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The Trouble with Spring

The warmth is welcome, the green seeping into stems, chickadees drilling the air with their staccato nonsense. There's no harm in any of that. Even the gnats, like pepper on the wall, are only annoying. But the lack of blue

sky, the pall of clouds, that constant leadgray above, sloping my shoulders, the weight of time bending and pulling, oppress me. It's all in your head, you say, but if so, the shadows inside are still outside like a burden, and intolerable—no breaking free

of the self, no integrity to subject object distinctions. Thank God spring's not stubborn, even if that requires the same of fall. I reject sameness, blurred edges. Let other people and clear skies flourish, worlds beside our own

for escaping to and through: windows, back doors. Maybe spring's not so bad, and anticipation is a kind of heightening delay to be pleased by when it ends abruptly as with a gun shot—which is not to say I want more.