sweet, strong allies.

ARIES (March 21-April 19): The next four weeks could potentially be a Golden Age of Friendship . . . a State of Grace for Your Web of Connections . . . a Lucky Streak for Collaborative Efforts. What can you do to ensure that these cosmic tendencies will actually be fulfilled? Try this: Deepen and refine your approach to schmoozing. Figure out what favors would be most fun for you to bestow, and bestow them. Don't socialize aimlessly with random gadabouts, but rather gravitate toward people with whom you share high ideals and strong intentions.

TAURUS (April 20-May 20): On a clear day, if you stand at the summit of Costa Rica's Mount Irazú, you can see both the Atlantic and Pacific Oceans. It's not hard to get there. You can hop a tourist bus in the nearby city of San José, and be 11,200 feet high two hours later. This is a good model for your next assignment: Head off on a stress-free jaunt to a place that affords you a vast vista. If you can't literally do that, at least slip away to a fun sanctuary where you'll be inspired to think big thoughts about your long-range prospects. You need a break from everything that shrinks or numbs you.

GEMINI (May 21-June 20): A filmmaker working on a major movie typically shoots no more than four pages of the script per day. A director for a TV show may shoot eight pages. But I suspect that the story of your life in the near future may barrel through the equivalent of 20 pages of script every 24 hours. The next chapter is especially action-packed. The plot twists and mood swings will be coming at a rapid clip. This doesn't have to be a problem as long as you are primed for high adventure. How? Take good care of your basic physical and emotional needs so you'll be in top shape to enjoy the boisterous ride.

CANCER (June 21-July 22): The city of Paris offers formal tours of its vast sewer system. Commenting at an online travel site, one tourist gave the experience five stars. "It's a great change of pace from museums full of art," she wrote. Another visitor said, "It's an interesting detour from the cultural overload that Paris can present." According to a third, "There is a slight smell but it isn't overpowering. It's a fascinating look at how Paris handles wastewater treatment and clean water supply." I bring this up, Cancerian, because now is a favorable time for you to take a break from bright, shiny pleasures and embark on a tour of your psyche's subterranean maze. Regard it not as a scary challenge, but as a fact-finding exploration. What strategies do you have

in place to deal with the messy, broken, secret stuff in your life? Take an inventory.

LEO (July 23-Aug. 22): "When I look at a sunset, I don't say, 'Soften the orange a little on the right hand corner, and put a bit more purple in the cloud color.'" Pioneering psychologist Carl Rogers was describing the way he observed the world. "I don't try to control a sunset," he continued. "I watch it with awe." He had a similar view about people. "One of the most satisfying experiences," he said, "is just fully to appreciate an individual in the same way I appreciate a sunset." Your assignment, Leo, is to try out Rogers' approach. Your emotional well-being will thrive as you refrain from trying to "improve" people -- as you see and enjoy them for who they are.

VIRGO (Aug. 23-Sept. 22): The future is headed your way in a big hurry. It may not be completely here for a few weeks, but even then it will have arrived ahead of schedule. Should you be alarmed? Should you work yourself into an agitated state and draw premature conclusions? Hell, no! Treat this sudden onrush of tomorrow as a bracing opportunity to be as creative as you dare. Cultivate a beginner's mind. Be alert for unexpected openings that you assumed would take longer to appear.

LIBRA (Sept. 23-Oct. 22): More than one-third of all pregnancies are unintended. The two people involved aren't actually trying to make a baby, but their contraceptive measure fails or isn't used at all. According to my analysis, you heterosexual Libras are now more prone to this accidental experience than usual. And in general, Libras of every sexual preference must be careful and precise about what seeds they plant in the coming weeks. The new growth you instigate is likely to have far-reaching consequences. So don't let your choice be reckless or unconscious. Formulate clear intentions. What do you want to give your love to for a long time?

SCORPIO (Oct. 23-Nov. 21): I was a rock musician for years, which meant that I rarely went to bed before dawn. I used to brag that my work schedule was from 9 to 5 -- 9 p.m. to 5 a.m., that is. Even after I stopped performing regularly, I loved keeping those hours. It was exhilarating to be abuzz when everyone else was asleep. But two months ago, I began an experiment to transform my routine. Now I awake with the dawn. I spend the entire day consorting with the source of all life on earth, the sun. If you have been contemplating a comparable shift in your relationship to food, drink, exercise, sleep, perception, laughter, love-making -- the next few weeks will be a favorable time to do it.

