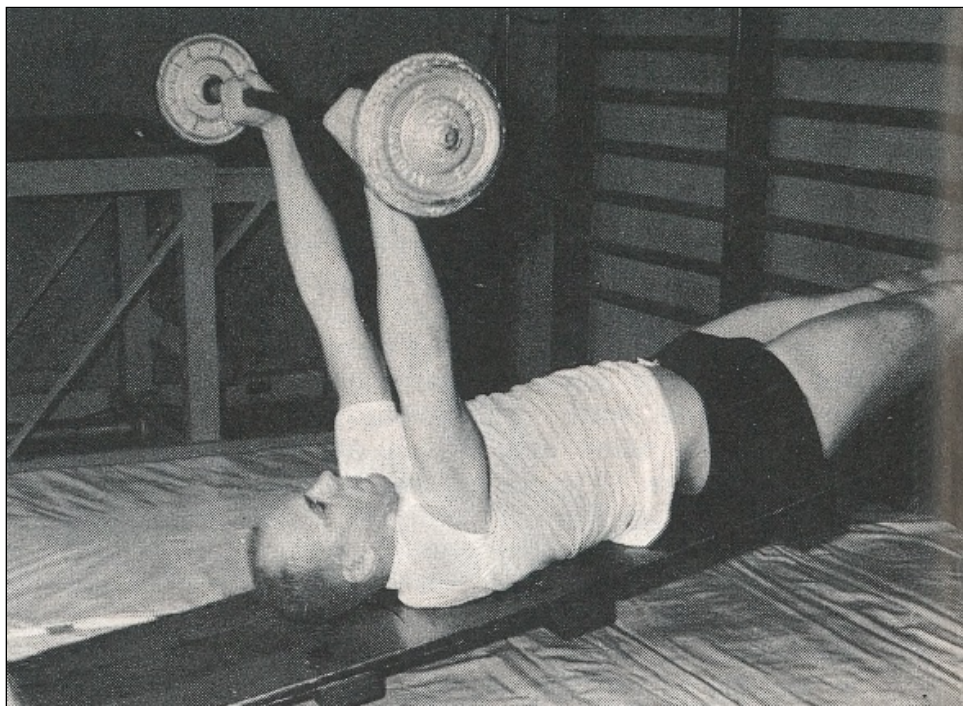


# The Annals of Iowa

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## In This Issue

ANDREW KLUMPP describes the founding of the Dutch colony in Sioux County and the efforts of the Dutch settlers to seize and maintain control of county politics. They were able to do so, he argues, because they effectively navigated U.S. political culture while prioritizing the needs of their ethnic colony over partisan politics.

SHARON ROMEO assesses five Iowa Supreme Court cases from 1865 to 1879 that addressed Iowa's criminal seduction statute. She shows how the court's interpretation of Iowa's criminal seduction laws promoted a concept of gendered citizenship – the legal logic that demanded that men and women be allocated the rights and obligations of citizenship based on their sex.

JASON SHURLEY narrates the career of C. H. McCloy, focusing on the research he did at the University of Iowa that questioned the assumption that weight training would make athletes slow and "muscle bound." Shurley concludes that the work done by McCloy and his students and colleagues at the University of Iowa was instrumental in establishing the importance of weight training for successful athletes.

## Front Cover

University of Iowa swimmer Charles Mitchell in the 1950s works out with weights to train for his events. Photo courtesy of York Barbell Company. For an account of University of Iowa researcher C. H. McCloy's role in establishing the viability of weight training for athletes, see Jason Shurley's article in this issue.

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## Contents

- 1 Colony before Party:  
The Ethnic Origins  
of Sioux County's Political Tradition  
*Andrew Klumpp*
- 35 Criminal Seduction and Women's Citizenship  
in Iowa, 1865-1879  
*Sharon Romeo*
- 56 "How about Some Muscle?":  
C. H. McCloy and Strength Training Research  
at the University of Iowa, 1940-1959
- 84 Book Reviews and Notices
- 115 Announcements

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## Book Reviews and Notices

- 84 PATRICK J. JUNG, *The Misunderstood Mission of Jean Nicolet: Uncovering the Story of the 1634 Journey*, by Roger L. Nichols
- 85 M. SCOTT HEERMAN, *The Alchemy of Slavery: Human Bondage and Emancipation in the Illinois Country, 1730–1865*, by Sharon E. Wood
- 87 SCOTT C. ESPLIN, *Return to the City of Joseph: Modern Mormonism's Contest for the Soul of Nauvoo*, by Anna Thompson Hajdik
- 89 RON J. KELLER, *Lincoln in the Illinois Legislature*, by Kenneth J. Winkle
- 91 WAYNE C. TEMPLE, *Lincoln's Confidant: The Life of Noah Brooks*, by Robert B. Mitchell
- 92 JEFFREY L. PATRICK, *Campaign for Wilson's Creek: The Fight for Missouri Begins*, by Kenneth L. Lyftogt
- 93 PAUL FINKELMAN AND DONALD R. KENNON, EDs., *Civil War Congress and the Creation of Modern America: A Revolution on the Home Front*, by Richard F. Kehrberg
- 95 PRENTISS INGRAHAM, *Buffalo Bill Cody: A Man of the West*, by J. T. Murphy
- 95 MARK E. EBERLE, *Kansas Baseball, 1858–1941*, by Michael E. Lomax
- 96 R. RICHARD WAGNER, *We've Been Here All Along: Wisconsin's Early Gay History*, by Christopher Hommerding
- 98 MIRANDA E. WILKERSON AND HEATHER RICHMOND, *Germans in Illinois*, by Alison Clark Efford
- 100 ZACHARY SMITH, *Age of Fear: Othering and American Identity during World War I*, by Anita Talsma Gaul
- 102 SEAN BEIENBURG, *Prohibition, The Constitution, and States' Rights*, by Thomas R. Pegram
- 104 NICK YABLON, *Remembrance of Things Present: The Invention of the Time Capsule*, by Benjamin Filene
- 106 JERRY APPS, *The Civilian Conservation Corps in Wisconsin: Nature's Army at Work*, by Rebecca Conard
- 108 DAVID D. VAIL, *Chemical Lands: Pesticides, Aerial Spraying, and Health in North America's Grasslands Since 1945*, by Julie Courtwright
- 109 LAWRENCE J. NELSON AND MATTHEW G. SHOENBACHLER, *Nikita Khrushchev's Journey into America*, by Stephen J. Frese
- 111 DAVID O. DOWLING, *A Delicate Aggression: Savagery and Survival in the Iowa Writers' Workshop*, by Jeff Charis-Carlson
- 113 HARVEY PAYNE AND JAMES P. RONDA, *Visions of the Tallgrass: Prairie Photographs by Harvey Payne*, by Rebecca Conard