Salad and Simile: A Defense of Cultivation • Sydney Lea

Before you, spinach green as lucre. You dream of opportunity—perhaps a lucky letter.

But hearts of iceberg lettuce yellow like junk mail. Disappointment

in early June, a season of legumes, new roots and leaves.

Time will pass: the fern of the asparagus turn to feathers, as for sweeping woe like dust

that settles, needing re-arrangement. Your mind has wandered from the bowl

like a woodchuck from his burrow to devour odd weeds. Sitting, my Candide,

conning greens like tea-dregs, you conjure bleak perspectives. But why not

a possible beneficence? You are what you eat: conversely, though, what you eat is you—

the pear tomato centers in the dish not like a jaundiced hope but like the sun

you wished for months ago when deep ice sealed the ever-anxious tubers (parsnip, rutabaga, turnip)

and the cover crop of vetch. "Good salads may be prologues to bad suppers": so a proverb has it. Thus your salad

was a simile before it grew. Why not toss it? Assume these bitter herbs and shoots you chew augur opportunity, a break. Fame. Romance. Money. Begin again. Your fiddle-faddle with a wooden fork,

like a wizard's gig, may turn up something to your taste. Let it be fresh and crisp, the meaning you construe.