SAGITTARIUS (Nov. 22-Dec. 21): You Sagittarians are often praised but also sometimes criticized for being such connoisseurs of spontaneity. Many of us admire your flair for unplanned adventure, even though we may flinch when you unleash it. You inspire us and also make us nervous as you respond to changing circumstances with unpremeditated creativity. I expect all these issues to be hot topics in the coming weeks. You are in a phase of your cycle when your improvisational flourishes will be in the spotlight. I, for one, promise to learn all I can from the interesting detours that result from your delight in experimentation.

CAPRICORN (Dec. 22-Jan. 19): Capricorn world-changer Martin Luther King Jr. was arrested and sent to jail on 29 different occasions. His crimes? Drawing inspiration from his Christian faith, he employed nonviolent civil disobedience to secure basic civil rights for African Americans. He believed so fiercely in his righteous cause that he was willing to sacrifice his personal comfort again and again. The coming months will be a favorable time to devote yourself to a comparable goal, Capricorn. And now is a good time to intensify your commitment. I dare you to take a vow.

LITTLEVILLAGEMAG.COM/LV191 JAN. 20 - FEB. 2, 2016 41

LISTEN LOCAL







LOCAL ALBUMS



JIM VINER'S INCREDIBLE B3 BAND

Comango!

www.jimvinersincredibleb3band.bandcamp .com/releases

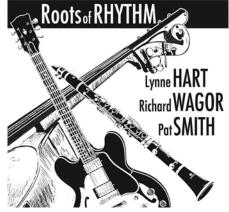
im Viner's Iowa City music resumé goes back a ways, at least to the 1990s, in the bands Head Candy, Bent Scepters and Brother Trucker. Jim Viner's Incredible B3 Band is chock full of IC veterans, like the organists Radoslav Lorković and Nate Basinger. The band's personnel overlaps with The Diplomats of Solid Sound, led by Doug Roberson, who also plays here.

The musicians in this band have known each other and played together for many years, in various bands, but the strongest influence on the sound of Comango! is the Diplomats, who have a lock on the sixties-influenced rhvthm and soul sound in Eastern Iowa. What's different here is Viner's leadership and song writing. Viner does a great job of making something new out of the soul sound of earlier bands like The Meters and Booker T and the MGs.

The drums and organs dominate the sound, which is true to Viner's influences, but with players as accomplished as Basinger and Lorković, it's more than a retro gesture. The Hammond B3 Organ sound is warm and sensual; in the hands of the best players (as we have here) it can both provide a smooth backdrop to the groove, and cut through the mix without ever sounding harsh. It's actually quite difficult to play without sounding stiff and churchy, but both organists here have what it takes.

I suspect that one strong impetus behind this recording is to get tracks placed in film and television shows, as Viner has had some success in that field, notably with his song "If You're Wrong (I Don't Want To Be Right)" which was used in Madea's Big Happy Family. The performances on this album are quite short; the title track is less than two minutes. This works for TV and film, but these songs beg to be stretched out into longer grooves. But if the worst that can be said of *Comango*! is that it really needs to be longer, it means that this is some mighty fine music.

-Kent Williams



LYNNE HART. PAT SMITH & RICHARD WAGOR

Roots of Rhythm

www.cdbaby.com/cd/lynnehartpatsmithrichard

istening to the Roots of Rhythm album from the trio of Lynne Hart, Pat Smith and Rich Wagor, I am transported to a Woody Allen film in my mind. Allen's use of early jazz music

by Hart's clarinet. A staple instrument in early jazz, it also brings in echoes of Gershwin's "Rhapsody in Blue," famously featured in Manhattan.

The songs that the trio selected draw from the same Tin Pan Alley and so-called American Songbook standards from which Allen's trademark soundtracks are made. In a recent conversation with bass player Rich Wagor, he explained it this way: "Roots of Rhythm hearkens back to traditional jazz and some of the more obscure influences of jazz. We are blending New Orleans, Klezmer and Gypsy forms of music in subtle ways that end up being mostly roots jazz."

I'm not usually a fan of early jazz, but Roots of Rhythm's interpretations of songs of this canon are satisfyingly developed into a contemporary portrait through the trio's significant chops.

I particularly love their retooling of the 1941 Benny Goodman Sextet track "A Smooth One." Wagor's opening bass solo gives an unexpected contrasting noir spin that opens into a loping bluesy rhythm, allowing each of the musicians ample room to stretch out. The Sextet featured jazz guitar legend Charlie Christian; Pat Smith seems comfortable re-interpreting those parts on this as well as on another Sextet signature, the Jack Palmer/Spencer Williams tune "I Found A New Baby."

The album's live-in-studio approach to recording reveals the delightfully effortless interplay of Hart, Smith and Wagor. Roots of *Rhythm* serves as a modern primer to early jazz-back when it was common for artists and bands to interpret standards in their own voices. For me, this album brings a new deserved interest for these timeless classics. -Mike Roeder

"... an unexpected contrasting noir spin that opens into a loping bluesy rhythm ..."



both reflects his particular taste in music and serves to ensure a kind of timelessness-that same timelessness is reinforced on this album

SUBMIT ALBUMS FOR REVIEW

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MAKE-UP GAME

BEN TAUSIG

1	2	3	4		5	6	7	8	9		10	11	12	13
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64					65						66			
67					68						69			

ACROSS

1. What today's puzzle is full of, in certain spots

5. Yorba ____ (California city whose name means

"Beautiful Yorba") 10. Word of emphatic agreement, online

14. Memo abbr.

15. Results of halitoses 16. Sharpen

17. "That constellation looks like Orion's butt" et al.?

19. James with hits in multiple genres

20. Postminimalist artist Richard

21. Pronoun favored by Miss Piggy

22. Desktop image

23. Piece of crap?

24. "My cheap Milwaukee beer fell!"

26. Pro ____ (proportionally)

28. Wedding cake level

29. Nuts and bolts32. Like lots of stuff on

eBay

35. Opening to the drum

38. Simpsonian utterance 39. Hard-edged soul music with Gwen Ifill on bass, David Brooks on guitar, and Charlie Rose singing?

41. Manning brother who

has the newest Super Bowl ring

42. Smelly cigar
 44. Big fair
 45. Low-carb sandwich

alternative, at least they market it that way 46. Apple refuse

48. Use acid to draw pictures

50. Bumper sticker spotted in the parking lot of a dog show?

54. Sings like Tom Waits 58. "Six Feet Under" brother

59. Adulatory words

60. You might need an adapter for one abroad 61. Total jerk, slangily

62. Tale of parsley, sage, rosemary, and thyme?

64. ____-Fella (Jay Z's label)

65. Related to the end of the intestine

66. Internet language

67. Elvis's middle name, according to some sources

68. Parisian system

69. Morales on "Criminal Minds" nowadays

DOWN

BuzzFeed specialties
 Two cents, as it were
 Muse of, I quess in

contemporary terms, Penthouse letters, etc.

4. Areas of the Springfield Nuclear Power Plant

 5. Piercing place
 6. Ore-____ (French fry giant named for the contiguous states where it operates)
 7. Bellini opera with Druids
 8. Alcoholics Anonymous founder who was my

great-grandfather 9. Basketball stat that I got one of when I played briefly for the Utah Jazz in the early 2000s

10. "Why, I never!" 11. Third base, in baseball

slang 12. Tagging along

13. Actor ____ William Scott

18. Collaborator with Duke 24. Like MySpace, as I was

already telling everyone when Rupert Murdoch bought it

25. Tiny danger in the woods

27. "Hot ____ Time Machine" (film for which I was an executive producer) 29. What 30-Downs post, generally

30. Many a modern commenter

31. Sweet treat shaped like a not-sweet treat

33. Das (old-school hip-hop duo) 34. Fools, as I have never done to anyone in my life 36. In the manner of 37 Sass 39. Flammable structure at some funerals 40. National Do Call Registry 43. Emulate Al Gore and Prince, diet-wise 45. "Huh?" 47. God, in the Old Testament 49. French vineyards 50. Major god of the Rigveda 51. What's gone into before delivering 52. "Skyfall" singer 53. Hat I wore when I was an Army Ranger 55. Places on a schedule 56. Product prefix meaning "durable" 57. Tablet pens 60. City I visited after I was runner-up for the Nobel Prize in literature; they'll realize I should have won in ten vears

63. Drinking establishment I can't really go to anymore--autograph hounds, you know

The American Values Club Crossword is edited by Ben Tausig. Subscription information can be found at avxword.com.

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